

## CHAPTER 5

### CONCLUSION

After analyzing *And Now We Have Everything*, through intrinsic approach which consists of characterization by showing and telling methods, plot, and setting, elaborated with analysis through extrinsic approach by using the psychology approach which is postpartum depression, it can be concluded that the Meaghan O'Connell's *And Now We Have Everything* reflects postpartum depression.

Through this research, it is also revealed, that the story itself supports the reflection of postpartum depression, as the main point of this novel's plot is about Meaghan's struggle from her unplanned pregnancy. It is also reflected that the postpartum depression determines the outcome of this novel. The setting of this novel also supports it. Through this research, it is also revealed that the problems during pregnancy can be continued with the worse psychological issues like postpartum depression if the mother and people around them do not realize it as there is no effort to overcome it.

Having information and knowledge about postpartum depression is really important especially for those who want to be parents. It is important to learn about postpartum depression to decrease the amount of mother who should suffer from postpartum depression and do not know how to handle it. Also for the fathers, they will be more aware, ready, and know what they should do if their wives face the postpartum depression.

According to this research, it is potential for the next research. There are only a few journals and researches that discuss and analyze literature works by using postpartum depression theory. This research can introduce about maternal mental issues and its application in literary works. Since there is no research that uses *And Now We Have Everything*, people will be able to use this research by using another approach such as another psychological approach or sociological approaches. One of the possible approaches to next research is another psychological approach. The result of this research can become a reference in analyzing postpartum depression in literature work as well as next research about novel *And Now We Have Everything*.