CHAPTER 5

CONCLUSION

The conclusions are presented in accordance with the result of the data analysis in the previous chapter. The intrinsic approach which consists of characterization, plot, and setting, elaborated with analysis through extrinsic approach by using the theory of psychological manipulation which is divided into the psychological manipulation tactics and the impacts of psychological manipulation.

Based on the result of the analysis in the previous chapter, I can conclude that Kate Elizabeth Russell novel *My Dark Vanessa* has reflected the concept of psychological manipulation. The main characters Strane is described as the manipulators and Vanessa as the victim of psychological manipulation in their relationship. Strane, as the manipulators often uses some of the tactic of psychological manipulation in order to manipulate Vanessa to do what he wants. Vanessa who is described as a victim often reflects the impact of psychological manipulation that Strane does to her. She often feels guilty and ashamed of what she has done to protect Strane. She also gets depressed and traumatized as the impact of psychological manipulation.

The theory of psychological manipulation tactic is shown from the characterization of Strane; manipulative and tricky. Those characterization are shown when Strane does the tactics of manipulation when he wants to achieve something as he does to Vanessa. As the victim of the psychological manipulation, Vanessa shows some characterizations that has reflect the impact of psychological manipulation; secretive and unconfident. The impact of psychological manipulation; the emotional toll of manipulation and diminished self-reliance and lowered self-esteem make Vanessa becomes a secretive and unconfident person. She chooses to hide her feelings because she feels guilty of what happens to Strane. Besides the characterization, setting and plot of Kate Elizabeth Russell's novel My Dark Vanessa also shown the theory of psychological manipulation concept. In the plot, Strane shows his tactic of manipulation in the rising action and climax of the

story. Meanwhile, Vanessa, as the victim shows the impact of the psychological manipulation; self-reliance and lowered self-esteem in the climax of the story and entrapment and victimization in the resolution of the story. In the setting, Strane's house, as setting as a background of action and as a means of reinforcing theme is the place where Strane shows the tactic of psychological manipulation when he has sex with Vanessa and tells her not to tell anyone about their relationship. Ruby's office as the setting as a means of reinforcing theme is the place where Vanessa shows the impact of psychological manipulation. She visits Ruby's office and tells her that she feels guilty because of what happens to Strane is because of her selfishness and she cannot stop him to abuse another girl.

The moral of the story in this novel is the implementation of psychological manipulation is dangerous and very subtle to be identified, so we need to be aware about that, and we must understand typical of manipulation because it will affect to our mental health. Also, we need to listen to the advice that people give to us, do not be denial, because sometimes the advice will help us to choose the best decision, if we cannot get help from around us, we can go to the expert like psychiatrist. The last one is we need to make peace with ourselves first in order to forgetting the past which traumatizes us.

Based on this research, I conclude that Kate Elizabeth Russell novel *My Dark Vanessa* is an interesting novel, because the author adapts some problems that often happen in human life. The author serves not only the psychological approach, but also there are some aspects that is interesting to be analyzed. Therefore, I assume that there is potential for further research to analyze the Kate Elizabeth Russell novel *My Dark Vanessa* through other approaches and concepts. This research can also introduce English Language and Culture Department students about psychological manipulation in literary works. This research can also be used as a comparison to write a better analysis.