

CHAPTER 1

INTRODUCTION

1.1 Background of the Problem

Literature is the imaginative work that showing the human life in society which can be enjoyed, understandable, and also used by the society. Literature is also composition that tells us stories, dramatize situations, express emotions, and analyze many ideas. Literature consists of those writings which interpret the meaning of nature and life, in words of charm and power, touched with the personality of the author, in artistic forms of permanent interest (Henry Van Dyke: 1999). Literature consists of poetry, drama, fiction, and a lot of non-fiction writing, as well as oral, dramatic, and broadcast compositions, not necessarily in written format such as films and television programs. Literary works are the result of human thinking that tells about life related to feelings, ideas, and problems. (Julien Bonn, 2010:93).

The relationships between literary work and social life, such as the author uses social background in their literary work, such novel, they sometimes tell about the phenomenon around them. The phenomenon can be the social problem related with the politic issue, culture issue, crimes, etc. The form of the novel – style, structure, narrative techniques expresses its value system. The work of fiction imitates a world that precedes the text, and critics should recapture that world primarily by formal analysis of the text, although knowledge of the historical context and author are often important (Schwarz, 1986: 4). Based on the above explanation related with the relation between literary work and social life, people can criticize everything in literary wok. People can criticize using many of approach in a form of study analysis, such as sociological analysis and Psychoanalytic analysis.

On this study, I want to explore the analysis in one novel of Alex Michaelides entitled “The Silent Patient”. I want to use psychoanalytic approach as the literary approach. Psychoanalytic is the psychology method that analyzes about human psychology. This psychoanalysis is the theory from Sigmund Freud,

where the focus is on id, ego and superego of human related with conscious and unconscious mind.

“The silent patient” is a 2019 psychoanalytic fiction novel, author by Alex Michaelides. This story is about two artists — Alicia (a painter) and Gabriel (a fashion photographer), they have been married for seven years. Alicia Berenson is accused of killing her husband, in which he has shot several times in the face. Alicia has won the scene with the gun lying next to her and with a stiff face, after which she has not wanted to speak a word even for the next six years, she has remained speechless. He has also taken to a mental care facility called The Grove. This novel is told in the perspective of Theo Faber, a therapist who is quite arguably obsessed with Alicia's case and wants Alicia to speak. This novel is divided into four parts and at the beginning of the part there is a little excerpt from Alicia's journal. In the journal, Alicia has talked about her husband that is very kind; she has loved him so bad.

After Alicia has killed her husband, then she has painted about her naked painting, which has been painted with piercing sharp eyes. The title of her painting is Alcestis. Alcestis is a princess in Greek mythology who loves her husband very much. She has willing to sacrifice and die for her husband, then she has come back from the dead and she has not spoken anymore. The author brings his culture into this novel because this author is a real Greek. Like the quote he has given in this novel, “Every Greek knows his tragedies. The tragedies are our myths, our history — our blood. Only the Greeks will understand the mythology.

In this novel, beside the trauma there is also guilty and fear feeling. Guilt is the most important emotion in the moral sphere (Lamb, 1983), but the literature on this emotion depicts a nonhomogeneous picture of its several features. On the one side, guilt inflicts punishment and pain on individuals for their mistakes and can lead to psychopathology.

Two main approaches emerge from the review of the scientific literature on guilt. From the psychoanalytic perspective, guilt is a process within the individual that has the aim of punishment for bad actions. In line with this first theorization, guilt is activated in relation to fear of punishment for having transgressed social norms and it is the result of a past history of negative reinforcements fostering the

internalization of moral standards (Mosher, 1965). According to this point of view, guilt triggers a sort of expectation of punishment that mortifies the individual, motivating him to avoid transgressing ethical and moral norms in the future.

There are several reasons why I choose this novel. The first reason is that this novel tells about the universal perspective of humankind. The second reason is that the storyline is unique and it also having major plot twist in the end of the story. The third is that the psychoanalytic theory is one of the suitable theories to analyze the impact of the eviction in the major character's psychology. The fourth reason is that, id, ego and superego are the major focus of this analysis, and there are a lot of psychoanalytic issues related those three components in the novel, especially major character's psychology.

1.2 Identification of the Problem

Based on the background of the problems above, I limit the analysis to a narrow scope to avoid misinterpretation or misunderstanding and also to make my thesis more specific. I identify the problem of this research is regarding to the personality disorders that appear in character. Therefore I assume that there is prolonged personality disorder that lead to crime of The main character in Alex Michaelides Novel "The Silent Patient".

1.3 Limitation of the Problem

From the identification of the problems exposed above we get the broad dimension of the problem. I limit the research problem to the study of prolonged personality disorder that lead to crime in Alex Michaelides novel "The Silent Patient". Theories and concepts used are through the psychoanalytic approach. There are two sources of data in this study, primary data is "The Silent Patient" novel by Alex Michaelides and secondary data are taken from other sources related to primary data such as the author's biography, some books of psychoanalytic criticism, and references from internet related to "The Silent Patient" novel.

1.4 Formulation of the Problem

The problems in this study can be formulated to find a first step in analyzing the novel side in terms of its psychoanalytic approach. Based on the identification of the problem above, I have assumed that the character's personality disorder has an influence that leads to criminal activity. This research has several objectives to focus on. The research objectives are as follows:

1. What are the types of personality disorder reflected in the characters “The Silent Patient” novel ?
2. What are the causes of personality disorders that appear in the main characters in the novel “The Silent Patient” ?
3. What are the effects of action done by the characters in the novel “The Silent Patient” ?
4. What are the characterization, plot, setting and theme can be developed through intrinsic and extrinsic approach ?

