

CHAPTER V

CONCLUSION

After analyzing Putney, through the intrinsic approach which consists of characterization by showing and telling methods, plot and setting, elaborate with analysis through extrinsic approach by using anxiety and defense mechanism concepts. It proves the theme of this novel is The Reflection of Anxiety and Defense Mechanism in Sofka Zinovieff's Novel Putney. It is because after I analyze the novel, the character, Daphne Greenslay and Ralph Boyd, both show their anxieties and finally cover it with several defense mechanisms.

Daphne's anxiety and defence mechanism appears due to several events that make her feels concern, especially everything that is connected with Ralph. At first, Daphne does not remember that she often feels anxious, scared and uncomfortable when she is a teenager and suppresses all those impulses with defence mechanisms. When she is reminded and looks at it from a different perspective, she recalls the dark times and begins to worry about her daughter's sensuality. She is mad and frustrates about everything that is out of her control.

Through this research, I also assume the reflection of Freud's psychosexual stages development, the latency and genital phase. The desire for exploration of sensuality drive arises through the characters in this novel, such as Ralph and Daphne. Ralph and Daphne both pass a process of sexual exploration when they are teenagers. Young Ralph tries to have a relationship not only to women but also men. Other evidence is contained in the character of Daphne. Daphne is fascinated by the figure of Ralph who arouses sexual intercourse when she enters the puberty phase. The fundamental impulse to meet sexual needs is strongly reflected through the actions of Ralph and Daphne. Moreover, when all sexual exploration is sinful and is commemorated by moral anxiety, they still do that due to the intense sexual needs. Another assumption that appears in this research is about False Memory Syndrome in Daphne and Jane character as sexual abuse victim. The story of this novel based on the character's memory in the past. I believe there is another hesitation or question about the truth of the story.

The moral teaching of this research is that everyone must have anxiety in their lives. Various factors can be a source of anxiety, but everyone has a choice on how to deal with it. Having a defence mechanism is a natural thing that everyone must feel, whether consciously or not. Although we cannot control what is in our mind, we are able to choose how to react. A defence mechanism is not a bad thing as long as we can divert it to good things even though in some cases, it is difficult — examples of cases of sexual abuse and more severe such as rape. Victims need family, closest friends and the environment to always provide motivation and support to move forward and make the pain and trauma as a secret weapon in producing something good and useful for others.

According to this research, it is potential for the next research to analyze Putney's novel through other approaches or concepts. This research can also introduce the student of English Language and Culture Department about anxiety and defence mechanism in literary work. Also, to add the anxiety and defence mechanism from the sexual abuse victim point of view. This research can also use as a comparison to write a better analysis.

