

CHAPTER V

CONCLUSION

Based on the analysis of chapter III, through intrinsic approach which consisting of characterization by showing and telling methods, plot and setting and then I also elaborate with the extrinsic to analyze this novel. I use the concept of Intrusive thought to describe personality of Aza Holmes, which is ended with Anxiety. The characterization, setting, and plot of this novel supports the concepts of Intrusive thought and anxiety. The result of intrinsic approach I elaborate with extrinsic approach proves that the theme of this novel is *Intrusive Thought Ended with Anxiety*. This is because of Aza Holmes as the main character that I analyze show Anxiety personality in the way of she behaves. It is explained that the Intrusive Thought of Aza holmes causes Anxiety.

As in chapter IV analysis, Aza develops Intrusive Thought It can be seen intrusive thought occurs when Aza convinces herself she is getting better from her mental issues because she has not check her band-aid and her intrusive thought occurs to tell her that she may have infected because she has not check her band-aid and has not change her band-aid. And then the anxiety is felt by Aza because she is not sure whether she has change it or not. This research reveals that having intrusive thought is not easy because it can make people who has intrusive thought confused and worry. The moral teaching of this research is that everyone has intrusive thought and if people cannot control the intrusive thought they will suffer. We have to control our thought before the thought controls us. People have to deny all the bad thought that comes to their mind or they will end up like Aza.

According to this research, it is potential for the next research. People will be able to use this research by using other approaches or concepts such as sociological approaches, biographical approaches or other psychological approaches. In addition to students from the Department of English Language and Culture, especially those interested in the personality disorders and psychological trauma, this research can use as comparison to write better analysis.