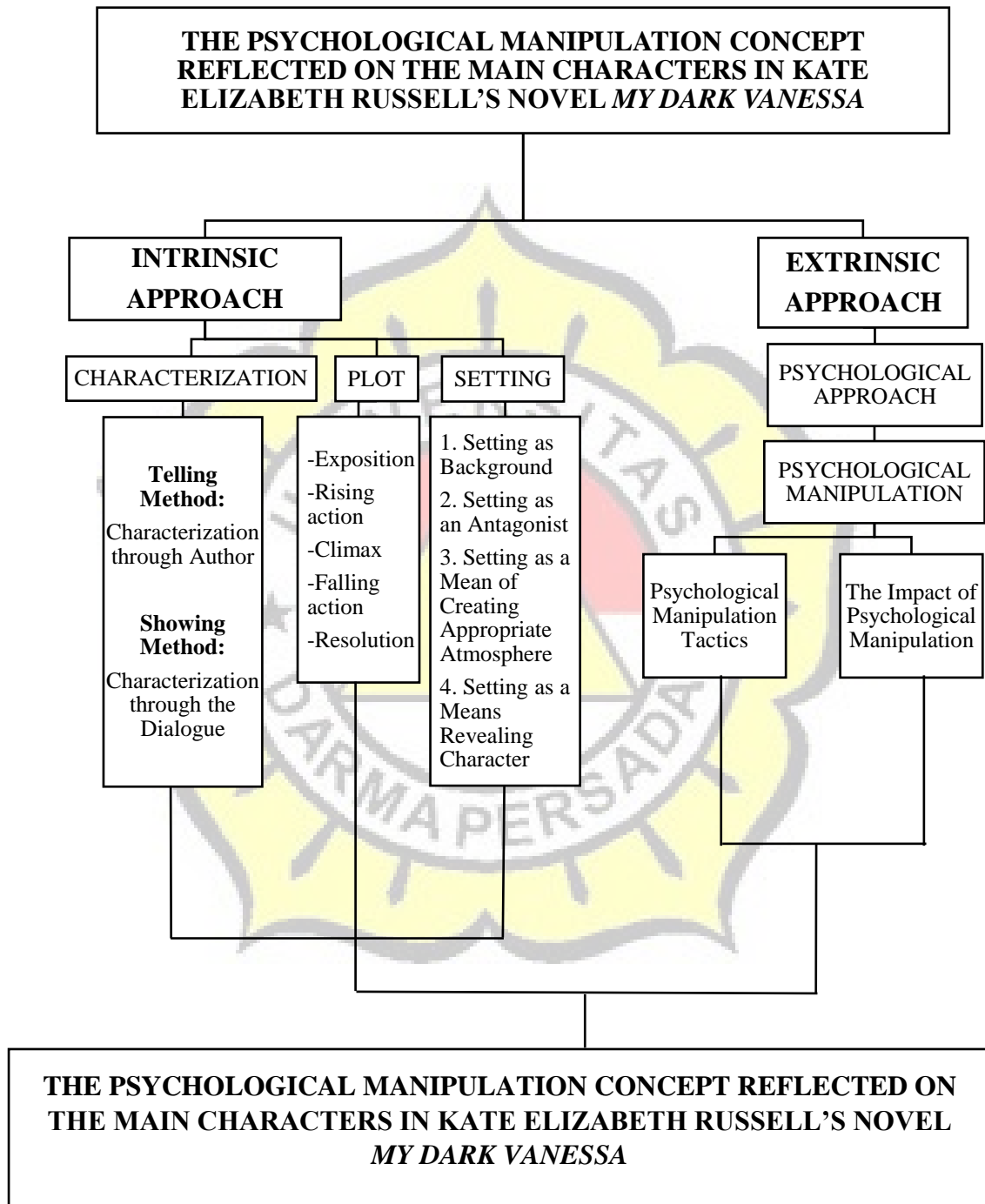


APPENDIX 1

SCHEME OF THE RESEARCH



APPENDIX 2

POSTER OF THE RESEARCH



THE PSYCHOLOGICAL OF MANIPULATION REFLECTED ON THE MAIN CHARACTER RELATIONSHIP IN THE NOVEL MY DARK VANESSA BY KATE ELIZABETH RUSSELL

Chintya Nadya Paramitha

2017130080

STRATA ONE (S1)
ENGLISH LANGUAGE AND
CULTURE FACULTY OF
HUMANITIES DARMA
PERSADA UNIVERSITY

BACKGROUND

Relationship is the relation that we build with our partners with compassion, mutual respect for one another and respect for differences of opinion. However, in some cases of relationships we find that someone dealing with depression because their partner is manipulated to get what they want. The main character in the novel My Dark Vanessa by Kate Elisabeth Russel named Vanessa as a victim of the manipulative relationship with Strane makes her go through depression that she can't move on from the past and always shadowed with him.

