

CHAPTER V CONCLUSION

After I analyzed Verity novel through the intrinsic approach which is consisted of characterization by first person-point of view that are inclusion storytelling technique and dramatic point of view method, setting, plot which is elaborated with the extrinsic analysis using aggression and sublimation concepts . It can be concluded that Verity in the novel Verity by Colleen Hoover reflects the anxiety which is defended by sublimation. I use the concept of sublimation to scrutinized the character of Verity. The result of the instrinsic approach that I elaborate with extrinsic approach are proving that the theme in this novel is *Sublimation and Aggression as Defense Mechanism from Anxiety in Colleen Hoover's Novel Verity*.

Methods of characterization used in this analysis are first -person point of view, first person point of view and inclusion story telling technique are the technique related to the main character as the narrator of the story delivers the story to the reader based on the author's experiences. In this novel, Lowen Ashleigh acts as both the narrator and the character within the story.

Plot used in this analysis has five structures, which are exposition, rising action, climax, falling action, and resolution. Each of those five structures are helpful for supporting the theme in this novel. Setting has five parts, that are setting as means of creating appropriate atmosphere, setting as a means of revelaling character, setting as antagonist, and setting as background for action. These four settings are helpful to support the assumption of this research.

Psychology of literature concepts which are used in this research are sublimation, aggression, and anxiety. Sublimation is a type of defense mechanism, in which morally unacceptable drive or idealization which are transformed into morally acceptable actions. Anxiety is the foundation of which defense mechanism such as sublimation to arise. I merge sublimation to the characterization, plot, and setting in order to reinforce the theme in this novel. Aggression is overt or covert which is a harmful, social interaction with the intention of inflicting damage or other harm upon other individual. I then merge the aggression to the characterization, plot, and setting to reinforce the theme.

The theme in this novel is reinforced by connecting the anxiety to the characterization, plot, and setting. So it will be sublimation and aggression as defense mechanism from anxiety in Colleen Hoover's novel Verity.

Moral of the story of this novel is lying is never been a good thing in relationship, because it brought a lot of misery. Verity did a lot of lies to her husband Jeremy. Verity fakes her paralysis, so he could get away from her depression. But,

such lie like that only brings his husband a misery. Jeremy is already grief about daughters for a long time has to face the reality that his wife is faking her own lie. Verity had to lie before about the death of her daughters in order to erase her own grief. So it is better to be truthful, or as what the title of the novel is written “Verity”.

