CHAPTER 1

INTRODUCTION

1.1. Background of the Research

Relationship is built with compassion and mutual; when two people respect for one another and respect for differences of opinion. However, in some cases of relationship, we find that people often deal with depression & trauma because their partner manipulates them to get what they want. The main character in the novel *My Dark Vanessa* by Kate Elisabeth Russel named Vanessa is described as a victim of the psychological manipulation of Strane, the character who is described as a psychological manipulator who makes Vanessa experience depression and trauma as the impact. She cannot move on from the past and she is always shadowed by him.

Literature has a major impact on social development. It provides us with a detailed preview of human experience and enables us to connect to the basic levels of desire and emotion. Literature also provides insight into the thoughts of other people, the thoughts of the author, and the thoughts of the characters he or she has given him or her. Pickering and Hopper (1981) explain that literary creation is a unique activity of mankind, derived from the eternal desire of mankind to understand, express and ultimately share experience. Literature is a form of translating human consciousness and imagination through the use of language as a medium (Pickering & Hoeper, 1981: 1). In short, literature contains a part of human thought and ideas about what people experience. The above explanation of literature has a good relationship with the novel that I will analyze in this research; the psychological manipulation reflected on the main characters in Kate Elizabeth Russell's novel *My Dark Vanessa*. This research will give the description of what kind of psychological manipulation through its theory. The characters; Vanessa and Strane in the novel *My Dark Vanessa* give a deep impression to the readers through their characterization.

The problem in this novel begins when people in the school where Vanessa studies realize that she has a relationship with Strane. The rumor spreads because her classmate often sees Vanessa in Strane's office and Strane often treats Vanessa differently. Her former best friend, Jenny notices that Vanessa's attitude changes and she sees Strane touches Vanessa lewdly. After that, Jenny reports the incident to his father who is one of the founders of the Browick School. In result, they do the investigation against Vanessa and Strane. Strane tells Vanessa to keep this secret from anyone, so his career will be safe. He also says that it will protect Vanessa's future too. Vanessa still keeps a secret about their relationship until the end, but she is kicked out of the school and her reputation is ruined. Getting older, Vanessa still can't forget her past relationship with Strane because she feels that only Strane who can understand her, but she does not realize that her life is falling apart. Throughout this story, I find the reflection of psychological manipulation tactics in Strane character. I identify that the main problem appears through the characters of this novel. Strane is the root cause of Vanessa's depression and trauma as the impact of psychological manipulation. Strane shows the way he manipulates Vanessa's mind for achieving his goals, and Vanessa shows her depression, trauma, and other bad feelings or behavior as the impact of psychological manipulation.

The reason I am interested in analyzing this novel is because the psychological manipulation which are reflected in this novel shows how the characters represent the tactics of psychological manipulation and the impact of it. In *My Dark Vanessa*, the ways Strane manipulates Vanessa in order to make her obey him and make her losing control of herself is really interesting to be analyzed. Manipulation, unlike coercion, does not interfere with a person's options. Instead, it perverts the way that person reaches decisions, forms preference, or adopts goals. (Raz 1988: 377) states that manipulative people don't make the victim feels like surrendering over and over as if the victims choose their own path, but in accordance with the goals of the manipulators. In this research, I will show how Strane manipulates Vanessa using some tactics of psychological manipulation in order to fulfill his needs. I will also explain the impacts of psychological manipulation that happen to Vanessa.

1.2. Identification of the Problems

Based on the background of the problems above, the problem of this research is identified. The impact of psychological manipulation happens to Vanessa because Strane often manipulates Vanessa's mind using psychological manipulation tactics for achieve his goals. Therefore, I assume that the theme of this novel is The Psychological Manipulation reflected on the main characters in Kate Elizabeth Russel's Novel *My Dark Vanessa*.

1.3. Limitation of the problem

According to the identification of the problem above, the problem of this research is limited to psychological manipulation theory which consists of the tactics and the impacts. The applied concepts are analyzed through intrinsic approaches; characterization, plot, and setting. Through extrinsic approach, I use theory of Psychological Manipulation which is divided into the tactics of psychological manipulation and the impacts of psychological manipulation using the explanation of some experts.

1.4. Formulation of the Problems

Based on the limitation of the problems above, the problems in this research can be formulated accordingly to prove the psychological manipulation in My Dark Vanessa by Kate Elizabeth Russel, which become the theme of this research. Therefore, the problems in this research are formulated as follows;

1. What is the theme of Kate Elizabeth Russel's novel My Dark Vanessa?
2. What kind of Psychological Manipulation theories that is reflected in the characterization of Kate Elizabeth Russel's novel *My Dark Vanessa*?
3. What kind of Psychological Manipulation theories that is reflected in the plot of Kate Elizabeth Russel's novel *My Dark Vanessa*?
4. What kind of Psychological Manipulation theories that is reflected in the setting of Kate Elizabeth Russel's novel *My Dark Vanessa*?

