

## CHAPTER I

### INTRODUCTION

#### A. Background of the Problem

Many literature works are created in this world. Every author creates different story each time. Some of them create it based on their life or people life in the environment. One of literature work is a novel. There are many genre of novel, psychological-thriller novel is one of them. Based on *britannica.com*, Psychological novel is work of fiction in which the thoughts, feelings, and motivations of the characters are of equal or greater interest than in the external action of the narrative. In a psychological novel the emotional reactions and internal states of the characters are influenced by and in turn trigger external events in a meaningful symbiosis. (<http://www.britannica.com/art/psychological-novel>, accessed on 18 September 2018) Every novel has purpose and meaning that the authors want to tell the reader. Author Ali Land dedicated her psychological thriller to mental health nurses everywhere. *Good Me Bad Me* is her debut novel that makes the reader curious with the whole of its story.

Ali Land graduated from university with a degree in Mental Health and spent a decade working as a Child and Adolescent Mental Health Nurse in hospitals and schools in the UK and Australia. Land is now a full-time writer and lives in a creative warehouse community in London. Books from her teenage years *The Wasp Factory* and *Lord of the Flies* helped her debut novel. ([https://www.bookbrowse.com/biographies/index.cfm/author\\_number/2993/ali-land#biography](https://www.bookbrowse.com/biographies/index.cfm/author_number/2993/ali-land#biography), accessed on 18 September 2018) *Good Me Bad Me* is a Sunday Times top ten bestseller published by Penguin books on 2017. It was named one of the Telegraph's Crime Books of the Year in 2017 and was a Richard and Judy Book Club pick. (<https://www.penguin.co.uk/books/289/289119/good-me-bad-me/9781405923910.html>, accessed on 18 September 2018)

*Good Me Bad Me* by Ali Land tells about the girl who still fifteen years old named Annie. She is a daughter of Ruth Thompson. Annie has received many abused while she lived together with her mother. Thompson has done a lot of violence act against children, including her own daughter and son. Annie repeatedly got that kind of misdeed over the years and spend her childhood witnessing

murderer that her mother did. The story open when Annie is handing her own mother who worked as a nurse, to the police after Daniel Carrington case. Annie uses the death of Daniel for her chance to escape from her mother. Annie is given a new identity as Milly and fostered into a new family until her mother's trial. Ruth Thompson has to stand trial for her crimes and Milly is the key witness. Milly's life at her new home becomes complicated, she starts showing abnormal behavior. Milly also having hard times to trust people, including her foster father, Mike Newmont. Throughout the story, Milly keeps hearing her mom's voice and the memories from her childhood still haunting her. When tension rises, Milly's begins to show her true self. Milly has to decide: will she be good or be bad. She is daughter of serial killer anyway.

According to the background above, the story focusing about fifteen years old girl who lives with murderous mother who raised her and showing abnormal behavior. The psychopathy which caused by traumatic childhood has interested me to analyze about this novel, therefore, I would like to analyze how the psychopathy started and how Milly solves the problem that caused by her traumatic childhood. In this research, I will present evidence about the issues to be discussed. In a work of literature, there are few analyses that can be used to examine the literary work.

## **B. Identification of the Problem**

Based on the background of the problem above, I identify that the problem of the research is the abusive experience that caused Milly having mental disorder. She becomes traumatic because of that. Her traumatic childhood causing abnormal behavior called psychopathy. Therefore, I assume that psychopathy caused by traumatic childhood is reflected through Milly character in Ali Land's Novel *Good Me Bad Me*

## **C. Limitation of the Problem**

Based on the identification of the problem above, I limit on the problem of the novel as follows:

1. Through intrinsic approaches: characterization – showing and telling methods, setting, plot and theme.

2. Through extrinsic approaches which are the psychology of literature and the psychology of personality: psychopathy and traumatic childhood.

#### **D. Formulation of the Problem**

Based on the background of the problem, I formulate the problem: whether my assumption is true that the novel *Good Me Bad Me* by Ali Land is the reflection of psychopathy caused by traumatic childhood. To answer this question I formulated the problem as follows:

1. What are characterization of this novel through showing and telling methods?
2. What are the setting and plot of this novel?
3. What are the concepts of psychopathy and traumatic childhood through the characterization, setting and plot?
4. What does the theme of this novel reinforce through the results of analysis of the intrinsic and extrinsic approaches?

#### **E. Objectives of The Research**

Based on the formulation of the problem above, the purpose of research is to prove that the theme of this research is the Psychopathy and Traumatic Childhood in Ali Land's novel *Good Me Bad Me*. In order to achieve that objectives, the steps which are supposed to be done in this research are as follows:

1. To analyze the characterization of this novel through showing and telling methods
2. To analyze the setting and plot of this novel
3. To analyze this novel by elaborating the concepts of psychopathy and traumatic childhood with the characterization, setting, and plot
4. To reinforce the theme by using the result of analysis of the intrinsic and extrinsic approaches

#### **F. Methods of The Research**

In this research, I use a variety of qualitative research method, the kind of literature research, the nature of research in the form of analysis using the method of data collection in the form of text library works of Ali Land's novel *Good Me*

*Bad Me* as the primary resources and other related and supportive literature as the secondary resources.

#### **G. Benefit of The Research**

Based on the above research methods, this research expected to provide benefit for them whom are interested in deepening the knowledge of “*Good Me Bad Me*”. This study is expected to be useful because it is done through a new perspective by applying the concepts of Psychopathy and Traumatic Childhood that included in the field of psychology literature as to show something new for further research.

#### **H. Systematic Organization of the Research**

In accordance to the title of the research above, the order of the presentation is written as follows:

#### **CHAPTER I: INTRODUCTION**

It consists of: background of the problems, identification of the problems, limitation of the problems, formulation of the problems, objectives of the research, framework of the theories, methods of the research, and systematic organization of the research.

#### **CHAPTER II: FRAMEWORK OF THE THEORIES**

It consists of: The explanation of the concepts and theories. It includes intrinsic and extrinsic approaches. Intrinsic approach are characterization – showing and telling methods, setting, plot, and theme. Through extrinsic approaches, the applied extrinsic approach is psychological approach which includes psychopathy and traumatic childhood.

#### **CHAPTER III: THE NOVEL *GOOD ME BAD ME* THROUGH INTRINSIC APPROACHES**

It consists of: characterization of the characters, plot, and settings of the novel. The concepts above must appear in the number of sub-chapters.

**CHAPTER IV: THE REFLECTION OF PSYCHOPATHY CAUSED BY  
TRAUMATIC CHILDHOOD IN ALI LAND'S NOVEL  
*GOOD ME BAD ME***

It consists of: a brief explanation of this chapter's content, analysis of the reflection of psychopathy and traumatic childhood in Milly and the relation with characterization, setting and plot. The concepts above must appear in the number of sub-chapters.

**CHAPTER V: CONCLUSION**

It consists of: an evaluation from the previous chapters and the implication of the evaluated result.

The chapters above are followed by references, scheme of the research, curriculum vitae, research poster, and other required attachments.