RESEARCH FINDING

This research can help us to know more about psychological manipulation by understanding the characterization, plot, setting and psychology which exists in this term paper. This research is helpful for those who have interest to deepen their knowledge about related topic.

METHOD OF THE RESEARCH

I analyze the movie script through the intrinsic and extrinsic approaches. I use qualitative research method, with collecting the data as the technique. Several things to do are read, observe, and understand Kate Elisabeth Russell novel My Dark Vanessa. Another supporting data are books and articles from the internet about literary research and Psychological Manipulation. Then, I analyze the data that have been collected in accordance with the formulation of the problem.

BENEFIT

This research is expected to provide benefits for those who are interested in learning and obtaining a deep understanding about novel My Dark Vanessa by Kate Elisabeth Russel, because it is done using psychology as the extrinsic approach, particularly based on the theories about tactics of manipulation in relationship

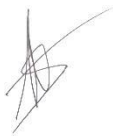




CONCLUSION





Through this research, Psychological Manipulation concept is reflected on main characters that I analyze; Vanessa and Strane by elaborating plot, setting with Psychological Manipulation tactics and impacts.

APPENDIX 3

LAPORAN KEMAJUAN PENULISAN SKRIPSI

Nama Mahasiswa : Chintya Nadya Paramitha
Dosen Pembimbing : Dra. Karina Adinda, MA
Judul Skripsi : The Psychological Manipulation Concept Reflected on the M
Character in Kate Elizabeth Russel's Novel My Dark Vanessa
Mulai Bimbingan : 16 Maret 2021
Tahun Akademik : 2021/2022

No.	Hari & Tanggal	Catatan Pembimbing	Paraf
1	Selasa, 16 Maret 2021	Penyerahan Bab I dan bimbingan terhadap cara penulisan pada skripsi	
2	Selasa, 20 April 2021	Pemilihan dan bimbingan terhadap literature review	
3	Rabu, 21 April 2021	Penyerahan Bab II	
4	Kamis, 29 April 2021	Penyerahan Bab II yang telah direvisi serta penggantian teori yang terkait	
5	Senin, 21 Juni 2021	Bimbingan tentang penentuan karakterisasi harus dengan sifat-sifat yang ada pada karakter	

6	Sabtu, 3 July 2021	Bimbingan tentang karakter Vanessa & Strane serta penyesuaian teori untuk manipulasi	
7	Senin, 5 Juli 2021	Penambahan teori yang perlu dianalisis (out-of-body experience) dan revisi Bab I dan Bab II dengan penyesuaian teori nya	
8	Sabtu, 10 Juli 2021	Penyerahan Bab V	
9	Minggu 12 Juli 2021	Penyerahan Bab V yang telah direvisi berserta lampiran nya	

Jakarta, 13 July 2021

Menyetujui :
Pembimbing

(Dra. Karina Adinda, MA)

Mengetahui :

**Pembimbing Akademik,
a.n. Ketua Program Studi
Bahasa dan Kebudayaan Inggris**

**Ketua Program Studi
Bahasa dan Kebudayaan Inggris**



(Dr. Yoga Pratama, M. Pd)



(Dr. Yoga Pratama, M. Pd)

APPENDIX 4
PRESENTATION SLIDES





**PSYCHOLOGICAL MANIPULATION CONCEPT REFLECTED
ON THE MAIN CHARACTERS IN KATE ELIZABETH
RUSSELL'S NOVEL *MY DARK VANESSA***




CHINTYA NADYA PARAMITHA
2017130080

ENGLISH LANGUAGE AND CULTURE DEPARTMENT
DARMA PERSADA UNIVERSITY
JAKARTA 2021


Gratitude to:



Advisor
Dra. Karina Adinda, MA.

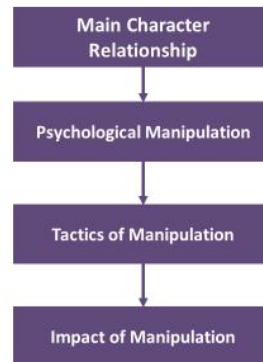
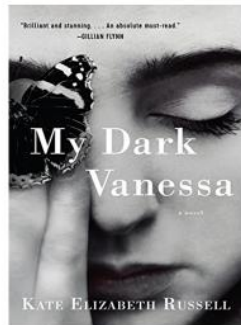


Examiner
Rheinatus Alfonsus
Beresaby, SE., M.Hum.



