

CHAPTER 5

CONCLUSION

After analyzing the character Sawyer Valentini in the movie script *Unsane* (2018) through intrinsic approach, which consist of characterization by telling and showing method, plot, setting and with analysis through extrinsic approach by using psychoanalytic by Sigmund Freud to analyze the anxiety and death instincts.

By using the telling and showing method, it can reveal the main character, Sawyer. Then through the plot, we can see the conflicts faced by the main character. And through the settings, we can find out more details from the character to the plot.

Sawyer Valentini is a woman with a strong and brave character. The form of Sawyer's anxiety shows when she found out that she is being stalked by a man named David Strine. Even if she moved cities to avoid David, it still makes her feel not safe all the time and anxious. She always sees her stalker wherever she is. It even made her think of suicide and afraid to have romantic relationships with men.

Then the form of Sawyer's death instinct shows when she is admitted to the hospital without her will after consulting about her anxiety. Pressure from the hospital environment, some patients who bothered her, then David who is following her to the hospital and disguised as one of the nurse make her even more depressed. Because of that, Sawyer's anxiety and fear often make her to hallucinate and trigger her death instinct which is being aggressive towards others. When she has to escape from the hospital with David chasing her, she kills David.

This is proven by anxiety and death instinct theory that anxiety can lead to death instinct. In this movie script, the impact of anxiety and pressure from the environment could make the main character's mind hallucinate and causing her death instinct arise. Even after she killed her stalker, she still lives restlessly which she is still hallucinating that her stalker is still following her and almost killed people she doesn't know because of the effects of her hallucinations.

Anxiety certainly occurs in the real world consciously or unconsciously and it could greatly affect an individual. It can be caused because an individual feels a physical or psychological threat, also pressure from the environment and the people around. If it gets worse, it can trigger a person to hurt others or choose the path of suicide to release the burden.

This research is expected to be useful for further research that uses the movie script *Unsane* as research material through other approaches or concepts and can be used as a comparison to write a better analysis.

