

CHAPTER 5

CONCLUSION

After analyzing *The Silent Patient*, through the intrinsic approach, which consists of point of view, characterization by showing and telling methods, plot, and setting, elaborate with analysis through the extrinsic approach by using an obsessive love concept. It can be concluded that Theo Faber in *The Silent Patient* novel by Alex Michaelides reflects obsessive love theory. The writer uses the concept of obsessive love to describe the personality of Theo Faber. The result of the intrinsic approach the writer elaborates with the extrinsic approach proves that the theme of this novel is *Obsessive Love Theory Reflected on Theo Faber's Character in Alex Michaelides' The Silent Patient*, this is because after the writer analyzes the novel, Theo Faber shows symptoms of obsessive love, such as anxiety, possessive, manipulative that explained in the previous chapter.

Theo's obsessive love can be seen through Theo's behavior and action. To keep Kathy by his side, he acts like an average person, but behind that face, he hides his obsessive towards Kathy. Theo's obsessive love makes him become manipulative, possessive, and anxious. Those characteristics make him take action to prevent Kathy from leaving him. He brokes into Alicia's house and make Alicia has murdered Gabriel, Kathy's lover. Through this research, it is also revealed that the novel *The Silent Patient* by Alex Michaelides reflected Theo's obsessive love. One of the symptoms that someone has obsessive love is they can not leave without their partner. In this case Theo can not live without Kathy, he does not want Kathy to leave him. This setting of this novel also reinforced Theo's obsessive love and in this novel the setting takes place in several places such as the Grove, Alicia's house and Theo's apartment. Through this research, it is also proof that obsessive love can make someone does everything to keep their partner from leaving. Theo's obsessive love occurs when he knows his wife has cheated on him. Theo has bad memories about his past. When he was a child his father has been abused him and does not give enough love for him. The memory of being

abused and not being loved still hanging on Theo's mind. The fact that Kathy has another man it makes Theo recall his past. As in chapter four, when we feel that we can not leave without our partner, we are obviously confusing love with obsessive love. That is one of the symptoms of obsessive love. Theo can not live without Kathy, and he will still love her even though he knows Kathy has another man. Someone with obsessive love also changed the way they behave, such as always want to know what her partner doing, sometimes feel anxiety, and sometimes being manipulative. All these behaviors reflected on Theo Faber. The moral teaching of this research is normal for someone hoping that their relationship will work but also recognize that it may not and moving on. Giving up obsession does not mean we become a loser, but it means giving up suffering, anxiety, jealousy, and possessiveness. Once we let go of these obstacles to a healthy relationship, we will free ourself to discover the true meaning of a relationship are loving, caring and trust each other.

According to this research, it is potential for the next research to analyze *The Silent Patient* novel through other approaches or concepts. This research also can introduce the student of the English Language and Culture Department about obsessive love in literary work. This research also can use as a comparison to write a better analysis.