The Head of Board Examiner
Nurul Fitriani, S.S., M.Hum.

Background of the Problem



Formulation of The Problem

1. What is the theme of Kate Elizabeth Russel's novel *My Dark Vanessa*?
2. What kind of Psychological Manipulation theories that is reflected in the characterization of Kate Elizabeth Russel's novel *My Dark Vanessa*?
3. What kind of Psychological Manipulation theories that is reflected in the plot of Kate Elizabeth Russel's novel *My Dark Vanessa*?
4. What kind of Psychological Manipulation theories that is reflected in the setting of Kate Elizabeth Russel's novel *My Dark Vanessa*?



Objective of the Research

1. To analyze the theme of Kate Elizabeth Russel's novel *My Dark Vanessa*.
2. To analyze the theories of Psychological Manipulation that is reflected in the characterization of Kate Elizabeth Russel's novel *My Dark Vanessa*.
3. To analyze the theories of Psychological Manipulation that is reflected in the plot of Kate Elizabeth Russel's novel *My Dark Vanessa*.
4. To analyze the theories of Psychological Manipulation that is reflected in the setting of Kate Elizabeth Russel's novel *My Dark Vanessa*.



Method of the Research



Framework of the Theories

- Pickering & Hoepfer's (1981) theory of fiction analyzes the intrinsic elements of literature, such as characterization, plot, and settings.
- Six Tactics of Manipulation by Buss, Gomes, Higgins, and Lautherbach (1987): Charm, Silent Treatment, Coercion, Reason, Regression & Debasement
- Manipulative Techniques by Simon (1996): Denial, Rationalization, Playing the Victim Role, Projecting the Blame & Feigning the Innocent
- The Impact of Psychological Manipulation theory by Harriet Braiker (2004):
 - The Emotional Toll Manipulation
 - Frustration and Dissatisfaction with the Relationship
 - Diminished Self-Reliance and Lowered Self-Esteem
 - Entrapment and Victimization

Research Finding and Analysis



Intrinsic Element Analysis Finding

1. The psychological manipulation is reflected on the characterization of Strane that acts as the manipulator of his victim, Vanessa.
2. The plot of *My Dark Vanessa* explores Strane's psychological manipulation to Vanessa, that sooner or later give an impact to her life.
3. The setting in *My Dark Vanessa* serves to enhance the viewers' experience of Strane's tricks to Vanessa.

Extrinsic Element Analysis Finding

1. The characterization of the main character Vanessa & Strane depicts the psychological manipulation and its impact.
2. The psychological manipulation is reflected on the plot of the story that tells Strane's tactics of psychological manipulation that give an impact to Vanessa.
3. The psychological manipulation is reflected on the setting as Strane using his house as a safe place to act his manipulation.



CONCLUSION

1

The Kate Elizabeth Russell's novel *My Dark Vanessa* reinforced the theme of Psychological Manipulation.

2

The main character Vanessa & Strane's act & behavior in *My Dark Vanessa* novel represent the psychological manipulation; Strane as the manipulator, and Vanessa as his victim.

CONCLUSION



3

The story of *My Dark Vanessa* novel tells Strane's manipulation to Vanessa, until she finally can find her freedom from Strane's control.

4

The setting of *My Dark Vanessa* novel visualizes Strane's act and behavior that reflects the psychological manipulation concept to Vanessa.

CONCLUSION



5

The moral story of *My Dark Vanessa* novel is that we should aware of manipulative people that could affect to our mental health, and also we should listen to the advice from people around that intend to help us.

Thank you

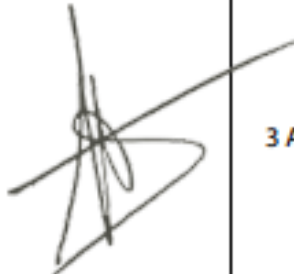
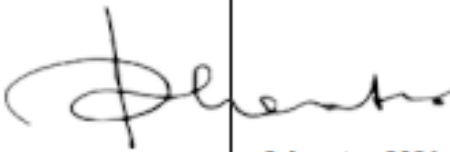


APPENDIX 5

LEMBAR REVISI UJIAN SKRIPSI PROGRAM STUDI BAHASA DAN KEBUDAYAAN INGGRIS

Judul Skripsi	: The Psychological Manipulation Concept Reflected on The Main Character in Kate Elizabeth Russel's Novel <i>My Dark Vanessa</i>
Nama	: Chintya Nadya Paramitha
NIM	: 2017130080
Pembimbing	: Dra. Karina Adinda, MA
Tanggal Ujian	: 27 Juli 2021

