

**INNER CONFLICT IN MOVIE SCRIPT ENTITLED  
“TO THE BONE” BY MARTIN NOXON**

**TERM PAPER**



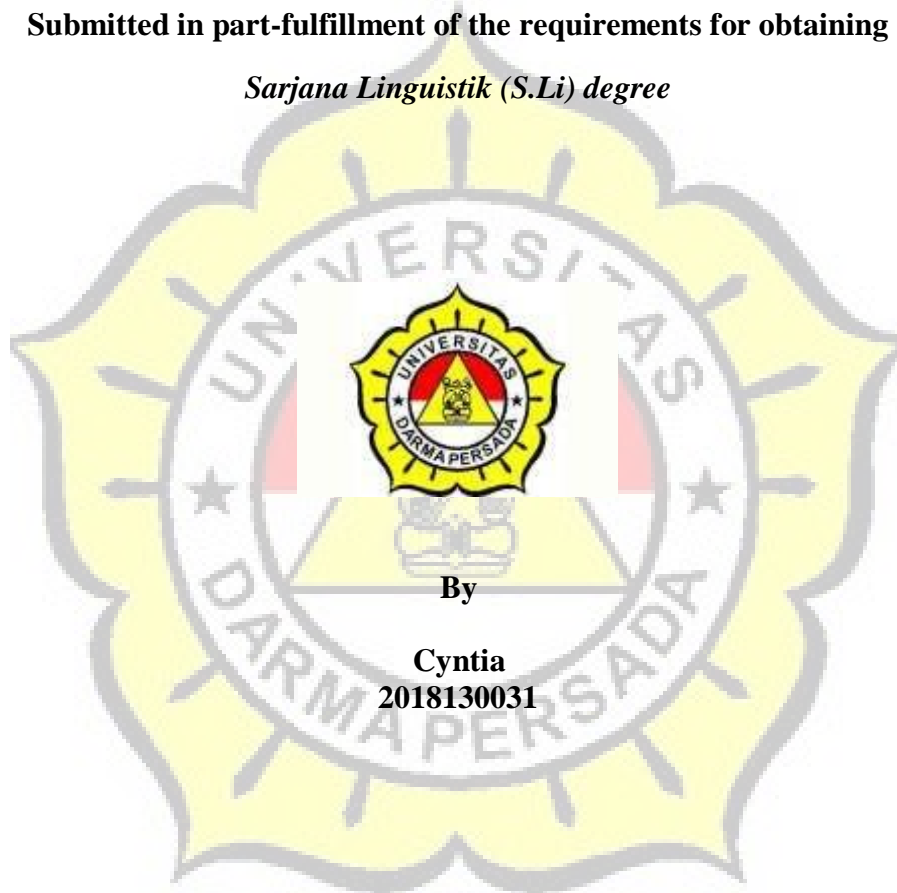
**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE  
DEPARTMENT FACULTY OF LANGUAGE AND CULTURE  
DARMA PERSADA UNIVERSITY  
JAKARTA  
2022**

**INNER CONFLICT IN MOVIE SCRIPT ENTITLED  
“TO THE BONE” BY MARTIN NOXON**

**TERM PAPER**

**Submitted in part-fulfillment of the requirements for obtaining**

*Sarjana Linguistik (S.Li) degree*



**By**

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JAKARTA  
2022**

## **INTELECTUAL PROPERTY STATEMENT**

I hereby declare that this term paper is the result of my own academic research under the supervision of Eka Yuniar Ernawati, SS, M.Si. not a plagiarism of another work, the contents has become my responsibility. All the sources of my research and quoted or referenced have been stated correctly.

**Jakarta, January 25, 2022**

(Materai 10.000)

(Cyntia)



## LETTER OF APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of the Department the term-paper submitted by Cyntia entitled “Defense Mechanism Created by Anorexia Nervosa” has been approved and forwarded to the English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defense for obtaining Sarjana Linguistik (S.Li.) degree to the respective candidate.

