

## CHAPTER V

### CONCLUSION

After I analyze To The Bone movie script through elaborated with intrinsic approach which are: characterization by showing method, plot, setting and elaborated with analysis through extrinsic approach by using using defense mechanism as rationalization, denial, anxiety and anorexia nervosa concept. It can be concluded that Ellen in To The Bone movie by Martin Noxon reflects inner conflict as disappointment, neurotic anxiety and denial

Furthermore, I use the concept of inner child as disappointment, neurotic anxiety and denial concepts to describe the personality of Ellen. The result of the elaborate intrinsic approach and extrinsic approach are proves that the theme of this movie is Inner Conflict in Movie Script Entitled “To the Bone” by Marti Noxon. This is because Ellen as the major character that I analyze reflects her inner conflict as disappointment, neurotic anxiety and denial personality

In this research, the data collected from To the Bone movie, which Ellen as the major character. The analysis describing the inner conflict as disappointment traits that Ellen shows as the effect of her family problems in the movie. According to this movie, Ellen has serious psychological problems in her life. There are three parts of result after analyzing the data. There are symptoms of Ellen’s inner conflict as disappointment, neurotic anxiety and denial

The first results is the symptoms of Ellen’s inner conflict as disappointment is Ellen begins to show her actions, speech and look that make of disappointment everytime she always blame herself every day.

Second result is the symptoms of Ellen’s neurotic anxiety. It shows when Anna's roommate Ellen often sees her measuring her arm circumference. Ellen does a lot of sit ups at night. This is done so that his weight does not increase.

Third result is the symptoms of Ellen’s denial. In this case, Ellen felt that she was fine with the condition of her body like that. In fact, that Ellen needs Dr.'s help. Beckham to get through these times of crisis, like Ellen does not feel that her body is experiencing a lot of hair growth and her period is late, which is one of the effects of her illness.

The moral values of this research is also be awakened to not having a strict diet, because the world isn't only talking about body image but also important to think about personal mental health.

According to this research, it is important for the next research to analyze To the Bone movie script through other approaches or concepts. This research also can introduce the student of the English Language and Culture Department about inner conflict as disappointment, neurotic anxiety and denial in literary works. This research also can use as comparison to write a better analysis.

