

# CHAPTER 1

## INTRODUCTION

### 1.1 Background of the Problem

Anxiety is often experienced by every individual consciously or unconsciously. Feelings of uneasy and fear can arise when an individual feels a threat in a physical or psychological form that causes anxiety. Someone then become more aware of something or someone. Anxiety also often raises a person's death instinct. The death instinct itself is one of the instincts that causes an individual to act aggressively towards others or hurt themselves.

Anxiety and death instinct can be said to be related. There are many real cases that say that anxiety is one of the triggers for a person's death instinct to appear. One case of anxiety that led to the death instinct occurred in South Korea by a singer and actress named Sulli. It is said that her anxiety arose when she received malicious comments from netizens which resulted in her taking her own life.

The problem of anxiety and death instinct also exist in literary works. Wellek & Warren (as cited in Nugrahini, 2014, p. 1) explained that literary work is the result of a human mindset of projecting real events in the world. Literary work can be said to be a reflection of real life that is miniature in the form of text so that it contains educational and life values that can benefit the reader. This explanation is in accordance with the literary function according to Horace, namely *dulce et utile*.

As in the movie script *Unsane* which the movie was released in 2018 tells the story of a woman named Sawyer Valentini who has been experiencing anxiety for two years because she is always being followed by someone who claims to love her named David Strine. Until one day Sawyer is admitted to the hospital after a consultation and stuck with her stalker disguised as a nurse at the hospital. Because of that, Sawyer becomes increasingly depressed from being in the hospital with her stalker. It also makes her act aggressively towards the nurses and patients there then ends up killing her stalker.

As explained above, most cases of anxiety end in suicide. In this movie script is different because the anxiety of the main character, Sawyer causing her death instinct to appear by acting aggressively to others and ends up killing her stalker.

This research writing has purpose to identify the forms of anxiety and death instinct of the main character in the movie script *Unsane* and how those affect her.

## **1.2 Identification of the Problem**

Based on the background above, I want to reveal the problem on the main character in movie script *Unsane*. Where Sawyer Valentini has to deal wither anxiety of being trapped with her stalker named David Strine in a hospital. It also gives rise to the death instincts in Sawyer. This research uses literary approach in order to analyze the literary work from the psychological perspective which are anxiety and death instinct.

## **1.3 Limitation of the Problem**

Based on the identification of the problem above, I am going to limit the problem through intrinsic and extrinsic approach. This research will analyze the characterization, plot, and setting through intrinsic approach also anxiety and death instincts through extrinsic approach by using Sigmund Freud's psychological theory.

## **1.4 Formulation of the Problem**

Based on the limitation of the problems above, the research is intended to answer the questions as follows:

1. What is the method used in this research?
2. What is the characterization, plot, and setting in this research?
3. What is the concept used in this research?

## 1.5 Objective of the Research

Based on the formulation of the problem above, the objectives in this research are as follows :

1. To analyze the method used in this research.
2. To analyze the characterization, plot, and setting in this research.
3. To analyze the concept used in this research.

## 1.6 Method of the Research

The method of the research that used in this paper is qualitative approach which focuses more on the use of narrative because in the context of interpretation of the text that is more favored and put forward are the narrative and description generated by the researcher who functions as an interpreter (Ahmadi, 2019, p. 6). In analyzing the object of the research, the method of content analysis is also used in this research. Martono (as cited in Wijaya, 2019, p. 26) explain content analysis method is a research methods that do not use humans as research objects. This method uses symbols or text in certain media (newspapers, online media, electronic media) to be processed and analyzed.

The primary data source in this research is *Unsane* movie script written by Jonathan Bernstein and James Greer. Secondary data is obtained by referring to reference books, journals, internet, or other relevant sources. Secondary data used in the study of reference books on the theory of fictional structure and the theory of literary psychology.

I will read, listen, and write down the problem data related to the intrinsic elements of the *Unsane* movie script, as well as problems with the anxiety and death instinct aspects of the main character in the movie script, and write down all the quotes that describe the main character.

By using content analysis method, I analyzed the data through dialog in the movie script and then relate them to the concept of intrinsic which consisting of characterization, plot, and setting. Then extrinsic elements which I am using psychological theory by Sigmund Freud to analyze the anxiety and death instinct and relate them to the intrinsic. Furthermore, for the writing method, I use the

descriptive analysis method, which means the results of the analysis are in descriptive form, not in the form of numbers.

## **1.7 Benefit of the Research**

This research is expected to be useful to those who are interested in getting deeper knowledge both in terms of theoretical and practical benefits.

### **1.7.1 Theoretical Benefit**

Theoretically, this research is expected to add and enrich readers' insights regarding the characteristics of characters in literary works, especially movie script as well as the theory of anxiety and death instincts which are expected to be a source of information for literary research.

### **1.7.2 Practical Benefit**

Practically, this research is expected to be a source of information about the movie script *Unsane* and understand it in terms of research from the perspective of literary psychology. In addition, this research is also expected to be a source or teaching material for English language and literature learners.

## **1.8 Systematic Organization of the Research**

### **CHAPTER 1 : INTRODUCTION**

This chapter discusses background of the problem, identification of the problem, limitation of the problem, formulation of the problem, objective of the problem, benefit of the research, and systematic organization of the research.

### **CHAPTER 2 : THEORETICAL FRAMEWORK**

This literature review / theoretical foundation chapter includes:

- a. Study Research which contains the results of previous research related to the research carried out.
- b. Theory basis which contains the theory that is used as the basis for research.

### **CHAPTER 3 : “UNSANE” MOVIE SCRIPT THROUGH INTRINSIC APPROACH**

This chapter reveals the intrinsic elements of the movie script and consists of character and characterization, plot, and setting.

### **CHAPTER 4 : ANXIETY AND DEATH INSTINCTS SHOWN BY MAIN CHARACTER SAWYER VALENTINI IN A MOVIE SCRIPT “UNSANE”**

This chapter delivers the data analysis and discussion of research finding. The analysis of the movie script which describe anxiety and death instincts shown by the main character Sawyer Valentini. The concept above must appear in the number of sub-chapters.

### **CHAPTER 5 : CONCLUSION**

This chapter serves the outline of the analysis result in the previous chapter.

