

CHAPTER 1

INTRODUCTION

1.1 Background of the Research

Life is full of shocks that we have never thought of. Many stories of human beings and their trials are created by God. Two of them are fear and guilt that we feel about something. Everyone feels fear of something sometimes, as well as feeling guilty about their past actions. These feelings also appear through the character Jen, in "*Whistle in the Dark*", a novel by Emma Healey. Events the character experiences in her life lead to the uncertainties: what should be done in the future, how she will be able to stand strong.

As indicated by Dr. Tony Whitehead (1983), fear is a defense mechanism/self-defense mechanism. That is because dread emerges in an individual causing undesirable inclination towards something or only an upsetting inclination towards something. Nervousness or uneasiness can be brought about by outside perils, perhaps additionally by interior risks, and as a rule the danger is dubious. Risk from inside, emerges when there are things that cannot be gotten, for example, musings, sentiments, wants and consolation.

As indicated by Freud, guilty is the voice of allegation from inside us for the inability to be or accomplish something. Feeling guilt can be raised all things considered, because of allegations from other lists and from within that we neglect to arrive at the benchmarks we set for ourselves. Like a whip, guilt can lash us as discipline for our inadequacies, slip-ups, or infringement. Guilt power us to think back and now and then we have to do that. Be that as it may, a short time later, we should come back to up close and personal there is still existence with God! Individuals who live now under the judgment of the past are affixed. (Sigmund Freud, 2009).

As indicated by Dr. Tony Whitehead, in his book entitled "Fears and Phobias" (1983), he meaning of fear is that there are tendencies that are not wrong and that there are pleasant desires and various physical emotions. As

indicated by (Gunarsa, 2008) fear of being served, there began to be people who would keep a strategic distance from themselves and others. Moreover, as indicated by (Tallis, 1991) the powerlessness to control awful contemplations more than once and the propensity to believe that things will deteriorate are two significant qualities of nervousness. All types of circumstances that compromise the government assistance of the living being can cause tension.

As indicated by Freud, the guilt depends on the guise of guards and the public. Mistakes begin when children are afraid of the discipline and are not happy with parents while not ignoring social standards. As indicated by Sigmund Freud (Semun, 2006: 67) sentiments erode when conscience demonstrations or even plans act against ethical standards of the superego. Freud also referred to blaming sentiments as an element of small voice and as an influence on the discipline given by the guards due to mistakes. Superego is the goal and estimation of children received from guardians and their way of life.

Then continued with the author of this novel whose story is the same as the explanation above: Emma Healey. She was conceived in London in 1985. She completed one year at the Saint Martins Work Center for Colleges before graduating with a BA in Arts and Crafts from the London College of Communication. Suppose the future of crimson is recorded as a hard copy rather than a bookbinder, he admitted in the honorable MA in writing experiments at the University of East Anglia. This book gets famous and famous slides about great success. The next novel, *Whistle in the Dark*, published by Harper Collins on July 24, 2018, plays with a subject that will fade and be forgotten, assumption. There, it can be taken from a lost time.

One of Emma Healey's novel "*Whistle in the Dark*", is a funny, beautiful, and interesting novel that explores the bonds and strengths of a family life, pain due to mental illness, and the relationship between mother and child. "*Whistle in the Dark*" is a story of loss, fear, hope, and love that learns what it means to lose and find yourself and love. Jen and Hugh Maddox recently dreamed of every best parent. Surrounded, but at the same time frightened, he sat next to the emergency room of a fifteen-year-old girl, Lana, who was

found bleeding, injured and worried when the morning disappeared for four days while she left the country.

A few days when Lana was in bed, impatient or unable to express what she was doing, the national media felt out of control and Jen and Hugh tried to handle many questions. Over the years, Jen has been trying to eliminate her heavy presence from the persecution of younger children and continues to fear. Now she believes that the family is in hell and vice versa. So, Jen cannot deny that she must find the truth.

Instead of talking to Hugh or the more adventurous girl, Jen decided to follow Lana, a drama that would help her learn more about the youngest girl, her family, and herself. A difficult, powerful, thrilling story that explores the bonds and pressures of family life, abuse of bad behavior, and mother-child relationships, "*Whistle in the Dark*" is a report about blaming, fear, hope, and love investigating losses and finding themselves and their lovers.

