

CHAPTER 5

CONCLUSION

The conclusions are presented in accordance with the result of the data analysis in the previous chapter. The intrinsic approach which consists of characterization, plot, and setting, elaborated with analysis through extrinsic approach by using the theory of psychological manipulation which is divided into the psychological manipulation cheating and the effect of psychological manipulation.

Based on the result of the analysis in the previous chapter, I can conclude that Kate Elizabeth Russell novel *My Dark Vanessa* has showed the concept of psychological manipulation. The main characters Strane is described as the manipulators and Vanessa as the victim of psychological manipulation in their relationship. Strane, as the manipulators often uses some of the cheating of psychological manipulation in order to manipulate Vanessa to do what he wants. Vanessa who is described as a victim often showed the effect of psychological manipulation that Strane does to her. She often feels guilty and ashamed of what she has done to protect Strane. She also gets depressed and traumatized as the effect of psychological manipulation.

The theory of psychological manipulation cheating is shown from the characterization of Strane manipulative and tricky. Those characterizations are shown when Strane does the cheating of manipulation when he wants to achieve something as he does to Vanessa. As the victim of the psychological manipulation, Vanessa shows some characterizations that have shown the effect of psychological manipulation secretive and unconfident. The effect of psychological manipulation the emotional toll of manipulation and diminished self-reliance and lowered self-esteem make Vanessa become a secretive and unconfident person. She chooses to hide her feelings because she feels guilty of what happens to Strane. Besides the characterization, setting and plot of Kate Elizabeth Russell's novel *My Dark Vanessa* also shown the theory of psychological manipulation concept. In the plot, Strane shows his cheating of manipulation in the rising action and climax of the story. Meanwhile, Vanessa, as the victim shows the impact of the psychological manipulation self-reliance and lowered self-esteem in the climax of the story and entrapment and victimization in the resolution of the story. In the setting, Strane's house, as setting as a background of action and as a means of reinforcing theme is the place where Strane shows the cheating of psychological manipulation when he has sex with Vanessa and tells her not to tell anyone about their relationship. Ruby's office as the

setting as a means of reinforcing theme is the place where Vanessa shows the effect of psychological manipulation. She visits Ruby's office and tells her that she feels guilty because of what happens to Strane is because of her selfishness and she cannot stop him to abuse another girl.

The moral of the story in this novel is the implementation of psychological manipulation is dangerous and very subtle to be identified, so we need to be aware about that, and we must understand typical of manipulation because it will affect to our mental health. Also, we need to listen to the advice that people give to us, do not be denial, because sometimes the advice will help us to choose the best decision, if we cannot get help from around us, we can go to the expert like psychiatrist. The last one is we need to make peace with ourselves first in order to forgetting the past which traumatizes us.

