

# CHAPTER I

## INTRODUCTION

### 1.1 Background of the Problem

Literature and psychology have a close relationship. In fact, their relationship can't be separated. Literary work is the result of a psychological condition of the author (Endraswara 2003: 96). Besides that, the figures which are depicted the authors in literature, rarely as the real portrayed of their environment at that time. The fictional characters in literature usually display a variety of personality and behavior associated with psychiatric and psychological experiences or conflicts as experienced by humans in real life. Literature and psychology tend to have the same deal with the problems of human beings as individuals and social. They utilize human experiences as object study. Some people think that literature is a part of author's imagination as outlined in the form of words thus forming a work. Authors' imagination occurs when they are in their subconscious condition that occurs when they are dreaming. Endraswara said that literature is the creation of mental process and thinking that the authors' create in their subconscious condition then they pour out it to their conscious condition (Endraswara 2003: 96). In this research I will bring Paul Salkovskis obsession theory.

In Salkovskis theory, obsession is intrusive, repetitive thoughts, images or that are unacceptable and unwanted and give rise to subjective resistance (Rachman and Hodgson., 1980, p. 10). The necessary and sufficient conditions for determining whether a thoughts, image or impulse is obsessional are (a) high degree of intrusiveness, (b) internal attribution, (c) unwantedness, and (d) difficulty of control (Rachman and Hodgson, 1980). According to Salkovskis, two cognitive processes are the critical factors that turn an intrusive thoughts into an obsession. The first process involves the appraisal of the intrusive thoughts. If the intrusion is appraised as involving personal responsibility for causing possible harm to self or others, then the mental event will be experienced as both discomforting and unacceptable. Obsession prone person are predisposed to evaluate certain intrusive thoughts, image, or impulses in this manner because of their underlying dysfunctional beliefs

of overresponsibility and harm (Salkovkis P. , Obsessional Compulsive Problem: a cognitivw behavioural analysis, 1985)

For doing this research, Ingrid Thorburn is a lonely and mentally ill woman who lives in Pennsylvania and is obsessed with social media. Ingrid becomes obsessed with people she thinks have more desirable lives than her. After a famous social media influencer named Taylor Sloane replies to Ingrid's comment on her picture, Ingrid decides to move to Los Angeles and try to be her good friend (using a \$60,000 inheritance her mother left her). Ingrid can impress Taylor, and her husband Ezra, through lying and developing a relationship with them. Things become creepy when the couple realizes how obsessed Ingrid is with Taylor and her ideal dream life.

I chose the movie script *Ingrid Goes West* because this movie script is related to my term paper's Title, which is An Analysis of Obsessive Disorder on the Main Character In *Ingrid Goes West* Movie Script. Ingrid's character is very interesting to me. Ingrid, in this movie, is described as needy and lonely. I think her character may reflect someone with a mild personality disorder. Her obsession with the phone makes Ingrid an obsession like a psychopath. Ingrid needs a friend. And this movie shows how social media can influence everyone to become an obsession like Ingrid. Because of that, I want to know more deeply about the main character. In a work of literature, few analysis can be used to examine a literary work. Moreover, this study is expected to be useful for those interested in getting deeper knowledge in analyzing the conflict behind the stories of the literature. This study is expected to be useful because I want to analyze it through intrinsic and extrinsic approaches. Through intrinsic approaches I use characterization, setting, and plot. Through extrinsic approaches I use Obsession theory.

## **1.2 Identification of the Problems**

Based on the background above, I identify that the problem of this research is about obsessive disorder on the main character of Ingrid, Ingrid is a lonely Pennsylvania girl who needs friends as lonely and bored and wants a new atmosphere, so when she sees an Instagram star on her phone in California. Ingrid's obsession with becoming the new friend of social media star Taylor Sloane. Ingrid

who is very obsessed with Taylor is always stalking everywhere, until Taylor wants to be her friend. Therefore, I assume that the concepts of An Analysis of Obsessive Disorder on the Main Character in *Ingrid Goes West* Movie Script. And I use research that is supported by the psychological theory of obsessions by Paul Salkovskis.

### **1.3 Limitation of the Problems**

Based on identification of the problem above, I limit the problem of An Analysis Obsessive Disorder On The Main Character In *Ingrid Goes West* Movie Script with theory and concepts that I will apply as follow. The first is about through intrinsic approach such as characterization, setting, and plot. The second is about through extrinsic approach which is the psychology of literature Paul Salkovskis obsessive concept in *Ingrid Goes West* movie script.

### **1.4 Formulation of the Problems**

Based on limitation of the problem above, I formulated following problems: An Analysis Obsessive Disorder on the Main Character of Greta in *Ingrid Goes West* movie script. To answer this question, I formulated the problems as follows:

1. How are the characteristics of Ingrid presented in *Ingrid Goes West* movie script?
2. What concept of obsessive disorder is mentioned in the movie script Ingrid Goes West?
3. How is the obsession disorder reflected in Ingrid Goes West movie script?

### **1.5 Objective of the Research**

Based on the formulation of the problem above, I to show that the objection of this research is An Analysis of Obsessive Disorder On The Main Character in *Ingrid Goes West* Movie Script. I want to make several steps analysis as follow:

1. To elaborate how the characteristics of the main character are presented in *Ingrid Goes West* movie script.
2. To describe what concept of obsessive disorder is mentioned in the main character of *Ingrid Goes West* movie script.

3. To elaborate how obsessive disorder of the main character are reflected in this movie script.

### **1.6 Benefit of the Research**

In this research is conducted to get more knowledge about the psychology theory of the obsessive disorder in *Ingrid Goes West* movie script.

1. Theoretical Benefits

The theoretical benefits of this research are expected to add insight and knowledge about a person's obsession with social media and how it can have a bad impact so that someone becomes an obsession with someone who is on social media, and It is also expected as a means of developing knowledge theoretically studied in lectures.

2. Practical Benefits

The practical benefits of the Research is to provide knowledge or experience in the application of the theory of obsession, especially in terms of characters who influence a literary work, especially in films. In addition, this research can be used as a source of reference and information in improving learning about obsessive disorder in lecture learning. And I hopes that this research can add new insight towards literature students or those who have an interest, especially regarding the obsession with social media and how it can cause a person to have obsessive disorder so that it can be used as a basis for further research.

### **1.7 Systematic Organization of the Research**

Before going to further discussion, I will describes the system of presentation such as follows:

#### **CHAPTER I: INTRODUCTION**

It consists of: background of the problems, identification of the problems, the identification of the problems, the limitation of the problems, the formulation of the problems, the objectives of the

research, benefits of the research, and systematic organization of the research.

## **CHAPTER II: FRAMEWORK OF THEORIES**

It consists of: the definition through intrinsic and extrinsic approaches. Intrinsic approach includes characterization, setting, plot. The applied extrinsic approach is psychological approach of obsession. Also includes previous related studies in order to support the research.

## **CHAPTER III: RESEARCH METHOD**

It consists of: time and location, research approach and method, research object and data, data collection technique, and data analysis technique.

## **CHAPTER IV: AN ANALYSIS OF OBSESSIVE DISORDER ON THE MAIN CHARACTER IN *INGRID GOES WEST* MOVIE SCRIPT**

It consists of: the presentation and analysis of the research based on formulation of the problems compiled in the first chapter. Analysis of the intrinsic and extrinsic approaches associated with the Title of *An Analysis of Obsessive Disorder on the Main Character in Ingrid Goes West Movie Script*.

## **CHAPTER V: CONCLUSION**

It consists of: a conclusion and evaluation from the previous chapters and the implication of the evaluated result that show the theme of this movie.