

**THE REFLECTION OF ANXIETY AND DEFENCE
MECHANISM IN SOFKA ZINOVIEFF'S NOVEL *PUTNEY***

TERM PAPER



MARIA JOVANKA

2016130070

**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE
FACULTY OF HUMANITIES
UNIVERSITAS DARMA PERSADA
JAKARTA
2020**

**THE REFLECTION OF ANXIETY AND DEFENCE
MECHANISM IN SOFKA ZINOVIEFF'S NOVEL *PUTNEY***

TERM PAPER

Submitted in Part Fulfilling for Obtaining
Strata-One (S1) Degree



MARIA JOVANKA

2016130070

**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE
FACULTY OF HUMANITIES
UNIVERSITAS DARMA PERSADA
JAKARTA
2020**

INTELLECTUAL PROPERTY STATEMENT PAGE

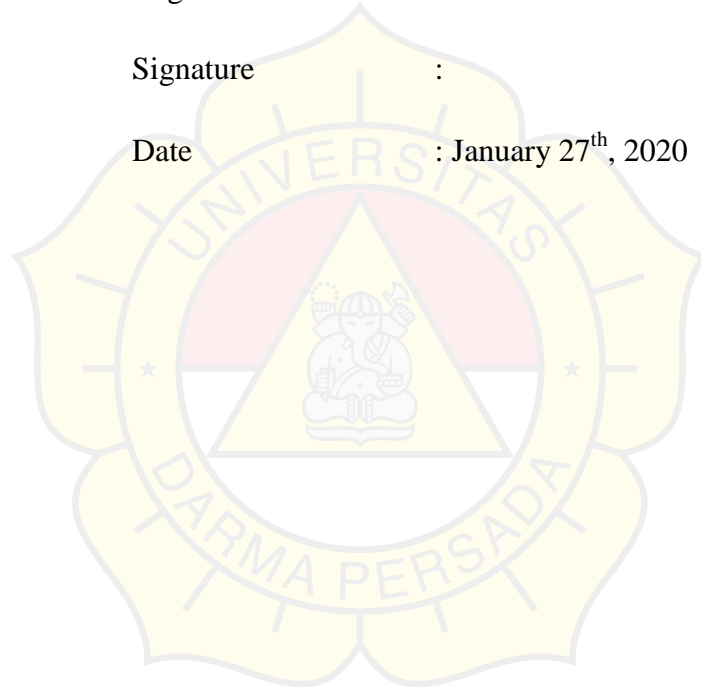
I hereby declare that the term-paper is the result of my own work, not half or total plagiarism of someone and all the sources quoted or referenced have been stated correctly.

Name : Maria Jovanka

Registration Number : 2016130070

Signature :

Date : January 27th, 2020



TEST FEASIBILITY APPROVAL PAGE


This term paper submitted by:

Name : Maria Jovanka
Reg. No : 2016130070
Study Program : English Language and Culture Department/
Strata One (S-1) Degree

The title of the term-paper : The Reflection of Anxiety and Defense
Mechanism in Sofka Zinovieff's Novel *Putney*

has been approved by Advisor, Reader, and Head of English Language and
Culture to be tested in front of the Board of Examiners on 27 January 2020 at the
English Language and Culture Department, the Faculty of Humanities, Darma
Persada University.

Advisor

: 

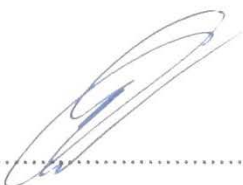
Prof. Dr. Hj. Albertine S. Minderop, MA

Reader

: 

Eka Yuniar, SS, M.Si

Head of English Language
and Culture Department

: 

Tommy Andrian, SS, M.Hum

APPROVAL PAGE

The Term Paper on 12 February 2020 has been fully tested and defended in front of

BOARD OF EXAMINERS


Ones of whom sit as follow:

Advisor

: 

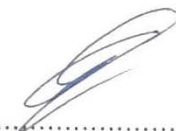
Prof. Dr. Hj. Albertine S. Minderop, MA

Reader

: 

Eka Yuniar, SS, M.Si

Head of Board Examiner

: 



Tommy Andrian, SS, M.Hum

Approved on 19 February 2020

Head of English Language
and Culture Department


Tommy Andrian, SS, M.Hum

Dean of Faculty of Humanities



FAKULTAS SASTRA
Dr. Eko Cahyono

ACKNOWLEDGEMENT

Praised to Lord Jesus Christ, my savior the almighty God, because of His blessing and grace to be the reason I could conduct this term paper from the beginning. This term paper I conduct entitled, *The Reflection of Anxiety and Defense Mechanism Through Sofka Zinovieff's novel Putney* a partial fulfillment of requirements for obtaining the Strata One (S1) degree at English Language and Culture Department, the Faculty of Humanities, University of Darma Persada.

