

CHAPTER 1

INTRODUCTION

1.1 Background of The Problem

Literature is a media to express ideas, thoughts, or even feelings and emotions through writings in fictions (prose, poetry, play) or nonfictions (biography, autobiography, memoir, essays). In the case of the media for expressions, literary works, specifically, fictions or nonfictions that tells stories. According to Sigmund Freud (in Suryabrata, 2002:3), psychoanalysis is a method of medical treatment for people suffering from neurological disorders. Psychoanalysis is a type of therapy that aims to treat someone who experiences mental and nervous irregularities.

A memoir is a narrative, written from the perspective of the author, about an important part of their life. It's often conflated with autobiography, but there are a few important differences. An autobiography is also written from the author's perspective, but the narrative spans their entire life. Although it's subjective, it primarily focuses on facts – the who-what-when-where-why-how of their life's entire timeline. Booker T. Washington's *Up from Slavery* is an example of autobiography – the story begins with his childhood as a slave, proceeds through his emancipation and education, and ends in his present life as an entrepreneur. To define memoir, we loosen the constraints of an autobiography. Memoir authors choose a pivotal moment in their lives and try to recreate the event through storytelling. The author's feelings and assumptions are central to the narrative. Memoirs still include all the facts of the event, but the author has more flexibility here because she is telling a story as she remembers it, not as others can prove or disprove it. The memoir begins on Glennon's wedding day and then returns to his childhood to discuss his early struggles with bulimia and alcoholism. From there, the story moves forward in time with only a few brief moments of reflection on the past that relate to something Glennon discovers about him as he examines it.

I analyzed *Love Warrior*, a novel by Glennon Doyle Melton. *Love Warrior* is a story of one marriage, but also a story of possible healing for all of us when we refuse to be content enough and start to face pain and love head-on. This astonishing memoir reveals how our ideals of masculinity and femininity can make it impossible for men and women to truly know each other. This novel is also about his struggle against addiction and bulimia. He had opened up in the past about how he used to drink too much alcohol and overeat. In this book, she talks about how her husband cheated on her for years while they were married. The marriage ended when it was revealed that he had been having an affair all along. Now sober, Melton finds himself struggling with depression as a result of the end of his marriage and losing the love of someone who meant everything to him.

1.2 Identification of The Problem

Based on the background of the problem above, I state that the problem started when Craig cheated because Glennon didn't want to have sex. Craig cheated on another woman for years. Until Glennon became depressed and had an eating disorder (Bulimia).

1.3 Limitation of The Problem

According to the identification of the above problem, the problem of this study is limited to psychoanalysis based on Glennon Doyle Melton's theory. The concept applied is through intrinsic approaches, such as demonstrations and methods, characterizations, plots, and settings, as well as the psychoanalysis extrinsic approach, the psychoanalysis says.

1.4 Formulation of The Problem

Based on the introduction of the problem above, I formulate the problem, what are the psychoanalysis factors of the first person character, why does Glennon want to remarry her husband at the end of the story. To answer this question, I formulate the problem as follows:

1. How to analyze the characterization through telling method and showing methods?
2. What is the setting and plot of this novel?
3. What is psychoanalysis through characterization and setting,?
4. What theme can be developed through intrinsic and extrinsic approaches?

1.5 Objectives of The Research

Based on the formulate of the above problem, the purpose of this study is to prove the assumptions of Glennon Doyle Melton's psychoanalysis reflected in Glennon Doyle's novel *Love warrior* Melton. To achieve these objectives, the steps that are done in this study are as follows:

1. To analyze characterization through telling and showing methods.
2. To analyze the setting and plot of this novel.
3. To analyze a of psychoanalysis through characterizations and settings.
4. To develop theme through intrinsic and extrinsic approaches.

1.6 Benefit of the Research

This research is expected to provide benefits for them who are interested in learning and obtaining a deep understanding about the novel *Love Warrior*, because it is done through a new perspective, that is using psychoanalysis as the extrinsic approach, particularly based on theory about psychoanalysis.

1.7 The Systematic Organization of the Reasearch

In accordance to the title of the research above, the order of the presentation is written as follows:

CHAPTER 1: INTRODUCTION

It consists of : the background of the problems, identification of the problems, the limitation of the problems, the formulation of the problems, the objectives of the research, the framework of the

research, The methods of the research, the Systematic organization of the research.

CHAPTER 2: THEORETICAL FRAMEWORK

It consists of: intrinsic and extrinsic approaches. Intrinsic approach includes characterization (showing and telling methods), setting and plot. The applied extrinsic approach is psychoanalysis approach which includes psychoanalysis.

CHAPTER 3: RESEARCH METHOD

It consists of: point of view, characterization of the characters, plot, and settings of the novel. The concepts above must appear in the number of sub-chapters.

CHAPTER 4: PSYCHOANALYSIS OF THE MAIN CHARACTER IN *LOVE WARRIOR* BY GLENNON DOYLE MELTON'S MEMOIR NOVEL

It consists of: a brief explanation of the contents of this chapter, an analysis of psychoanalysis, and a relationship of psychoanalysis with other characters, settings and plots. The above concept appear in the number of sub-chapters.

CHAPTER 5: CONCLUSION

It consists of: an evaluation from the previous chapters and the implication of the evaluated result.

The chapters above are followed by references, scheme of the research, research poster, curriculum vitae, and other required attachments.