

CHAPTER 1

INTRODUCTION

1.1. Background of The Research

A novel is a story fragment that has the characteristics of an exposition structure, rising action, crisis, falling action, and resolution. The intended story aims to entertain and tell a fictional story that depicts the author's imagination. It is a description and sequence of events that include the character cast, and setting.

Verity Crawford is a famous novelist in New York. She has written three books series, the last of which is not completed because she had an accident. Jeremy Crawford is Verity's partner. Jeremy and Verity have twin daughters named Chastin and Harper and one son named Crew. Jeremy loves all of his children very much, he is a great husband to Verity and father to her children. At the age of 8 years their twins died in a row, Chastin died of allergies. After six months after the death of Chastin, his twin brother, Harper, also died from drowning while playing in a boat with Crew and his mother. Since the incident that took her two daughters away, Verity has begun rewriting her autobiography which she deliberately makes as if she were a bad person.

In the autobiography she tells of a sex-mad self, an irresponsible mother, but she loves Jeremy very much. Since Jeremy accidentally reads his wife's autobiography which contains a fictional story about Verity's crimes, he becomes angry at Verity and blames her for the deaths of her children. After that Jeremy no longer trusts Verity because Verity thinks Verity only cares about sex and is the cause of her daughter's death. On one occasion, Jeremy, who is angry with Verity, wants to kill Verity by strangling her, but because Jeremy is hesitant, he makes a plan to kill Verity as if the result of a car accident that left Verity paralyzed.

In this research, I am interested in analyzing this novel because it contains psychological problems found in the characters in this novel. Through this novel, I can find out that the characters use defense mechanisms such as sublimation and aggression as solutions to their anxieties.

1.2. Identification of the Problem

Based on the background of the problem above, I identified the problem that Verity Crawford had hidden desires that could not be fulfilled because she is morally wrong, therefore her sexual desires were poured into her autobiographical writing. Meanwhile, Jeremy Crawford's character is dealing with the deaths of his two daughters due to the accident, he carries out an attempted murder on his wife, Verity, who is scapegoated. Jeremy, so that he takes care of his children by himself.

I assume that the theme in this novel is a *Sublimation and Agression as Defense Mechanism from Anxiety on Verity and Jeremy Crawford* can be observed through literary elements and psychology of personality.

1.3. Limitation of The Problem

Based on the identification of the problem above, I limit the research by applying concept through intrinsic approach. Intrinsic approach such as showing and telling methods, characterization, plot and setting are used. I also use extrinsic approach: psychology literature and the psychological theory involving sublimation, aggression, and anxiety.

1.4. The Formulation of The Problem

Based on the limitation of the problem above, the problem in this novel can be formulated in order to prove Sublimation and Aggression as Defense Mechanism from Anxiety in Colleen Hoover's novel *Verity*. Therefore I formulated the problems as follows:

1. How is method of characterization used to analyze the characters in *Verity* novel by Colleen Hoover ?
2. What are the plot and setting that support the analysis of the theme in *Verity* novel by Colleen Hoover ?
3. How are the concept of psychology of literature used to analyze the theme?
4. How is the theme of *Verity* novel by Colleen Hoover reinforced by using those elements mentioned above?

1.5. Objective of The Research

Based on the formulation of the problem above, the purpose of this research is to prove the existence of Sublimation and Aggression as Defense Mechanism from Anxiety in Colleen Hoover's novel *Verity*. In order to reach this aim, I do several research stages as follows:

1. To analyze the characters as the supporting and proving the assumption.
2. To analyze plot and setting as the supporting to determine the theme.
3. To analyze the theme by using the concepts of psychology of literature.
4. To reinforce the theme by using the intrinsic and extrinsic approach.

1.6. Method of The Research

Method of the research used in this paper is qualitative approach through descriptive writing. Qualitative method is research procedure which produce descriptive data through written words or somebody's utterance and observable behaviour which leads on individual background.

R.B. Johnson & Onwuegbuzie, (as cited in Johnson & Christensen, 2014) qualitative research is used to describe what is seen locally and sometimes to come up with or generate new hypotheses and theories. Qualitative is also used when little is known about a topic or phenomenon and when one wants to discover or learn more about it. It is commonly used to understand people's experiences and to express their perspectives (p. 82).

Qualitative research is about immersing oneself in a scene and trying to make sense of it, whether at a company meeting, in a community festival, or during an interview. Qualitative researchers purposefully examine and make note of small cues in order to decide how to behave, as well as to make sense of the context and build larger knowledge claims about the culture (Tracy, 2013, p. 3).

The phrase qualitative methodology refers in the broadest sense to research that produces descriptive data, people's own written or spoken words and observable behaviour (Taylor et al., 2016, p. 7).

Based on three definitions of qualitative research above, I can conclude that qualitative research is a tool to describe a topic or phenomenon and to understand people's experiences and perspective through descriptive data, people's written and observable behaviour.

First, I use collecting data as the technique, several things to do are read, observe, and understand the novel "Verity". The primary source is the novel "Verity", another supporting data are books and articles from internet about literary research and psychoanalytic theory. Second, I analyse the data that have been collected in accordance with the formulation of the problem.

1.7. Benefit of The Research

Based on the methods of the research I have written, this research expects to influence the reader's point of view about psychoanalysis which deals with the unconsciousness of the mind. Defense mechanism which is to be used in this research will be expected to affect the reader on psychopathological approach to assess how a novel could be analyzed. Meanwhile, the combination of intrinsic (setting, plot, background, etc.) and extrinsic (psychoanalysis) will benefit on faculty of letters on analyzing fiction books.

1.8. Systematic Organization of The Research

In accordance to the title of the research above, the order of the presentation is wrtitten as follows :

CHAPTER I : INTRODUCTION

It consists of Background of The Problem, Book Review, Identification of The Problem, Limitation of The Problem, Formulation of The Problem, Objectives of The Research, Benefit of The Research, and Systematic Organization of The Reseachh.

CHAPTER II : FRAMEWORK OF THEORIES

It consists of Literature Review, intrinsic and extrinsic approaches. Intrinsic approach includes characterization (showing and telling methods), setting and plot. The applied psychological approach is

defence mechanism (sublimation and aggression) which reflected in Verity Crawford.

CHAPTER III : NOVEL *VERITY* THROUGH INTRINSIC APPROACH

It consists of point of view, characterization of the characters, plot, and settings of the novel. The concepts above appear in the number of sub-chapters.

CHAPTER IV : SUBLIMATION AND AGGRESSION AS DEFENSE MECHANISM FROM ANXIETY IN COLLEEN HOOVER'S NOVEL *VERITY*

It consists of a brief explanation of this chapter's content, analysis of the defence mechanism which occurs in the main character that suffer from anxiety. It also occurs with the setting, and plot. The concepts above appear in the whole chapter within the novel.

CHAPTER V : CONCLUSION

It consists of the evaluation from previous chapters and the implication from the evaluated result. The chapters above are followed by references, scheme of the research, research poster, curriculum vitae, and other required attachment.