

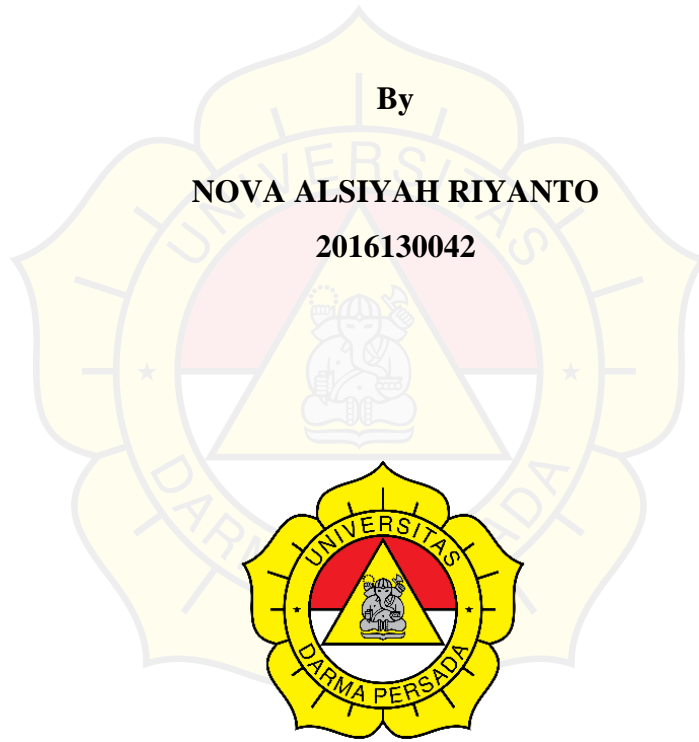
**OBSESSION AND SELF DEFENSE IN A TOXIC
RELATIONSHIP OF SARAH LYU'S NOVEL
*THE BEST LIES***

TERM PAPER

By

NOVA ALSIYAH RIYANTO

2016130042



**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE DEPARTMENT
FACULTY OF LANGUAGE AND CULTURE
DARMA PERSADA UNIVERSITY
2020**

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Submitted in part-fulfillment of the requirements for obtaining
Sarjana Linguistik (S.Li) degree



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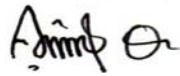
INTELLECTUAL PROPERTY STATEMENT

I hereby declare that this term paper is the result of my own academic research under the supervision of Agustinus Hariyana, SS, M.Si and Drs. Rusydi M. Yusuf, M.Si, not a plagiarism of someone else's in whole or in part. The contents have become my responsibility and all of the sources quoted from or referred to have been stated correctly based on the actual date and time.

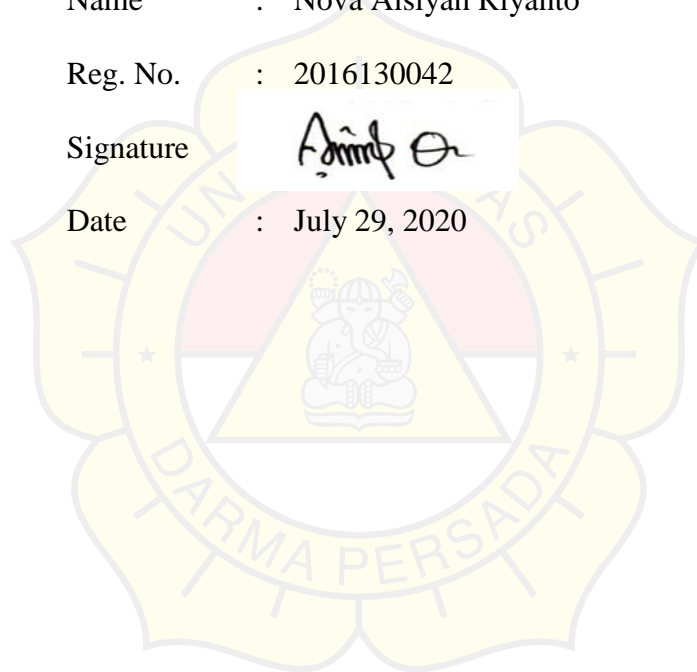
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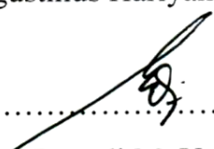
TEST FEASIBILITY VALIDATION


The term paper submitted by:

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Study Program : Strata One (S-1) of English Language and Culture
Title of the term paper : Obsession and Self Defense in a Toxic Relationship
of Sarah Lyu's Novel *The Best Lies*

has been approved by Advisor, Reader, and Head Department of English Language and Culture to be tested in front of Board of Examiners on July 29, 2020 at English Language and Culture Department, Faculty of Language and Culture, University of Darma Persada University, Jakarta.

