

CHAPTER I

INTRODUCTION

A. Background of The Problems

For years, people live closely with literature; kids are introduced to fairy tales, and as they are growing up, they either look for knowledge, entertainment and consolation within various kinds of literature or let their ideas out into a literature. Pickering and Hoepfer says that the creation of literature is a human activity that is unique, as it is born from human's timeless desire to understand, express and share their experience. Literature is a form of translation of human consciousness and imagination by using language as a medium (Pickering and Hoepfer, 1981, p. 1). In short, the literature contains parts of human's mind and ideas about things people experience. It also exhibits human's behaviour. One of the example is jealousy. In short, the literature contains parts of human's mind and ideas about things people experience. Example like *traumatic experiences* and *anxiety*.

Literary work and psychology has a deep relation. Both psychology and literature study about human life, psychology is the study about human in real life, meanwhile literature is study about human as creature of author imagination. Psychology is interpreted as psyche area, inner conflict of characters in a literary work. However, psychology can be used to support in analyzing a literary work (Wellek dan Werren, in Fananie, 2000: 90)

Trauma describe a range of emotionally unpleasant events, we feel it is important to first identify our use of the term. *The Diagnostic and Statistical Manual* (1994) of the American Psyciatric Assosiation, which characterizes trauma as an episode that creates overwhelming fear that oneself or a loved one is about suffers severe injury or death and is accompanied by the belief that little can be done to control, minimize or escape the injury. Trauma that can possibly happen because of losing something, such us death of family, couple, or people who have good relation. Although *trauma* can be caused by psychological action, the effect is more arisen to someone's psychology. However the Psychological

trauma exists. This is the real effect that will be faced by someone who has traumatic experience. (Bowers, G. H & Heidi Sivers. 1998)

An anxiety disorder occurs when anxiety starts to severely impact on a person's life. Rather than feeling anxious in response to actual danger, someone with an anxiety disorder will experience the same symptoms in situations they perceive as dangerous (e.g. meeting new people or taking public transportation). Anxiety disorders aren't caused by a single factor, but rather by a combination of things. A family history of anxiety, a person's physical health, personality traits and stressful life experiences can all be contributing factors. Anxiety disorders are likely to develop over time and are usually sustained by unhelpful thinking patterns. (Ester A. Leutenberg and John J. Liptak. 2011)

In this term paper, the writer took one of Claire Allan's novel *Her Name Was Rose*. And I will analyze the Traumatic and Anxiety in this novel. The story focuses on Emily, whose life is a mess. Emily, a messed up young woman who finds herself the witness of a shocking hit and run accident that kills a young mother, and after that accident Emily suffering from her traumatic experience and anxiety.

Her Name Was Rose captures the characters Emily who is suffering from her traumatic and anxiety, also finds herself way out of her comfort zone, yet holding on tight with a fear of the unknown ahead.

Based on the illustration above, the writer took the analysis of trauma in Claire Allan's novel as the title of this thesis. Therefore, this study will present deeper analysis about traumatic experiences and anxiety in this novel.

B. Identification of The Problems

Based on the background of the problems above, the problem is traumatic and anxiety in this novel. Therefore, I assume that there is Traumatic Experience causing Anxiety in Claire Allan's novel *Her Name Was Rose*.

C. The Limitation of The Problems

According to the identification of the problems above, the problems of this research are limited to Traumatic Experience and Anxiety. The applied concepts are through intrinsic approaches, such as showing and telling method,

characterization, plot, and setting, and an extrinsic approach through psychological, traumatic and anxiety.

D. The Formulation of The Problems

Based on the explanation above, the problem is identified according to the Traumatic and Anxiety. I assume that there is Traumatic Experiences causing Anxiety in Claire Allan's Novel *Her Name Was Rose*.

1. What are the telling and showing method be used to analysis the characterization in this novel?
2. What are the setting and plot in this story?
3. What the effects of Traumatic Experience and Anxiety in this novel?
4. What is the theme that can be developed through intrinsic and extrinsic approaches?

E. The Objectives of The Research

Based on the formulation of the problem above, the objective of this research is to prove the assumption Traumatic Experiences causing Anxiety in Claire Allan's novel *Her Name Was Rose*. In order to achieve that objective, the steps which are supposed to be done in this research are as follows:

1. To find out the characterization through telling and showing method.
2. To find out the setting and plot in this novel.
3. To find out the characterizations, setting and plot by using the concept Traumatic Experiences and Anxiety.
4. To find out the theme through intrinsic and extrinsic approaches.

F. Methods of The Research

This research is conducted using qualitative methods, types of library research, interpretative research features and analysis using data collection in the form of a novel entitled *Her Names Was Rose* by Claire Allan as the main source and related literature and other supporters as secondary sources such as journals and research on internet.

G. Benefit of the Research

This research is expected to provide benefits for those who are interested in learning and obtaining a deep understanding about Claire Allan's novel *Her Name Was Rose*. Because it is done through a new perspective, that is using psychology as the extrinsic approach, particularly based theories about Traumatic Experiences and Anxiety.

H. The Systematic Organization of the Research

In accordance to the title of the research above, the order of the presentation is written as follows:

CHAPTER I: INTRODUCTION

It consists of : the background of the problems, identification of the problems, the limitation of the problems, the formulation of the problems, the objectives of the research, the framework of the research, The methods of the research, the Systematic organization of the research.

CHAPTER II: FRAMEWORK OF THEORIES

It consists of: intrinsic and extrinsic approaches. Intrinsic approach includes characterization (showing and telling methods), setting and plot. The applied extrinsic approach is psychological approach which includes traumatic experiences and anxiety.

CHAPTER III: ANALYSIS OF THE NOVEL *HER NAME WAS ROSE* THROUGH INTRINSIC APPROACH

It consists of: characterization of the characters, plot, and settings of the novel. The concepts above must appear in the number of sub-chapters.

CHAPTER IV: TRAUMATIC EXPERIENCES CAUSING ANXIETY IN CLAIRE ALLAN'S NOVEL *HER NAME WAS ROSE*

It consists of: a brief explanation of this chapter's content, analysis the influences of traumatic experiences and anxiety in Emily, and the relation of traumatic experiences and anxiety with

others characters, setting and plot. The concepts above must appear in the number of sub-chapters.

CHAPTER V: CONCLUSION

It consists of: an evaluation from the previous chapters and the implication of the evaluated result.

The chapters above are followed by references, scheme of the research, curriculum vitae, research poster, and other required attachments.