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## ACKNOWLEDGEMENT

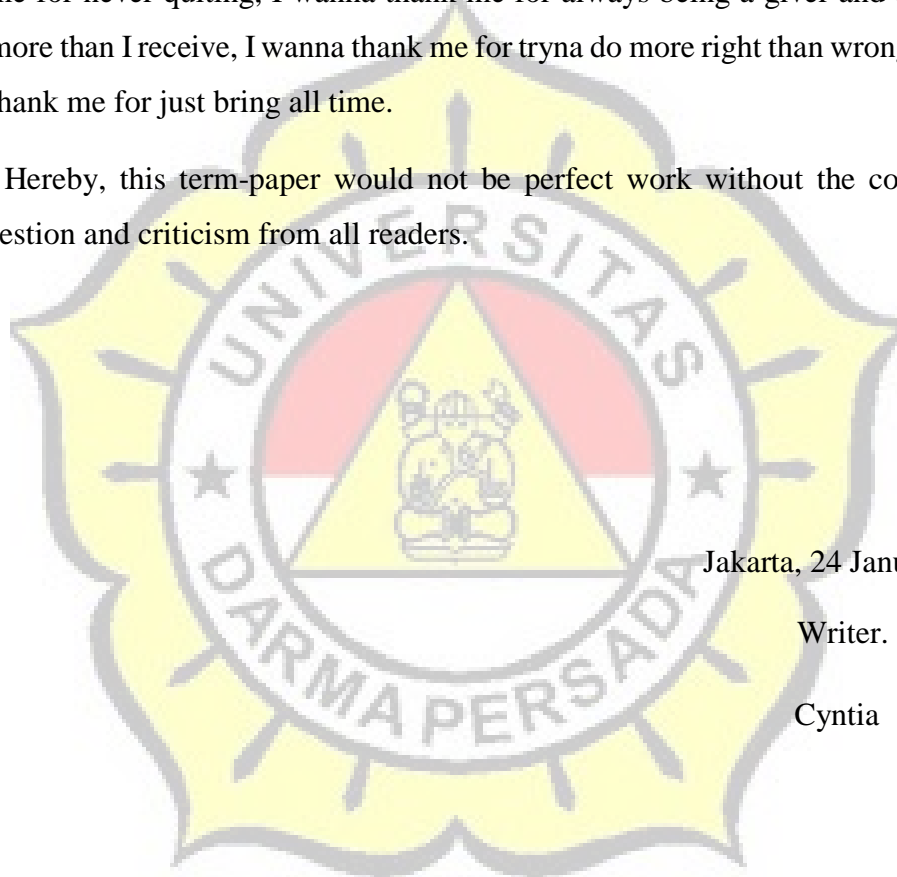
Praise to be Allah SWT for his mercy and blessing, finally I could complete this term-paper as planned, which entitled Inner Conflict In Movie Script Entitled “To The Bone” by Martin Noxon. This term-paper is submitted to the English Language and Culture, Darma Persada University, as a partial fulfillment of the requirements for obtaining the Strata One (S-1) degree.

I would like to present my gratitude towards all parties who have guided and supported me in finishing this term-paper. My gratitude is presented to those who have given their contribution in completion of this term-paper, which listed as follow:

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Hereby, this term-paper would not be perfect work without the constructive suggestion and criticism from all readers.



Jakarta, 24 January 2022

Writer.