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TERM PAPER VALIDATION

The Term Paper on July 29, 2020 has been academically tested and defended in front of

THE BOARD OF EXAMINERS

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In the name of Allah, the Most Merciful

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The writer would like to say gratitude to the precious person in live, Mr. and Mrs. Riyanto as parents who always give their constant prayer, affection, patience, spiritual, and financial supports especially during the process of making this final paper. Their advices and rebukes give the strength in living the life. Thanks for always being there whenever it is. Purely, the writer dedicated this final paper to them.

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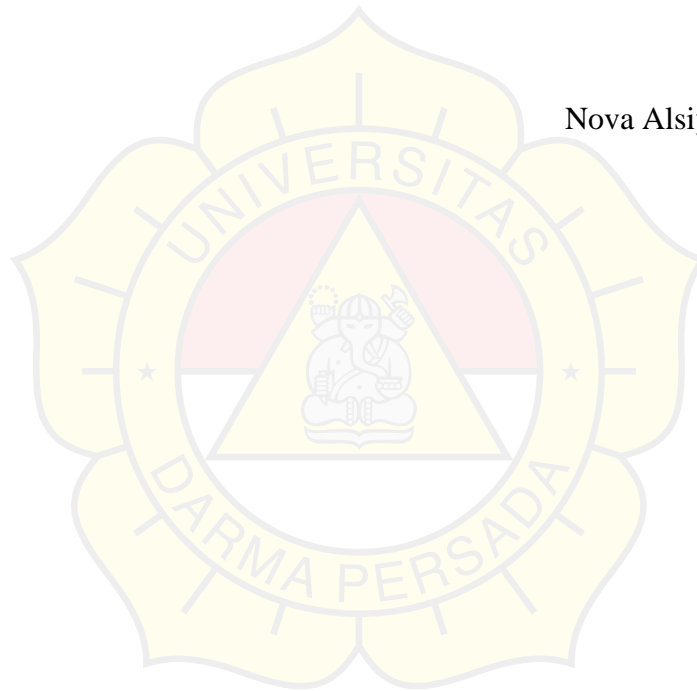
The writer wants to say huge thanks and love for every sacrifice especially to beloved brothers, Muhamad Azsril Ryansyah and Hafiz Alfarabi for their varieties of support they have given. Special thanks to the writer of the novel, Mrs. Lyu, thanks for supporting me through direct message; Feriya Hastuti, S.S for encouraging self-confidence. To all of incredible friends, Resya Yasaura Saputra, Zulya Dwi Vani, Ezza Dwi Cahya, Doni Darmawan (Allah mercy upon him), all of my friends in Class

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Jakarta, August 14, 2020

Writer

Nova Alsiyah Riyanto



ABSTRACT

Name : Nova Alsiyah Riyanto
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Study Program : Strata One (S-1) of English Language and Culture
Title of the term paper : Obsession and Self Defense in a Toxic Relationship of Sarah Lyu's Novel *The Best Lies*

The Best Lies by Sarah Lyu tells about friendship that ended tragically. This novel has dual-timeline to support the plot. The writer used theories and concepts through literary approaches—character and characterization, plot, and setting. Through psychological approaches the writer use obsession, self defense, and toxic relationship theories. To support the topic of the research, the writer also used qualitative method. The nature of the research in the form of analysis using data collection methods in the form of literary text from Sarah Lyu's novel *The Best Lies* as the primary source and supported by several references as the second source related to the topic and concept in this research. This research take the side of psychology of literature: obsession, self defense, and toxic relationship that supported by intrinsic approaches: character and characterization, plot, and setting. The result of the research will take the theme “Obsession and Self Defense in a Toxic Relationship of Sarah Lyu's Novel *The Best Lies*”

Key word: obsession, self defense, toxic relationship

ABSTRAK

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Program Studi : Strata One (S-1) of English Language and Culture
Judul Skripsi : Obsession and Self Defense in a Toxic Relationship of
Sarah Lyu's Novel *The Best Lies*

The Best Lies karya Sarah Lyu menceritakan tentang persahabatan yang berujung tragis. Novel ini memiliki *dual-timeline* yg mendukung alur cerita. Penulis menggunakan teori dan konsep melalui pendekatan sastra–karakter dan karakterisasi, plot, dan setting. Melalui pendekatan psikologi, penulis menggunakan teori obsesi, pertahanan diri, dan *toxic relationship*. Selain itu untuk mendukung topik pada penelitian ini, penulis juga menggunakan metode penelitian kualitatif. Sifat penelitian berupa analisis dengan menggunakan metode pengumpulan data dalam bentuk teks sastra dari novel Sarah Lyu *The Best Lies* sebagai sumber utama dan didukung oleh beberapa referensi sebagai sumber kedua yang terkait dengan topik dan konsep dalam penelitian ini. Penelitian ini mengambil sisi psikologi sastra: obsesi, pertahanan diri, dan *toxic relationship* yang didukung oleh pendekatan sastra: karakter dan karakterisasi, plot, dan setting. Hasil penelitian ini mencapai tema “Obsession and Self Defense in a Toxic Relationship of Sarah Lyu's Novel *The Best Lies*”

Kata kunci: obsesi, pertahanan diri, *toxic relationship*

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