

CHAPTER 1

INTRODUCTION

1.1 Background of the Problem

Many people have problem in their life and everyone has their own way how to solve the problem. People have different personality how to deal with their life and how to solve their problem. Personality is composed of the characteristic patterns of thoughts, feelings, and behaviors in various situations. Personality can distinguish one person from another that refers to the habits or attitudes and that can be observed in people's relations to the environment and to the social group.

Samantha Downing was born in the San Francisco Bay Area and currently resides in New Orleans. She is a well known upcoming American writer of suspense and thriller novels. Samantha Downing says that while she was growing up, she developed a keen interest in writing. However, becoming a writer was not the first thing she ended up doing after her graduation. After her schooling, Downing was involved in doing a few odd jobs.

She even learned a few things during the course of her early life. But, writing always remained the thing that brought her excitement. Throughout all her earlier involvements, Downing kept writing stories that came to her mind. Downing never undertook a course in writing. Initially, it developed as a hobby and then turned into a passion for her.

Downing wrote over a dozen books before she was able to publish her first book in 2019. She hails from San Rafael, California, and is famous for her debut novel called *My Lovely Wife*. Samantha Downing made her debut in the field of writing with the book entitled *My Lovely Wife*. It was released in March 2019 by the Berkley Books publication. Samantha Downing is the author of the Edgar Award-nominated Novel *My Lovely Wife*.

My lovely wife is a story about Tobias and his wife Millicent, they meet for the first time at the airport and instantly fall in love with each other. Tobias and Millicent live with their two teenage children in the suburb of Hidden Oaks. Tobias is a professional tennis teacher and his wife is an estate agent. Their story starts like

many others, they fell in love, married and have children but there is a dark side of his wife that she likes to kill woman.

Conflict or the problem in this novel is Tobias knows that his wife likes to kill people and sometimes he feels guilty to their victims. He knows that is wrong but he loves his wife and he will do anything to keep her happy, so Tobias helps his wife to choose the target for his wife to kill.

Tobias is as a hunter, seeking out strong but vulnerable woman who match their criteria. He does deep research, often meeting the woman face to face and he even sleeps with a few of them. If Tobias finds a woman as a target, he tells his wife and they set a trap then his wife kills the woman. Until finally Tobias and his wife enjoy it and consider that what they are doing is their new hobby.

One day Tobias and his wife killed a woman and to keep crime hidden, they killed another woman. But a woman of their latest victim is found. Tobias is confused he thought his wife had done away with the woman months ago, but forensic evidence shows that she was alive until fairly recently. Then Millicent his wife, tell Tobias to make a plan to lay their killings at the feet of a previous serial killer.

But their plan is failed and sparks tremendous news coverage, focusing not only on the killer but also on their prior victims. And also has consequences for their family, especially for their daughter. Previously their daughter is cheerful but since she hears the news about murder and serial killer makes their daughter scared and anxiety.

Tobias is so sad to know the condition of his daughter and immediately begins to regret the direction he and Millicent have taken with their hobby. He tries to be a good husband and must compete with the demands of being a good father. But he realized that his wife was dangerous for his children and he prefers to protect his children and decided to leave his wife.

The writer finds the personality structure and sublimation based on the narrative above. Personality structure in this novel is when the main character has a feeling of dread that results from memories and experiences that emerge to the surface of awareness. The impact of anxiety also forces him to use sublimation as a defense mechanism.

1.2 Identification of the Problem

Based on the background of the problem above, the writer states the problem begins with Tobias when he feels that his wife is a monster and dangerous. Tobias and his wife had married for fifteen years and they have two children but he worried about his wife because she likes to kill people even though he helps her to make a plan choosing a target for his wife. Tobias loves his wife but he prefers to protect his children. To sharpen the analysis, the writer chooses a theme about the characterization that mostly discusses about the Personality Structure and Sublimation of Tobias In Samantha Downing's Novel *My Lovely Wife*

1.3 The Limitation of the Problem

Based on the identification of the problem, the writer limited the problem of the research in analyzing the personality structure and sublimation of Tobias as Millicent husband who has lived for fifteen years with his psychopathic wife. The writer used the theory and concept through intrinsic approach and extrinsic approach. Through the intrinsic approach the writer used the concept of telling and showing method, characterization, setting, and plot. Through the extrinsic approach which is psychology of literature, the writer used the concept of personality structure and sublimation.