No	KETUA SIDANG/PEMBIMBING /PENGUJI	SARAN	HALAMAN REVISI	BUKTI SUDAH REVISI	TANDA TANGAN	TANGGAL
1.	Ketua sidang (Nurul Fitriani, S.S., M.Hum)	1. Merapihkan cover, term paper validation, test feasibly validation & daftar isi 2. Merapihkan abstrak & menambahkan hasil penelitian 3. Menambahkan metode penelitian serta langkah pengumpulan data 4. Penambahan settings pada bab 2,3 & 4 5. Merapihkan grammar & quotation 6. Merevisi bab 5 untuk kesimpulan dari penelitian	1. Cover, I, iii, iv, v 2. vii & viii 3. 4 -5 5. 11, 12, 42, 43,44, 54,55, 56, 57 & 58 5. 20-43 6. 59	Telah direvisi sesuai dengan saran pada halaman: 1. Cover, I, iii, iv, v 2. vii & vii 3. 4 -5 5. 11, 12, 42, 43,44, 54,55, 56, 57 & 58 5. 20-43 6. 59		

No	KETUA SIDANG/PEMBIMBING /PENGUJI	SARAN	HALAMAN REVISI	BUKTI SUDAH REVISI	TANDA TANGAN	TANGGAL
2	Pembimbing (Dra. Karina Adinda,MA)	1. Mengikuti revisi & masukan dari penguji & ketua sidang	Cover, I, iii, iv, v, vii & viii 4,5, 11, 12, 42, 43,44, 54,55, 56, 57,58, 20-43 & 29	Telah direvisi sesuai dengan saran pada halaman: Cover, I, iii, iv, v, vii & viii 4,5, 11, 12, 42, 43,44, 54,55, 56, 57,58, 20-43 & 29		3 Agustus 2021
3	Penguji (Rheinatus Alfonsus Beresaby, SE, M.Hum)	1. Penyesuaian antara masalah & kesimpulan dari penelitian 2. Mendiskusikan refleksi pada formulasi masalah 3. Melengkapi metode pengumpulan data, metode cara pengolahan data & prosedur	1.4 2. 3 3. 4	Telah direvisi sesuai dengan saran pada halaman: 3&4		3 Agustus 2021

Catatan:

Mahasiswa harus menyelesaikan revisi dan mendapatkan semua tanda tangan dari ketua sidang, pembimbing dan penguji sebelum bisa mencetak *hardcover* skripsi.

APPENDIX 6

LETTER OF APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of the Department, the term-paper submitted by Chintya Nadya Paramitha entitled The Psychological Concept Reflected on The Main Character in Kate Elizabeth Russel's Novel *My Dark Vanessa* has been approved and forwarded to the English Language and Culture Department, Dharma Persada University, for final evaluation before the thesis defence for obtaining *Sarjana Linguistik* (S.Li.) degree to the respective candidate.

Supervisor

Signature

Date



(Dra. Karina Adinda, MA)

.....

04th July 2021

**Head of English Language
and Culture Department**

Signature

Date



Dr. Yoga Pratama, M.Pd.

.....

16th July 2021



**Dr. Yoga Pratama, M.Pd.
Academic Advisor**

.....


16th July 2021

Name
Student Number

**: Chintya Nadya Paramitha
: 2017130080**

APPENDIX 7

TOEIC CERTIFICATE



LISTENING AND READING
OFFICIAL INSTITUTIONAL SCORE REPORT

<p>Chintya Nadya Paramitha</p> <p>Name</p> <p>2017130080</p> <p>Identification Number</p> <p>1998/11/15</p> <p>Date of Birth (yyyy/mm/dd)</p> <p>2021/01/23</p> <p>Test Date (yyyy/mm/dd)</p> <p>2023/01/23</p> <p>Valid Until (yyyy/mm/dd)</p>	<p style="text-align: center;">LISTENING</p> <p style="text-align: center;">Your score 405</p> <p style="text-align: center;">5 495</p> <p style="text-align: center;">READING</p> <p style="text-align: center;">Your score 335</p> <p style="text-align: center;">5 495</p>	<p>TOTAL SCORE</p> <p style="font-size: 2em;">740</p>
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Client/Institution Name: Putra Pratama Raya, PT

