

CHAPTER 1

INTRODUCTION

1.1. Background of the Problems

Literature is one phenomenon in human life. Whatever the author express in literary work is related to real life. In literary work, an author represents the mental of imaginer character through language that shows the character's attitude and behavior. Literary work is author expression which represents his emotion and thought. Literary work and psychology have a deep relation. asEndraswara (2011:99) states that both psychology and literature study about human life, psychology is the study about human in real life, meanwhile literature is a study about humans as a creature of author imagination.

The author of Small Spaces is Sarah Epstein. She lives not too far from the beach in Melbourne with her husband, two sons and a pup called Luna. This book is her very first book, but she also works as an illustrator and designer. By her teens, she was also writing short stories and angsty poetry and starting novels that never seen the light of day. When Sarah is not writing she enjoys illustrating, painting and crafting, because she gets twitchy if she's not creating. You can see some of her illustration work over at Sarah Epstein Creative.

Natasha's childhood trauma has brought other's people to view her mental health. Everything has changed since Natasha moved to Willow Creek house where she saw the sparrow for the first time. The loneliness girl who feels lonely. Her mom and dad have to send her to her aunty's house because their baby born. The conflict begins when her aunt take her to the carnival when there is the abduction of Mallory Fisher. Natasha, an eight years old girl sees that the sparrow, her imaginary friend takes Mallory away. People think that Natasha just looking for attention since her parents are busy to grow their baby up.

Connecting to the story of the novel *Small Spaces* by Sarah Epstein, Natasha can not pass what she sees in the past. She keeps having paranoid and panic disorder that a sparrow is real and always watch her everywhere she goes. Everywhere she goes she always feels that there is a shadow follows her. The trauma that comes along her changes people's views about her mental health.

I choose this book because I think this is the only book that perfectly tells us about how it feels and what will happen when you are being a different person from another. More than that, there are so many things about the inner conflict you have to stand for being a different person than Sarah wrote in this book that people do not tell us before. That is why I think that this story needs to be analyzed through the childhood traumatic of the main character by Natasha Carmody because we can see Sarah's effort to build the imagery of hallucination has caused by Natasha's childhood traumatic.

1.2. Book Review.

The structure of the book is really enjoyable, with flashbacks in the form of transcript from psychologist appointments that the main character had when she was child, and the traumatic experience the main character had when another little girl was kidnapped in front of her (Tamsie west, 2018). The scenes of Tash's memories are written with wonderfully spare and haunting descriptions, giving the reader not only a clear look at how disturbed the 8-year-old Tash was by visits from this childhood spectre, but also leaving us thoroughly disturbed as well. (Craig Hildebrand-Burke, 2018). Chapter by chapter; page by page, going through what the main character, Tash is feeling messed with my head! It is psychologically tricky and is a novel that would definitely make a great film!.The pacing of this book is really intense and my heart was literally pumping as I eagerly turned the pages. I am pretty scared and my mind was going places - trying to figure out what was real and not real. (Gemma F, 2018)I think what made this one stand out (for me) is how amazingly it built the characters. So I wasn't just here for the creepy plot...but also for these characters who

were complex and diverse and dimensional and Left me feel the things. Tash is an anxious wreck. Morgan is like an over-excited puppy of love. Sadie is here to be so fabulous you can see her glorious light shining from the moons. Mallory is just soft and must be protected at all costs. (C.GDrewes, 2018).
<https://www.goodreads.com/book/show/36242050-small-spaces>.

1.3. Identification of the Problem

Based on the background of the problem above, the problem of this research are identified. The main character of this novel named Tash Carmody. The story tells about she becomes different and shows the symptoms of mental disorder after she sees someone is taken. Therefore, I assume about the theme this novel is the Reflection of Trauma Resulted in Paranoid and Phobia in Sarah Epstein's Novel *Small Spaces*.

1.4. Limitation of the Problem

Based on identification of the problem above, the problems of this research are limited to the reflection of trauma resulted in paranoid and phobia. The applied concepts are through intrinsic approaches, such as showing and telling method, Characterization, plot and setting. Through extrinsic approaches is psychology literature and the concept about trauma, paranoid and phobia.

1.5. Formulation of the Problem

Based on the limitation of the problem above, I formulate the problem whether my assumption is correct that the theme of this novel is *Reflection of trauma resulted in paranoid and phobia in Sarah Epstein Small Spaces*. In order to answer this question, I formulate the problem as follows:

1. What are the characterization through point of view and stream of consciousness?
2. What are the setting and plot in this novel?

3. What are the concepts of trauma, paranoid and phobia through the characterization, plot and setting ?
4. What is the theme that can be developed through the result of intrinsic and extrinsic approaches of this novel ?

1.6. Objective of the Research

Based on the formulation of the problem above, the objective of this research is to prove the assumption Reflection of traumatic resulted in paranoid and phobia in Sarah Epstein "*Small Spaces*". In order to achieve that objective, the steps which are supposed to be done in this research are as follows:

1. To analyse the characterization through the concepts of trauma, paranoid and phobia.
2. To analyze the setting and plot in this novel.
3. To prove the concept of trauma, paranoid and phobia.
4. To develop theme of this book through intrinsic and extrinsic approaches.

1.7. Methods of the Research

This research is conducted using qualitative method, type of library research, interpretative research features and analyzed using data collection in the form of a novel entitled "*SMALL SPACES*" as the main source and related literature, and secondary sources from journals and research on internet.

1.8. Benefit of the Research

This research is expected to provide benefits for those who are interested in learning and obtaining a deep understanding about Sarah Epstein "*SMALL SPACES*", because it is done through the new perspective , that is using psychology as the extrinsic approach, particularly basic theories about trauma, paranoid and phobia.

1.9. Systematic Organization of the Research

Based on the benefits of the research above, systematic organization of this research is arranged as follows:

CHAPTER I

INTRODUCTION

It consists of Background of the Research, Identification of the Problem, Limitation of the Problem, Formulation of the Problem, Objective of the Problem, Methods of the Research, Benefits of the Research and Systematic Organization of the Research

CHAPTER II

FRAMEWORK OF THEORIES

It consists of intrinsic and extrinsic approaches. Intrinsic approaches are characterization, plot and setting. The Extrinsic approaches is Psychology literature and the concept about the trauma, paranoid and phobia.

CHAPTER III

THE INTRINSIC APPROACHES IN SARAH EPSTEIN'S NOVEL *SMALL SPACES*.

It consists of the analysis of characterization through showing and telling methods, plot and setting. The analyses above are shown in some sub-chapters. The applied extrinsic approach is psychology approach which includes trauma, paranoid and phobia.

CHAPTER IV

THE REFLECTION OF TRAUMA RESULTED IN PARANOID AND PHOBIA IN SARAH EPSTEIN'S NOVEL *SMALL SPACES*.

It consists of: a brief explanation of this chapter's content, analysis of the trauma, paranoid and phobia in the main character Natasha and the relation of trauma, paranoid and phobia with other characters, setting and plot. The concepts above must appear in the number of sub-chapters.

CHAPTER V

CONCLUSION

It consists of the conclusion that proves the theme of this novel is The Reflection of Trauma Resulted in Paranoid and Phobia in Sarah Epstein's Novel *Small Spaces*. The chapters above are followed by references, scheme of the research, research poster, curriculum vitae, and other required attachments.