Behind the making process of this term paper, there are many great people who always guide and support me from the beginning until I finish this term-paper. Their advices are very helpful for me to finish this term paper. By account of that, I would like to say a lot of gratitude to them, those great people are:

1. Prof. Dr. Hj. Albertine S. Minderop, MA, as the adviser who guided me patiently and kindly in making my term-paper.
2. Mrs. Eka Yuniar, SS, M.Si, as the reader who thoroughly checked and corrected the word by word in this term-paper.
3. Mr. Tommy Andrian, SS, M.Hum, as the head of English Literature and Culture Department.
4. Mr. Agustinus Hariyana, SS, M.Si, as my Academic Advisor.
5. Dr. Ir. Eko Cahyono, M.Eng, the Dean of Faculty of Humanities.
6. Dra. Karina Adinda MA and Mrs. Alia Afiyati, SS, M.Pd, as mother of students who always help and cherish me through ups and downs.
7. Mr. Yoga Pratama, SS, M.Pd, Ms. Nurul Fitriani, SS, M.Hum, and other lecturers in English Language and Culture Department who have given me plenty precious lessons, support, and valuable experiences.
8. My beloved mom, Rhendy Tandiaz, ST as my husband, and family in law for the endless support, pray and motivation. You teach me a lot about life and endless entertainment. I am so blessed to have you in my life. I will make you proud.

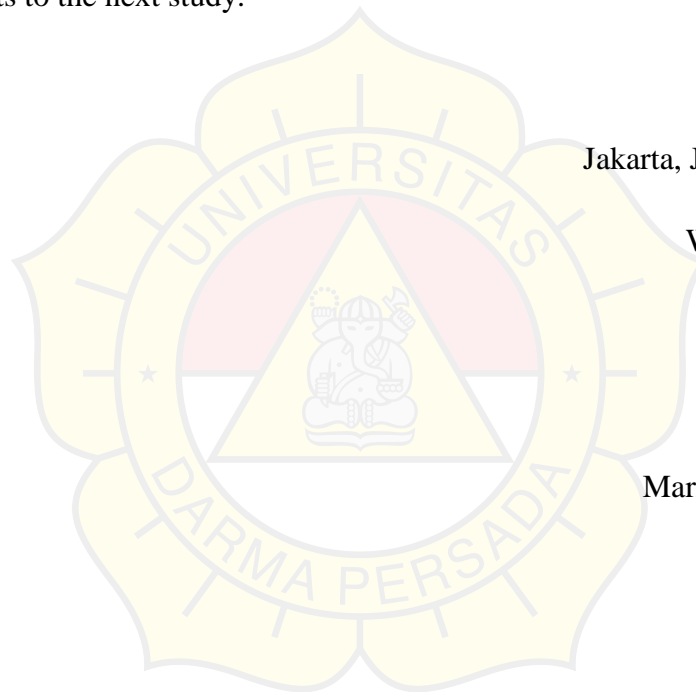
9. My unofficial adviser who helps me to get through all the circumstances. Febrina Elizabeth, SS, my work-mate who always listens to all my complaints, answers my questions and helps me to get through this.
10. My term-paper's mate, Tiara, Jovita, Dwi Rahayu, Adel and Fitri for your good company. My karaoke's team, Tiara (again), Farhan, Satrio, Kristin and my classmates for three and a half year.

This term-paper is far from perfect, but it is expected that it will be useful not only for the researcher, but also for the readers. For this reason, constructive thoughtful suggestion and critics are welcomed. I hope this term-paper brings benefits to the next study.

Jakarta, January 27th, 2020

Writer

Maria Jovanka



ABSTRACT

Name : Maria Jovanka
Program of Study : English Language and Culture
Title : **The Reflection of Anxiety and Defence Mechanism in Sofka Zinovieff's Novel *Putney***

This term paper discusses about a literary work, a novel. Through two approaches, intrinsic and extrinsic approaches, are applied to analyze this novel. The concepts that is applied to analyze through intrinsic approaches consists of characterization by using showing and telling methods, plot, and setting. The concept to analyze through extrinsic approach is anxiety and defence mechanism. This research explains about the reflection of anxiety and defence mechanism through two characters, Daphne Greenslay as a sexual abuse victim, and Ralph Boyd as a sexual abuse perpetrator and molester. In this research, the novel *Putney* is the primary sources and supported by some of relevant theories, concepts, and definitions which as secondary sources.