1.5 Objectives of the Research

Based on the formulation of the problems, this research has several objectives to make it focused, I have conducted this research for the aims as follows:

1. To find out the the types of personality disorder reflected in the characters “The Silent Patient” novel with the psychoanalytic approach method.
2. To find out the causes of personality disorders that appear in the main characters in the novel “The Silent Patient”.
3. To find out the effects of action done by the characters in the novel “The Silent Patient”.
4. To find out the are the characterization, plot, setting and theme that can be developed through intrinsic and extrinsic approach ?

1.6 Method(S) of the Research

Arranging the research method is the initial step before doing the process of collecting data and analyzing them. The method in research is selected by considering its appropriateness with the research object. In this case, the object determines the method. This research is arranged based on the problem analyzed and the main purpose of the research.

Research is one of alternative ways done to investigate and improve the knowledge. The knowledge gained through research based on the reality and it is describe and measure systematically. I have used descriptive qualitative as a research method. It is qualitative because it deals with the natural phenomenon. Generally, qualitative method is used to analyze the problems which are not designed or arranged using statistic procedure (Subroto 2007: 5).

This research is using content analysis method. According to Cole (1988), it is a method of analysing written, verbal or visual communication messages. Content analysis is the study of recorded human communications such as dairy entries, books, newspaper, videos, text messages, tweets, Facebook updates etc. Being the scientific study of the content of communication, content analysis is actually the study of contexts, meanings, subtexts, intentions contained in the messages. In simple terms, content analysis is the analysis of what is being said, written or recorded. Through systematic classification process of coding and identifying themes or patterns. Content analysis is a research method for the subjective interpretation of the content of text data, (Hsieh & Shannon, 2005). To further make it easy to understand, we can say content is a message, and analysis its meaning.

According to Creswell (1994) qualitative research is a holistic method that involves discovery. Qualitative research is also described as an unfolding model that occurs in a natural setting that enables the researcher to develop a level of detail from high involvement in the actual experiences One identifier of a qualitative research is the social phenomenon being investigated from the participant's viewpoint. There are different types of research designs that use

qualitative research techniques to frame the research approach. As a result, the different techniques have a dramatic effect on the research strategies explored.

Ary (1979:295) has been stated that descriptive research studies are designed to obtain information concerning the current status of phenomena. This is directed toward determining the nature of a situation as it exists at the time of the study. Qualitative research is descriptive in what the researcher is interested in process, meaning, and understanding gained through word or picture (Creswell, 1994:145). Qualitative method is considered relevant to the present research since it involved the data collection for describing the existing of code switching. The design of this study is descriptive research to collect fact to obtain an accurate description of exiting status but also effort to trace interrelationship between facts that will provide a deeper insight into the phenomena. Moreover, the design of study provides a systematic, factual, and accurate description of a situation.

Beside descriptive method I have been applying descriptive qualitative approach. This method is based on the data which are words and not about the number (Zoltan, 2007; 17). It is called qualitative one, since the collected data are in the forms of sentence. The research is conducted by descriptive qualitative approach because the result of the data analyzed is in descriptive phenomenon such as word, sentences and utterance.

In this research, I will analyze “The Silent patient” novel by Alex Michaelides. In this research, I will use qualitative data based on the data from field and other source. The data of the study belong to descriptive-qualitative. So, data are the result of the writer note about the analysis of prolonged personality disorder that lead to crime in Alex Michaelides novel “The Silent Patient”. There are two sources of data in this study, primary sources are “The Silent Patient” novel by Alex Michaelides and secondary sources are taken from other sources related to primary data such as the author’s biography, some books of psychoanalytic criticism, and references from internet related to “The Silent Patient” novel.

In this study, technique of data collection is the library research. The steps in this library research are I will read the novel repeatedly, taking notes of important information, clarifying the data into several parts base on the clarification. The first step is I will prove the obtaining data by selecting the necessary one, the second step is I will analyze the data base on psychoanalytic theory of Sigmund Freud.

1.7 Benefit of the Research

The results of this study is useful for the lecturer who wants to learn more about caused of traumatic, fear and guilt, especially that are implemented in the novel. This study also can be advantageous and useful to the readers, especially to the students of English Department who are interested in psychoanalysis in literature and its aspects.

1.8 Systematic Organization of the Research

Based on the explanation above, the systematic presentation of this research is as follows:

CHAPTER I: INTRODUCTION

It consists of the background of the problems, identification of the problem, the limitation of the problem, the formulation of the problem, the objectives of the research, methods of the research, benefit of the research, and systematic organization of the research.

CHAPTER II: FRAMEWORK OF THEORIES

It consists of intrinsic theoretical and extrinsic theoretical review through psychoanalytic approaches that includes explanation on the concept of personality disorder.

CHAPTER III: ANALYSIS OF THE NOVEL THE SILENT PATIENT THROUGH INTRINSIC APPROACH

It consists of analysis of the characterization through showing and telling methods, analysis of setting and plot through the concepts of setting and plot. The analyses above are shown in some sub-chapters.

CHAPTER IV: ANALYSIS OF THE NOVEL THE SILENT PATIENT THROUGH EXTRINSIC APPROACH

It consists of analyzing the extrinsic approaches by psychoanalytic concept of personality disorder

CHAPTER V: CONCLUSION

It consists of conclusion from the previous chapters and proving the theme in this analysis is “Prolonged Personality Disorder that Lead to Crime in Alex Michaelides novel “The Silent Patient”.