PT International Test Center-TOEIC Center Indonesia, Plaza Sentral, 17th Floor, Jl. Jend. Sudirman, Kav 47, Jakarta, Indonesia, 12930

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LISTENING

Your scaled score is between 400 and 495. Test takers who score around 400 typically have the following strengths:

- They can infer the central idea, purpose, and basic content of short spoken exchanges across a broad range of vocabulary, even when conversational responses are indirect or not easy to predict.
- They can infer the central idea, purpose, and basic content of extended spoken texts across a broad range of vocabulary. They can do this even when the information is not supported by repetition or paraphrase and when it is necessary to connect information across the text.
- They can understand details in short spoken exchanges, even when negative constructions are present, when the language is syntactically complex, or when difficult vocabulary is used.
- They can understand details in extended spoken texts, even when it is necessary to connect information across the text and when this information is not supported by repetition. They can understand details when the information is paraphrased or when negative constructions are present.

To see weaknesses typical of test takers who score around 400, see the *Proficiency Description Table.

READING

Your scaled score is close to 350. Test takers who score around 350 typically have the following strengths:

- They can infer the central idea and purpose of a written text, and they can make inferences about details.
- They can read for meaning. They can understand factual information, even when it is paraphrased.
- They can connect information across a small area within a text, even when the vocabulary and grammar of the text are difficult.
- They can understand medium-level vocabulary. They can sometimes understand difficult vocabulary in context, unusual meanings of common words, and idiomatic usage.
- They can understand rule-based grammatical structures. They can also understand difficult, complex, and uncommon grammatical constructions.

To see weaknesses typical of test takers who score around 350, see the *Proficiency Description Table.

PERCENT CORRECT OF ABILITIES MEASURED

0% 100%

PERCENT CORRECT OF ABILITIES MEASURED

0% 100%

Can infer gist, purpose and basic content based on information that is explicitly stated in short spoken texts	83 0% 100%
Can infer gist, purpose and basic content based on information that is explicitly stated in extended spoken texts	82 0% 100%
Can understand details in short spoken texts	87 0% 100%
Can understand details in extended spoken texts	72 0% 100%
Can make inferences based on information in written texts	62 0% 100%
Can locate and understand specific information in written texts	64 0% 100%
Can connect information across multiple sentences in a single written text and across texts	83 0% 100%
Can understand vocabulary in written texts	80 0% 100%
Can understand grammar in written texts	70 0% 100%

* Proficiency Description Table can be found on our web site, www.ets.org/toEIC

HOW TO READ YOUR SCORE REPORT:

Percent Correct of Abilities Measured:
 Percentage of items you answered correctly on this test form for each one of the Abilities Measured. Your performance on questions testing these abilities cannot be compared to the performance of test-takers who take other forms or to your own performance on other test forms.

Note: TOEIC scores more than two years old cannot be reported or validated.

APPENDIX 8

CURRICULUM VITAE

Personal Data Name : Chintya Nadya Paramitha
Nationality : Indonesian
Sex : Female
Place/Date of Birth : Jakarta, November 15 1998
Address : Pesona Anggrek Harapan blok C12/15 Rt.01/Rw.21
Bekasi Utara
Phone/Fax : 082122258996
E-mail : chintyanadyastore@gmail.com



Formal Education

2005 – 2011 : SD Mutiara 17 Agustus Bekasi
2011– 2013 : SMP Mutiara 17 Agustus Bekasi
2013 – 2016 : SMK Paramitha 1 Jakarta
2017 – 2021 : S1 Sastra Inggris Universitas Darma Persada

Research Experiences

- Analysis of Family, Social, and Religious Institution (British Institution)
- Analysis of the novel “The Killlets” by Ernest Hemingway (Introduction to Literature)
- Poetry Analysis of “The Black Snake” by Mary Oliver (Poetry Analysis)
- Poetry Analysis of “The Meadow Mouse” by Theodore Roethke (Poetry Analysis)
- Prose Analysis of “Don’t Let Go” by Harlan Coben (Prose Analysis)
- Analysis of the movie “The Miracle Worker” by William Gibson (Film and Drama Analysis)
- Analysis about “Feminism” (Sociology of Literature)
- Analysis of the song “You Say” by Lauren Daigle (Poetry Analysis)
- Analysis of the poem “The Soul Selects Her Own Society” by Emily Dickinson (Literary Criticism And Pshychology Of Literature)
- Analysis of the movie “Frozen” by Disney (Film and Drama Analysis)
- Analysis of the movie “Frozen II” (Seminar on Literature)
- Analysis the novel “My Dark Vanessa” by Kate Elizabeth Russel (Term Paper)