1.5. Objectives of the Research

Based on the formulation of the problem above, the objective of this research is to prove the assumption the reflection of the psychological manipulation in novel My Dark Vanessa by Kate Elizabeth Russel, in order to achieve the objective of the research, the steps which are supposed to be done in this research are as follows:

1. To prove the theme of Kate Elizabeth Russel's novel *My Dark Vanessa.*
2. To prove the theories of Psychological Manipulation that is reflected in the characterization of Kate Elizabeth Russel's novel *My Dark Vanessa*.
3. To prove the theories of Psychological Manipulation that is reflected in the plot of Kate Elizabeth Russel's novel *My Dark Vanessa*.
4. To prove the theories of Psychological Manipulation that is reflected in the setting of Kate Elizabeth Russel's novel *My Dark Vanessa*.

1.6. Method of the Research

The research method is a way of thinking that is used by the researcher to conduct their research. In order to fulfill the objective of the research above, this research is primarily concerned with meaning and interpretation. The data analyzed is in the form of a literary text, therefore, this research belongs to qualitative research (Stokes, 2006, p.3). In this qualitative research, I, as the researcher use content of analysis method, stand as the instrument for designing, collecting, and analyzing the research.

Based on this qualitative research, the data sources in this research are classified into two categories: primary data and secondary data. The primary data used in this research are textual objects in the form of words, phrases, and sentences from *My Dark Vanessa* novel by Kate Elizabeth Russell with 318 pages and published by William Morrow. Meanwhile, I also used other sources from books, journals, and online articles that relate to the theory, concept, and definition to support the research more.

The analysis data on my research are as follow: 1) reading the novel several time, 2) taking noted on some important point in order to gain more understanding of the meaning based on the subject in my interpretation, 3) analysis the indicate

concept of manipulation based on main character by manipulation tactics & impact of manipulation, 4) conducting the theoretical basis of intrinsic and extrinsic approaches to the research.

In order to comprehend the value of the story, I analyzed intrinsic elements of the material using Pickering and Hoeper's theory of fiction (1981, p.11) to elaborate and interpret the main character's characterization, the plot of the conflict, the time and space of setting, and the theme of the story. Afterward, by bringing the findings of the intrinsic analysis together, I looked for a connection of psychology of manipulative with the main character. With the result of the analysis, I concluded my findings about the grand theme, things we could learn from the novel *My Dark Vanessa*, and presented the relation of the both subjects.

1.7. Benefit of the Research

This research is expected to provide benefits for those who are interested in learning and obtaining a deep understanding about novel *My Dark Vanessa* by Kate Elizabeth Russel, because it is done using psychology of manipulation as the extrinsic approach, particularly based on the theories about tactics of manipulation & impact of manipulation for the victim.

1.8. Systematic Organization of the Research

In accordance to the title of the research above, the order of the presentation is written as follows:

CHAPTER 1:   INTRODUCTION

It consists of: background of the problems, identification of the problems, limitation of the problems, formulation of the problems, objectives of the research, method of the research, systematic organization of the research.

CHAPTER 2:   FRAMEWORK OF THE THEORIES

It consists of theoretical frameworks; there are several approaches, intrinsic approach, and extrinsic approach.

CHAPTER 3:   THE INTRINSIC APPROACH ANALYSIS IN THE NOVEL MY DARK VANESSA

It consists of: characterization of the characters, plot, and settings of the novel. The concepts above must appear in the number of sub-chapters.

CHAPTER 4: THE PSYCHOLOGICAL MANIPULATION CONCEPT REFLECTED ON THE MAIN CHARACTERS IN KATE ELIZABETH RUSSELL'S NOVEL MY DARK VANESSA

It consists of: a brief explanation of this chapter's content, analysis of the psychological manipulation concept reflected on the characterization, setting and plot in Kate Elizabeth Russell's novel *My Dark Vanessa*. The concepts above must appear in the number of sub-chapters.

CHAPTER 5:   CONCLUSION

It consists of an evaluation from the previous chapters and the implication of the evaluated result.

ENCLOSURES: ATTACHMENTS

The chapters above are followed by references, scheme of the research, research, poster, curriculum vitae, and other required attachments.