In literary works, this research is expected to be useful for all those who are interested in gaining deeper knowledge to analyze the conflicts behind literary stories. Also, this research is intended to benefit readers, for those who want to gain a deeper understanding of the literary work. This research is also expected to be useful for all readers because I will analyze it through intrinsic and extrinsic approaches. Through an intrinsic approach I use characterization, arrangement & plot. Through an extrinsic approach I use theories of guilt and fear.

1.2 Identification of the Problems

Based on the background of the problem above, the writer stated the problem began with Jen who lost her daughter Lana while on vacation in London, because she does not know where her daughter Lana disappeared. Lana disappeared for four days while on vacation with her mother Jen. Jen feels guilty and fear about the disappearance of her daughter. Until the police found Lana her daughter was covered in wounds. Jen tries to find out what happened to Lana her daughter.

1.3 Limitation of the Problems

Based on the identification of the problem above, I limit the problem of the novel theory and concepts as follows:

1. Through an intrinsic approach: telling and showing method, characterization, setting, plot, and theme.
2. Through extrinsic approach which are psychology of literature, and the psychology of personality: Feeling Guilty and Fear.

1.4 Statement of the Problems

Based on the introduction to the problem above, the writer formulated the problem, what is the factors of fear and guilt for the character of the first person towards his daughter Lana? Why can Lana disappear for several days? To answer this question, the writer formulated the following research problem: to answer this question, the writer state the next problem as follows:

1. What are the characterizations through the telling method and showing method?
2. What is the plot and setting of this novel?
3. What are the concepts of deep fear and guilt through characterizations, setting, and plot?
4. What is the theme can be developed through intrinsic and extrinsic approach?

1.5 Objectives of the Research

Based on the formulation of the problem above, the purpose of the study is to show that the theme of this novel is: The Concept of Feeling Guilty and Fear on Character Jen in "*Whistle in the Dark*" a novel by Emma Healey. In order to reach this aim, I make several steps as follow:

1. To analyze the characterization through telling and showing method of the novel "*Whistle in the Dark*".
2. To analyze the setting and plot of the novel "*Whistle in the Dark*".
3. To analyze the concept of feeling guilty and fear through characterizations, setting and plot.

4. To develop the theme through intrinsic and extrinsic approaches.

1.6 Methods of the Research

Based on the theoretical concept, I apply a method of study with the variety of qualitative research, the sort of library research, the interpretative character of research with collecting data which is the literature text of the novel entitled "*Whistle in the Dark*" by Emma Healey, as the main source and supported by some literature that is connected with suitable definition or theory as the secondary source.

1.7 Benefits of the Research

This research is expected to be beneficial for those who want to know and intend to deepen the concept of feeling guilty and fear on the character Jen in "*Whistle in the Dark*" a novel by Emma Healey. This research is also intended to be useful because it is carried out through the perspective of psychological aspect of human beings in the context of literary work.

1.8 Systematic Organization of The Research

Based on the benefits of the research above, systematic organization of this research is arranged as follows:

CHAPTER I: INTRODUCTION

It consists of background of the research, literature review, identification of the problem, limitation of the problem, statement of the problem, aim of the research, methods of the research, benefits of the research, systematic organization of the research.

CHAPTER II: FRAMEWORK OF THEORIES

It consists of the explanation of the concepts and theories. It includes intrinsic and extrinsic approaches. Intrinsic approaches are

characterization showing and telling methods, setting, plot and theme. Through extrinsic approach, I use theoretical framework—psychological approaches are fear and guilt.

CHAPTER III: THE CONCEPT OF FEELING GUILTY AND FEAR ON CHARACTER JEN IN “WHISTLE IN THE DARK” A NOVEL BY EMMA HEALEY THROUGH INTRINSIC APPROACHES

It consists of telling and showing method, analysis of characterization, setting, plot, and theme through telling and showing method. The concepts above have to be appeared in several parts.

CHAPTER IV: THE CONCEPT OF FEELING GUILTY AND FEAR ON CHARACTER JEN IN “WHISTLE IN THE DARK” A NOVEL BY EMMA HEALEY THROUGH INTRINSIC APPROACHES

It consists of analysis of characterization through telling and showing method, analysis of setting and plot through the concepts of setting and plot. The analysis above are shown in some sub-chapters.

CHAPTER V: CONCLUSION

It consists of a conclusion that shows the theme of this novel is THE CONCEPT OF FEELING GUILTY AND FEAR ON CHARACTER JEN IN “WHISTLE IN THE DARK” A NOVEL BY EMMA HEALEY explains observation about a main study that contains in chapters along with the

implication of study toward other variables.
Attachment: References and Scheme of the
Research.