Keywords: *Anxiety, Defence Mechanism, Plot, Characterization, Setting*

ABSTRAK

Nama : Maria Jovanka
Program Studi : Bahasa Inggris dan Budaya
Judul : **The Reflection of Anxiety and Defence Mechanism in Sofka Zinovieff's Novel *Putney***

*Skripsi ini membahas tema karya sastra yang berupa sebuah novel. Melalui dua pendekatan, intrinsik dan ekstrinsik, digunakan untuk menganalisis novel ini. Konsep-konsep yang digunakan untuk menganalisis melalui pendekatan intrinsik meliputi karakterisasi melalui metode langsung dan tidak langsung, alur dan latar. Konsep untuk menganalisis melalui pendekatan ekstrinsik adalah teori kecemasan dan mekanisme pertahanan diri. Penelitian ini membahas mengenai cerminan teori kecemasan dan mekanisme pertahanan diri melalui dua karakter yakni, Daphne Greenslay sebagai korban pelecehan seksual, dan Ralph Boyd sebagai pelaku pelecehan seksual dan pemerkosaan, serta kaitannya dengan unsur-unsur intrinsik lainnya. Novel *Putney* merupakan sumber primer dalam skripsi ini dan didukung oleh teori-teori, konsep, dan definisi terkait yang menjadi sumber sekunder.*

Kata Kunci: *Kecemasan, Mekanisme Pertahanan, Alur, Karakterisasi, Latar*

TABLE OF CONTENTS

INTELLECTUAL PROPERTY STATEMENT PAGE.....	iii
TEST FEASIBILITY APPROVAL PAGE	iv
APPROVAL PAGE	v
ACKNOWLEDGEMENT	vi
ABSTRACT	viii
ABSTRAK	ix
TABLE OF CONTENTS.....	x
CHAPTER I: INTRODUCTION	1
A. Background of the Problem.....	1
B. Identification of the Problem.....	3
C. Limitation of the Problem.....	3
D. Formulation of the Problem.....	3
E. Objectives of the Research.....	4
F. Methods of the Research.....	4
G. Benefit of the Research	4
H. Systematic Organization of the Research.....	5
CHAPTER II: FRAMEWORK OF THE THEORIES	7
A. Intrinsic Approaches.....	7
1. Characterization.....	7
2. Plot.....	9
3. Setting.....	10
B. Extrinsic Approaches.....	11
1. Personality Dynamics - Anxiety	12
a. Moral Anxiety.....	12
b. Neurotic Anxiety.....	12
2. Defense Mechanism	13
a. Rationalization	13
b. Displacement	13
c. Sublimation.....	14

CHAPTER III: THE NOVEL <i>PUTNEY</i> THROUGH INTRINSIC	
APPROACH.....	15
A. Characterization.....	15
1. Daphne Greenslay.....	15
2. Ralph Boyd	25
B. Plot.....	30
1. Exposition.....	30
2. Complication	32
3. Crisis.....	34
4. Falling action	36
5. Resolution.....	37
C. Setting.....	38
1. Setting as a background of action.....	38
2. Setting as an antagonist	41
3. Setting as a means of creating appropriate atmosphere.....	43
4. Setting as a means of revealing character.....	45
CHAPTER IV: THE REFLECTION OF ANXIETY AND DEFENCE	
MECHANISM IN SOFKA ZINOVIEFF’S NOVEL <i>PUTNEY</i>.....	48
A. The Reflection of Anxiety Concept with the Character.....	48
1. Daphne Greenslay.....	49
2. Ralph Boyd	52
B. The Reflection of Defence Mechanism with the Character	53
1. Daphne Greenslay.....	54
2. Ralph Boyd	58
C. The Relation between Anxiety and Defence Mechanism to Daphne’s Characterization	62
D. The Reflection of Anxiety and Defence Mechanism to the Plot.....	65
E. The Reflection of Anxiety and Defence Mechanism to the Setting	67
CHAPTER V: CONCLUSION.....	70

REFERENCES.....	72
SCHEME OF THE RESEARCH	74
RESEARCH POSTER	75
CURICCULUM VITAE	76
ATTACHMENT	77

