

CHAPTER V

CONCLUSION

After analyzing *10 Things I Can See From Here*, through intrinsic approach which consists of characterization by showing and telling methods, plot and setting, elaborated with analysis through extrinsic approach by using self defense mechanism theory based on Sigmund Freud, it can be concluded that the Carrie Mac's *10 Things I Can See From Here* reflects self defense mechanism. This is because every intrinsic elements that is also analyzed through psychological theory of self defense mechanism fulfills the definition of self defense mechanism.

Through this research, it is also revealed that the story itself supports the reflection of self defense mechanism, as the main point of this novel's plot is about Maeve is suffering from anxiety. It is also reflected that the self defense mechanism determines the outcome of this novel. The setting of this novel also supports it. Through this research, it is also revealed that anxiety can be resolve if it comes with the right way and the right person..

According to this research, it is potential for the next research. There are only a few journals and researches that discuss and analyze literature works by using self defense mechanism theory, especially the theory from Sigmund Freud. This research can introduce about self defense mechanism theory and its application in literary works. Since there is no research that use *10 Things I Can See From Here*, people will be able to use this research by using another approaches such as another psychological approach such as anxiety concept by Sigmund Freud, or sociological approaches such as family institution or sexual deviation. One of the possible approach to next research is another psychological approach. The result of this research can become a reference in analyzing self defense mechanism in literature work as well as next research about novel *10 Things I Can See From Here*.

■ The Meaning of The Title of Carrie Mac's Novel *10 Things I Can See From Here*

In the end of the story, when Maeve and Salix go to the Alice Lake, Salix say 10 things that they can see from the point they stand.

"Ten things we can see from here," she said. "The trees and the water." "The highway way up there," I said. "Headlights passing. The train tracks." "That island. A boat. The pier." She smiled. "You." I lifted her hand and kissed it. "You." "That's ten. Come on." Salix led me in. (Mac, 2017:308)

The ten things that Salix says holds a meaning in literature. The meaning of the ten things is explained below:

1. The trees

For centuries, trees in literature have represented everything from the **power** and mysterious ways of nature and stood for everything from **immortality**, to **strength**, to **family**.

2. The water

The meaning of water symbol in literature can be taken in many ways. The most obvious are life, being born, purity, cleansing, or the washing away of sins. Water is very important to life and growth and it mainly appears as a birth and rebirth symbol. It is used in the baptism service which solemnizes spiritual births. Most often, water represents **cleansing**, **life** and **freedom**.

3. The highway

The highway that can be seen from the lake can mean the road. The 'road' in literature is a theme, a symbol, an organising principle. It can be said that every work of literature, like every road, **offers up a unique journey**. We're readers and travellers alike, reading the road, travelling through pages and passages and words.

4. Headlights

Headlights from the car that passing by that seen from the lake also holds meaning. Light is used to convey something positive: **goodness**, **life** or **hope**. Light as a Symbol for reason, intelligence and the capacity of humans to develop on a rational level.

5. The train tracks

Using trains as a symbol is present in literary history. It has been used as a place where people accidentally meet, go separate ways, take time to think, work on something, and even as a place of rest

and relaxation. There are plenty of examples of this concept in literature.

6. The island

Island spaces are used to explore and create bridges between the real and the imaginary as a response to cultural and social realities, frequently taking the form of utopias/dystopias, Edens, Arcadias, Nations, cultural crossroads. The virtual spaces of island are susceptible to translatability and articulate perspective on the shifting relationship between self and other, center and periphery, serving as sites of mediation between cultures. Within an increasingly global culture marked by inequalities and differences, island may induce a contrapuntal approach to literary and cultural criticism.

7. A boat

The boat represents a journey, a crossing, adventure, and exploration. It is also the femininity and "sheltering aspect of the Great Mother" (Cooper, 1978). Reference in literature as the cradle rediscovered (the mother's womb). Crossing the SEA can be viewed as being symbolic of making the journey across life; therefore, a boat can be seen as that which enables us to make such a journey, whether it be faith, education, desire, curiosity, or any other such motivation. In a general sense, a vehicle.

8. The pier

A pier is a vertical support. The structure that supports a bridge is a pier. Cathedrals are built with piers that support the tremendous weight of roof and towers. It also means the strength that support the life that human being holds.

9. Salix

10. Maeve

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