

## CHAPTER 1

### INTRODUCTION

#### 1.1. Background of the Research

Losing someone we love is very sad, even more so if that person is someone who has accompanied us for most of our lives. Not only sadness, but also heart broken because of being hit with the situation, regret to ourself and what has happened, even blaming God why take the people we love with a very fast time. Everyone must have experienced profound sadness, but we should not always get worse with the situation, we must rise up and give up what we are facing. Because this is what makes us strong to live life later.

Based on article *Sadness and Loss: Toward a Neurobiopsychosocial Model* Sad emotion occurs commonly in the normal population; it lasts for minutes, and it must be distinguished both from sad mood, which persists for hours to months, and from “pangs of grief”. The stimuli that trigger sadness, such as photographs, memories, and needs that were formerly met by the deceased, may trigger other emotions as well, including anger, anxiety, and yearning. Sad emotion begins with an awareness of loss, typically that of an attachment figure, goal, or valued aspect of the self. Although sadness is a universal response to the loss of an attachment relationship, there is marked disagreement over whether it is part of the protest or despair phase of separation distress.

According to *The Journal of Positive Psychology: An examination of patience and well-being* Patience is the propensity to wait calmly in the face of frustration or adversity. Patience has long been upheld as a character strength and desirable personality trait that promotes human flourishing and well-being. Familiar maxims such as “good things come to those who wait” exemplify the desirability of the trait, and moral philosophers and religious writers have emphasized the importance of developing patience to achieve the ‘good life’. Although touted as an important trait for millennia, patience is only recently receiving attention as a topic of empirical investigation in psychology.

According to article *The Role of Motivational Persistence and Resilience Over the Well-being Changes Registered in Time* Motivational persistence is one of

the relatively stable personal characteristics and also represents a resource for a person. Family resilience is actually one of the strongest factors in a family system, being also the one that is sustained through the functionality of the communication processes, sharing values and behavioral transfer. It is an important cause for experiencing a greater level of well-being at a personal level. If motivational persistence represents a resistance resource in front of the obstacles, trying to achieve the goals, in the case of common goals it can be assumed that the process of resilience has an impact over the relationship between motivational persistence and well-being.

*Fall from Grace* tells of a person who used to be very rich and suddenly fell into poverty, like from hero to zero. "Grace" itself in Bahasa means of "rahmat" or something very valuable and makes that person respected. So the writer gives an idea through the title of the novel how the main character's life in the story of this novel.

The novel *Fall From Grace* provides self-discovery and adventurous story that bring its reader in its world. *Fall From Grace* itself is about the character named Sydney Wells. Sydney is a widow left by her husband. Her husband died because of a motorcycle accident. She has 2 biological children and 2 stepchildren. When she was abandoned by her husband, the assets she owned were not as many as before, even she had to move from her husband's house because the ruma would be occupied by her two stepchildren. She had intended to sell the apartment that left by her husband, but she thought again and might just rent it out. Then she thought about going back to work, but she was confused as to what she should be working at when she was no longer young. She was a designer at first, and she thought of being a designer again.

The reason I am interested in analyzing this novel is the good character that is possessed by the main characters of this novel. How she fight for her own life without troubling her two biological children who had found jobs as designers too. I think Sydney is a person who is easily influenced, she is not firm enough in making decisions. The more she lived in her difficult life the more problems that occurred in her life, to the point that she had intended to commit suicide.

According to the background above, the story focusing on the reflection of sadness, patience, and persistence that is shown through the main characters in this novel. I would like to analyze this literary work through intrinsic and extrinsic approach. Through intrinsic approach, I use the characterization, plot and setting. Through extrinsic approach, I use psychology literature and the reflection of sadness, patience, and persistence to analyze the main characters. This study is expected to provide a positive contribution in education institution, especially in terms of educating and developing students' positive character.

### **1.2. Identification of the Problem**

Based on the background of the problem above, I identify the problem of the main character that is shown the reflection of sadness, patience, and persistence. Therefore, I assume that the theme of the novel is The Reflection of Sadness, Patience, and Persistence in Danielle Steel's Novel *Fall From Grace*.

### **1.3. Limitation of the Problem**

According to the identification of the problem above, the problems of this research are limited to the character of sadness, patience, and persistence. The applied concepts are through intrinsic approaches, such as characterization, showing and telling method, plot, and setting. Through extrinsic approaches is psychology literature and the concept of sadness, patience, and persistence.

### **1.4. Formulation of the Problem**

Based on the limitation of the problem above, the problem is identified as the reflection of sadness, patience, and persistence in novel *Fall From Grace* by Danielle Steel. The problems in this research are formulated as follows :

1. What are the characterization through telling and showing method?
2. What are the setting and plot?
3. What are the reflection of sadness, patience, and persistence of this novel?
4. What is the theme that can be developed through intrinsic and extrinsic approaches?



### **1.5. Objective of the Research**

Based on the formulation of the problem above, the objective of this research is to prove the theme of this novel is the reflection of sadness, patience, and persistence through the main character in Danielle Steel Novel *Fall From Grace*. To achieve the objectives of this research there are several steps that must be performed such as :

1. To analyze the characterization through telling and showing method.
2. To analyze the setting and plot in this novel.
3. To analyze the the reflection of sadness, patience, and persistence to the characters.
4. To develop theme through intrinsic and extrinsic approaches.

### **1.6. Methods of the Research**

This research is conducted by using the qualitative method, types of library research, interpretative research features and analysis using data collection in the form of a novel entitled *Fall from Grace* by Danielle Steel as the main source and related literature and other supporters as secondary research such as journal and research on the internet.

### **1.7. Benefit of the Research**

This research is expected could provide the benefit for the readers who have the same analysis or need the same references about the values of character building Also to provide the benefit for those who are interested in understanding about Danielle Steel's novel *Fall from Grace*. For the university, this research is expected as additional references to increase the knowledge and understandings about the concept of sadness, patience, and persistence.

### **1.8. Systematic Organization of the Research**

Based on the benefits of the research above, systematic organization of this research is arranged as follows:

## **CHAPTER 1**

### **INTRODUCTION**

It consists of Background of the Research, Identification of the Problem, Limitation of the Problem, Formulation of the Problem, Objective of the Problem, Methods of the Research, Benefits of the Research and Systematic Organization of the Research

## **CHAPTER 2**

### **FRAMEWORK OF THEORIES**

It consists of intrinsic and extrinsic approaches. Intrinsic approaches are characterization, plot and setting. The Extrinsic approaches is sociology literature and the concept about sadness, patience, and persistence.

## **CHAPTER 3**

### **THE INTRINSIC APPROACHES IN DANIELLE STEEL'S NOVEL *FALL FROM GRACE***

It consists of the analysis of characterization through showing and telling methods, plot and setting. The analyses above are shown in some sub-chapters.

## **CHAPTER 4**

### **REFLECTION OF SADNESS, PATIENCE, AND PERSISTENCE IN DANIELLE STEEL'S NOVEL *FALL FROM GRACE***

It consists of finding the reflection characters in Danielle Steel's Novel *Fall From Grace*, the role of Sydney in the characters of sadness, patience, and persistence, the reflection, plot, setting and the relation of the values of character building to novel *Fall From Grace*. The analyses above are shown in some sub-chapters.

## **CHAPTER 5**

### **CONCLUSION**

It consists of the conclusion that proves the theme of this novel is The Reflection of Sadness, Patience, and Persistence in Danielle Steel's Novel *Fall From Grace*. The chapters above are followed by references, scheme of the research, research poster, curriculum vitae, and other required attachments.