Cyntia

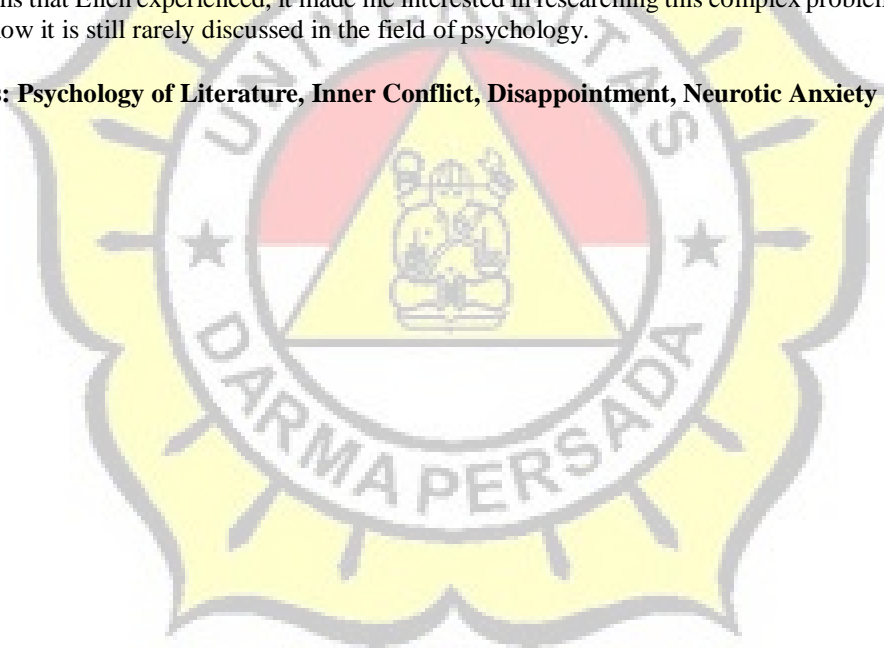
**INNER CONFLICT IN MOVIE SCRIPT ENTITLED “TO THE BONE” BY  
MARTIN NOXON**

**Cyntia**

**ABSTRACT**

This study aims to analyse a movie script about inner conflict using an intrinsic and extrinsic approach. The approach of intrinsic is to analyzing the data is: Setting and Plot Characterization. While the extrinsic approach is used to apply the concept of a self-defense mechanism which includes the concepts of rationalization and denial. This research approach is a qualitative approach. The object of this research is data collection in the form of literary texts from the film To the Bone by director and writer Marti Noxon. The data from this study are in the form of research methods. The data collected through this type of library research. The data is supported by several literatures which are used to relate several theories, concepts and from the definition of relevant data as secondary sources. The result of this research Inner Conflict. Inner conflicts are matters related to emotions and thoughts that raise ethical and emotional questions. The main factor that caused Ellen's inner conflict was trauma when she saw her parents divorce. Ellen who knows her parents decide to seek her attention from her parents so that they do not become divorced by reducing the number. However, nothing that Ellen did did not have any effect on the divorce of her parents. From the problems that Ellen experienced, it made me interested in researching this complex problem in this film. Also, for now it is still rarely discussed in the field of psychology.

**Keywords: Psychology of Literature, Inner Conflict, Disappointment, Neurotic Anxiety and Denial**





# **Konflik Internal dalam Naskah Film Berjudul "To the Bone" oleh Marti Noxon**

**Cyntia**

## **ABSTRAK**

*Skripsi ini bertujuan untuk menganalisis sebuah naskah film tentang konflik internal menggunakan pendekatan intrinsik dan ekstrinsik. Pendekatan intrinsik untuk menganalisis data yaitu: Karakterisasi Latar dan Alur. Sedangkan pada pendekatan ekstrinsik digunakan untuk menerapkan konsep mekanisme pertahanan diri yang mencakup pada konsep Kekecewaan, Kecemasan Neurotik dan Penyangkalan. Pendekatan penelitian ini adalah pendekatan kualitatif. Objek dari penelitian ini adalah pengumpulan data berupa teks sastra dari film *To the Bone* karya sutradara dan penulis Marti Noxon. Data dari penelitian ini berupa metode penelitian data yang dikumpulkan melalui jenis penelitian kepustakaan. Data tersebut didukung beberapa literatur yang digunakan untuk menghubungkan beberapa teori, konsep dan dari definisi data relevan sebagai sumber sekunder. Hasil dari penelitian ini adalah Inner Conflict. Inner Conflict adalah hal-hal yang berkaitan dengan emosi dan pikiran yang menimbulkan pertanyaan etis serta emotional. Faktor utama penyebab dari inner conflict yang terjadi pada Ellen yaitu trauma ketika melihat orang tuanya bercerai. Ellen yang mengetahui orang tuanya memutuskan untuk mencari perhatian makannya kepada kedua orang tuanya agar mereka tidak menjadi bercerai dengan cara mengurangi jumlah. Namun, nihil hal yang dilakukan oleh Ellen tidak memberi efek apa-apa terhadap perceraian kedua orang tuanya. Dari permasalahan yang Ellen alami membuat saya tertarik meneliti permasalahan yang rumit ini dalam film ini. Juga, untuk saat ini masih jarang di bahas dalam bidang psikologi.*

**Kata kunci: Psikologi Literature, Konflik Internal, Kekecewaan, Kecemasan Neurotik dan Penyangkalan**

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