CHAPTER 1
INTRODUCTION

1.1   Background of the Research

Need is something natural that comes from the beginning of human life. As human being there are so many needs that occur as part of fulfillment of desire. For example, a baby born will need feeding breast from his mother. Hunger is a basic desire which has been made human need food to survive. In the fulfillment of this basic needs, human can be so greedy sometimes. Human often take much more than be needed. Exploitation is one of the examples of this term. They often forget to divide the different between need and want. There is a proverb saying "what we need is not always something that we want, but what we want often lead to something that useless". In the era of globalization, people are too blind to see what they need above what they want. In the end, they spend all of their money, time and finally regret their own decision.

Needs in the era of instant, it is so effortless to do everything; everybody can do something in one touch. In the era of digital, people become lazier to do something by their own. The example is when people hungry, nowadays they do not need to go out to the restaurant to eat or socialize, just click Go-Food in their application and there comes the food. I think this phenomenon is not human fault as well, because we all live in the era of instant, everything can be done in easily way. If we can do something in easier way, people will move to it. It is only the example of human basic needs to overcome their hunger, nowadays. Then, where is the meaning of life? The need is unlimited. Hunger is only one of simple need that human desire because it is nature. After hunger overcome, people want to have safe place, a house, permanent job, expensive car and love. In the society, unfortunately, people have to be controlled in such institutional rules. Some people say that society is like jail for human who is free. In some case, people are too exhausted with their own needs. For example, a killer, a professional killer which cannot even a day to not kill people. Then, killing becomes his desire and he needs more to kill people to survive. Maybe, the killer kills people more often than he eats. So, we can realize that killing is not human need, but it is what this

killer wants. It reminds people that crime sometimes appears in the survival battle. Imagine the story of this murderer. In his past, he has to survive because the economic life and he has to kill someone in order to survive. Then, this habit cannot be let go and he becomes addicted to kill people, the obsession due to the desire of killing. One day, he met a girl that can distract him into killing. This is the need of love and belonging. This is not a story of happy ending or romance, but this is a story of needs. Needs and wants are different terms that people should realize.

Based on that issue happened in the daily life, the writer puts interest in finding out the similar issues which is reflected on literature works. Novel Surprise Me written by Sophie Kinsella is a pop novel that serves the marriage life issues in sophisticated ways. The author successfully shows the efforts of nowadays couples who fight for a satisfaction in their own household. The unique thing is the couple seems enjoy their marriage life in such a long period of time, however they keep asking themselves whether they really know their partners very well and whether they find the satisfaction of their marriage life. They feel that they know each other so much, but actually do not. Dan and Sylvie is a couple who decide to try and add some surprises into their marriage to keep things interesting. But things do not work as planned, mishaps arise and secrets are uncovered that start to threaten the very foundation of their unshakable bond. When a scandal from the past is uncovered, they begin to wonder if they ever really knew each other at all.

Sylvie is the protagonist character in novel *Surprise Me*. This is a story of an extraordinary woman, a story of fulfillment of her hierarchy of life, about an epic marriage life of simple couple in London. She lives her marriage for almost ten years and believes in happy forever after. A picture of real life marriage which is wrapped with comedy, moral values, and emotional heartbreaks that brings the reader imagination into real life. In order to fulfill her needs, Sylvie has to be brave and faces all the bitterness by herself. In the insecurity of losing her love life, losing her job, or even losing herself, she passes everything and finds the untold truth. It has been ten years seemed like a fake, even her perfect handsome

husband, bitterness which has been unveiled in front of her eyes. Surprise Me Project, PS Project, and the next level of marriage life of Sylvie, to realize what we already have and what have already gone. To remind that everything that is too perfect sometimes has the other possibilities. In the end, from this story, the readers can learn that we must value what we have on our own. People fulfill their desire in order to catch the meaning of life with meaningful people, freedom of living and loving being. So, people can be proud of themselves as human being.

1.2   Identification of the Problem

Based on the background of the problem above, the researcher identifies the problems of the research that it will be the subject of the research. The writer aims to determine whether the main character in this novel, Sylvie, could be able to fulfill her own basic needs as well as the marital satisfaction in their marriage life. In this research, the researcher assumes that the theme of this novel is The Self-fulfillment of Hierarchy of Needs of Sylvie in Sophie Kinsella's Novel *Surprise Me.*

1.3   Limitation of the Problem

Due to the identification of the problem above, the writer limits on the problem of the novel through the theory and the concept as follows:

1. Through intrinsic approaches: characterization (showing and telling methods), setting and plot
2. Through extrinsic approaches which are the psychology of literature and the psychology of humanistic (Maslow's Hierarchy of Needs) with theory of basic human needs.

1.4   Formulation of the Problem

Based on the background of research, the term paper intends to provide answers to the following questions:

1. How do the intrinsic elements in novel *Surprise Me* give impact to the hierarchy of needs?
2. How does Sylvie display the fulfillment of Maslow's hierarchy of needs in novel *Surprise Me*?

3. Which one of the Maslow's hierarchy of needs is the most dominant in novel *Surprise Me*?

1.5   Objective of the Research

Based on the formulation of the problem above, the purpose of the research is to prove that the theme of this novel is the manifestation of human needs. So, It can be inferred that the objectives of this research are as follows:

1. To identify the intrinsic elements in novel *Surprise Me* that give impact to the hierarchy of needs.
2. To examine and display the fulfilment of Maslow's hierarchy of needs in novel *Surprise Me*.
3. To analyse which one of the Maslow's hierarchy of needs is the most dominant in novel *Surprise Me*.

1.6   Method of the Research

This research is conducted through qualitative approach. According to Ross (1999), qualitative approach is based on a "world view" which is holistic and has the following beliefs; 1) there is not a single reality; 2) reality based upon perceptions that are different for each person and change over time; 3) what we know has meaning only within a given situation of context. Myers (1997) says qualitative research methods are developed in the social sciences to enable researchers to study social and cultural phenomena. This means that the goal of qualitative method is to get deeper analysis or understanding about something. The first thing that the researcher has to do when he or she uses qualitative method is collecting data. After collecting it, this research uses descriptive analysis which involves the interpretation and description of the data.

1.7   Benefit of the Research

The writer expects the results of the research will be beneficial for current and further research as well as for academic and non-academic audience. As observed previously, similar research conducted with this typical case is infrequently found and not significant. Thus, this research may encourage the audience to conduct more research on the relevance of psychology of literature.

1.8   Systematic Organization of the Research

Paper organization is used for this research. The paper organization is explained as follows:

CHAPTER 1   :   INTRODUCTION

Chapter one explains about the background of the research, identification of the problem, limitation of the problem, formulation of the problem, objective of the research, method of the research, benefit of the research and systematic organization of the research.

CHAPTER 2   :   FRAMEWORK OF THE THEORIES

Chapter two explains about the concepts and the theories include intrinsic and extrinsic approaches. Those mentioned theories will support this research.

CHAPTER 3   :   NOVEL SURPRISE ME THROUGH INTRINSIC APPROACHES

Chapter three explains the analysis novel through characterization, setting and plot.

CHAPTER 4   :   THE HIERARCHY OF NEEDS OF SYLVIE MANIFESTED IN NOVEL *SURPRISE ME*

Chapter four explains the analysis of the case problem which is elaborated with the theories.

CHAPTER 5   :   CONCLUSION

Chapter five concludes the analysis of this research and also gives suggestion.