1.4 Formulation of the Problem

Based on the limitation of the problem above, the problem of the study is to prove Personality Structure of Tobias Creates Sublimation In Samantha Downing's Novel *My Lovely Wife* : A Psychology of Literature Study. There are several problem statements that can be formulated as follows :

1. What the concept of characterization showing and telling methods, setting and plot to support the theme in novel *My Lovely Wife*?
2. What the concepts of personality structure can be analyzed through the approach of Psychology of Literature in novel *My Lovely Wife*?
3. What defense mechanism of main character used in novel *My Lovely Wife*?
4. What does the theme of this novel reinforce using the result of the analysis of the intrinsic approaches and the extrinsic approach?

1.5 The Objectives of the Research

Based on the formulation of the problem above, the purpose of this research is to prove Personality Structure of Tobias Creates Sublimation In Samantha Downing's Novel *My Lovely Wife* : A Psychology of Literature Study. To achieve this goal, the writer did several research stages as follows:

1. To analyze the concept applied is characterization showing and telling methods, setting and plot in novel *My Lovely Wife*.
2. To analyze the concepts of personality structure : id, ego and superego through the approach of Psychology of Literature in novel *My Lovely Wife*.
3. To analyze sublimation of main character, through the approach of Psychology of Literature in novel *My Lovely Wife*.
4. To reinforce the theme by using the result of the analysis of the intrinsic and extrinsic approaches.

1.6 Methods of the Research

Method of this research used qualitative method that refers to the meanings, concepts, definitions, characteristics, metaphors, symbols, and description of things and can be applied to a range of research approach that have their theoretical origins in a range of disciplines, include anthropology, sociology, philosophy, social psychology and linguistics. And to analyze the character used collecting data method in psychology of literature, research methods, journal and others that related to the topic as the primary source.

1.7 Benefit of the Research

Based on the things above, this research is expected to give benefits to anyone that wants to analyze related topics like the writer does. This research is useful for people who read novel *My Lovely Wife* and want to know personality structure and sublimation in novel *My Lovely Wife*. This research hopefully can be very useful because this research was made by the new perspective for understanding and finding out about concepts through the psychology of literature study as a main approach to show the concept of personality structure and sublimation.

1.8 Systematic Organization of the Research

Based on the benefit of research above, systematic organization of this research is arranged as follows :

CHAPTER 1 : **INTRODUCTION**

It consists of : Background of the Problem, Identification of Problem, Limitation of the Problem, Formulation of the Problem, The Objectives of the Research, The Method of the Research, The Benefits of the Research, Systematic Organization of the Research.

CHAPTER II : **FRAMEWORK OF THEORIES**

It consists of : The explanation of the concepts and theories. It includes intrinsic and extrinsic approach. Intrinsic approach is characterization showing and telling methods. While, through extrinsic approach, the writer used theoretical framework psychological approach that is personality structure and sublimation.

CHAPTER III : **SAMANTHA DOWNING'S NOVEL *MY LOVELY WIFE* THROUGH EXTRINSIC APPROACH**

It consists of : Analysis of characterization showing and telling methods, setting and plot based on Samantha Downing's Novel *My Lovely Wife*.

CHAPTER IV : **SAMANTHA DOWNING'S NOVEL *MY LOVELY WIFE* THROUGH INTRINSIC APPROACH**

It consists of : Analysis of Personality Structure of Tobias Creates Sublimation In Samantha Downing's Novel *My Lovely Wife*.

CHAPTER V : **CONCLUSION**

It consist of : Conclusion that shows the theme of this novel is Personality Structure of Tobias Creates Sublimation In Samantha Downing's Novel *My Lovely Wife*.