

CHAPTER 5

CONCLUSION

After I have analyzed *The Secret to Happiness*, through the intrinsic approach, which is consisting of characterization by showing and telling method, plot, setting, elaborated with analysis through extrinsic approach by using guilty feeling and fear concept by Albertine Minderop and Rankin, it can be concluded that Alison in *The Secret to Happiness* novel by Jessica Redland reflects guilty feeling and fear. I use the concept of guilty feeling and fear to describe the personality of Alison. The result of the intrinsic approach that I have elaborated with the extrinsic approach proves that the theme of this novel is Guilty Feeling Caused Fear in The Novel “The Secret to Happiness” by Jessica Redland. This is because Alison as the character that I have analyzed reflects her guilty feeling and fear personality in the way she behaves.

Alison, as the main character in the novel *The Secret to Happiness*. Alison shows her guilty feeling and fear in their actions and behavior. Alison has a guilty feeling that includes fault and afraid, due to an accident that killed her entire family while celebrating her younger brother Fleur's birthday, but Alison has a stomachache and cannot participate, Alison is forcing her family to remain without her until an accident occurs and the entire family has killed. The condition that can be called guilt is when there is a conflict between the expression of impulses and moral standards. Alison feels guilty continues until she meets Dave, who is new hope for her. Ten years in a relationship but in the last four years, Dave has turned violent and likes to bully Alison.

Dave is new hope for Alison, but in fact, he has turned into a different person. Alison feels fear due to Dave's changing nature, but Alison cannot leave Dave because Dave is the only family Alison has. Dave always bullies Alison about her weight until Alison becomes insecure, and Alison meets her new friend Danniella. Danniella has become her best friend and helps Alison face her fears. Dave betrays Alison by going on vacation with his friends using their savings. Alison's limit of patience has run out,

and she ends her relationship with Dave. Alison gets up from her slump and starts looking for her happiness with her best friend Danniella.

The moral teaching of this research is that relationships that do not work must end immediately. Loving is no longer loving when it feels hurt. Having the only family is not a reason for us to keep it. If that person does not respect us anymore, then he is not family. Real family is a family that is always there in times of joy and sorrow. Support all our efforts and love us for who we are.

According to this research, it is potential for the next research to analyze *The Secret to Happiness* novel through other approaches or concepts. This research also can introduce the students of the English Language and Culture Department about guilty feeling and fear in literary work. This research also can be used as a comparison to write a better analysis.

