

## CHAPTER V

### CONCLUSION

After analyzing *Her Nama Was Rose*, through intrinsic approach which consists of characterization by showing and telling methods, plot and setting, elaborated with analysis through extrinsic approach by using Traumatic Experience theory based on B. Carlson & Joseph Ruzek and Anxiety theory based on Hilgard & Atkinson, it can be concluded that the Claire Allan's *Her Name Was Rose* reflects traumatic experience and anxiety.

Through this research, it is also revealed that the story itself supports traumatic experience and anxiety, as the main point of this novel's plot is about Emily has a traumatic experience because of her past with her ex boyfriend and it becomes anxiety in her life in the future. It is also reflected that traumatic experience and anxiety are the outcome of this novel. Through this research, it is also revealed that Emily always consuming her pills anxiety when she getting mad or sad. The main setting of this novel St. Mary's Church, Scott's Dental Practice and Cian's House also supports it. Through this research, it is also revealed that the traumatic experiences that result in the most serious mental health problems are prolonged and repeated sometimes extending over years of a person's life, and anxiety means the unpleasant emotion characterized by the terms worry and fear that we all experience. The moral teaching of this research is thoughts and statements of have to accept the reality of an unwanted event although it is difficult to do. It also teaches that traumatic experience can makes anxiety in the future of someone, and it is so hard for the people who trying to lives without traumatic experience.

According to this research, it is potential for the next research. There are only a few journals and researches that discuss and analyze literature works by using Traumatic Experience theory by B. Carlson & Joseph Ruzek and Anxiety theory based on Hilgard & Atkinson. This research can introduce about Traumatic Experience and Anxiety theory and its application in literary works. The result of this research can become a reference in analyzing traumatic experience and anxiety in literature work as well as next research about novel *Her Name Was Rose*.