

CHAPTER I

INTRODUCTION

1.1. Background of the Research

There are many literature works in this world that can describe the reflection of the author's viewpoint or representative of human life today. Every literature work has purpose and meaning that the authors want to tell to the reader. One of them is Alice Oseman, the writer of *I Was Born For This*.

Alice Oseman is an author/illustrator and was born in 1994 in Kent, England. She has written four Young Adult contemporary novels about teenage disasters: *Solitaire*, *Radio Silence* and *I Was Born For This*. She is also the creator of Young Adult romance webcomic *Heartstopper*, which is now published in physical form by Hachette Children's Books.

I Was Born For This is Alice Oseman's third book, which was published on May 3, 2018. It's about a band called The Ark and their fandom. Jimmy is part of The Ark, the incredible popular English boyband that many people like. among of them, there is Angel Rahimi, a hijabi Muslim teen whose life revolves around The Ark. In the story we follow both Jimmy and Angel towards the Ark's concert in the O2: Angel meets up with other fans and is crazy excited, while Jimmy's anxiety is growing worse and worse. This book is what happens when their paths unexpectedly collide.

The story begin with Jimmy being anxious after he reads there is a big news about he has romantic relationship with Rowan, which is it is not true. After that, so many fans showing their happiness about that news, but Jimmy feels disappointed to his fans because why they feels happy for something not real.

After feeling disappointed and anxious to his fans, Jimmy should sign a new contract but he doesn't likes the new contract. After that, new problem come, There is a news about Rowan has a girlfriend named Bliss Lai, So many fans angry about that and because that, on the day The Ark's meet and greet, accident

happen, Jimmy meets Angel, The Ark's fans in a bathroom during the meet and greet. Things go downhill from then.

After they meeting, Jimmy loses his family heirloom in the bathroom. He thinks Angel stole his family heirloom and they arrange a meeting at King's Cross, where Jimmy suffers from a panic attack. Angel shields him from the fans, and they drive to his grandfather together. In Jimmy's grandfather house, Jimmy ask Angel why fans are so obsessed with their idols, why fans feel familiar with their idols and why fans can be so disappointed if their idols are not like what they think. After that, The Ark's member arrives at his grandfather's place as well and Jimmy tells he decides to leave the band but they trying to change Jimmy's decision.

Another topic this book covered was mental health. I really appreciate how this book showcased just how much anxiety can irrationally prevent someone from doing things, no matter how simple and easy they seem, how terrified it makes someone do something that might not even make sense to you, how much it can bring someone down paths of low self esteem and harmful thinking and how much it can hinder someone relationships and completely stunt someone life.

In a work of literature, there are few analyzes that can be used to examine a literary work. Moreover, this study is expected to be useful for those interested in getting deeper knowledge in analyzing the conflict behind the stories of the literary. This study is expected to be useful because I want to analyze it through intrinsic and extrinsic approaches. Through intrinsic approaches I use characterization, setting & plot. Through extrinsic approaches I use The Concept of Anxiety and The Concept of Defence Mechanism.

The reason why I choose *I Was Born For This* by Alice Oseman is because the story had something interested to analyse which are the anxiety of Jimmi's feeling because of fame. This study can be useful because I will analyse it through the intrinsic approach and extrinsic approach. Through the intrinsic approach, I use the Characterization, plot, and setting. Through the extrinsic approach, I use

psychological approaches of concept of anxiety and defence mechanism by Sigmund Freud's.

1.2. Identification of the Problem

Based on the background of the problem above, I identifies the problems of the research that it will be the subject of the research. This research aimed to discuss about the types and factors of Jimmi Kaga Ricci's anxiety and how he copes the anxiety with defense mechanism. To avoid broader analysis, I will focus on Jimmi Kaga Ricci as the main character. In this research, I assumes that the theme of this novel is *The Reflection of Anxiety and Defence Mechanism on Jimmy Kaga Ricci Character in Alice Oseman's Novel I Was Born For This*.

1.3. Limitation of the Problem

Based on identification of the problem above, the researcher put limits on the problem of the novel as follows:

1. The intrinsic element: analyzing plot, character and characterization, and setting.
2. The extrinsic element: analyzing the concept of anxiety and defence mechanism.

1.4. The Formulation of the Problem

Based on the limitation of the problem above, I assumes the theme of this novel is The Reflection of Anxiety and Defence Mechanism on Jimmy Kaga Ricci Character in Alice Oseman's Novel *I Was Born For This* true. In order to answer this question, the researcher formulates the problems as follows:

1. What are the characterizations of this novel through showing and telling methods?
2. What are the setting and plot of this novel?
3. What are the concept of Anxiety and Defence Mechanism through the characterizations, setting and plot??
4. What does the theme of this novel reinforce through the result of analysis of the intrinsic and extrinsic approaches.

1.5. The Objectives of the Research

Based on the formulations of the problem above, the researcher aims to show the theme of this research is The Reflection of Anxiety and Defence Mechanism on Jimmy Kaga Ricci Character in Alice Oseman's Novel *I Was Born For This*. In order to reach this aim, the researcher makes several steps as follows:

1. To analyze the characterization through telling and showing method of the novel "*I Was Born For This*".
2. To analyze the setting and plot of the novel "*I Was Born For This*".
3. To analyze the concept of anxiety and defence mechanism through characterizations, setting and plot.
4. To develop the theme through intrinsic and extrinsic approaches.

1.6. Methods of the Research

In this research, I uses the qualitative method and to understand this novel. The analysis of this research contains about explanation of intrinsic approach and extrinsic of literary work.

In this research, I uses two sources of data namely primary and secondary data sources. The primary data source is the novel itself, *I Was Born For This* by Alice Oseman. The secondary data are taken from other sources, which are several references related to the primary source and supported by several references related to the theory and concept suitable as a second source.

The method used in this term paper is library research, which means that the data from both, primary and secondary sources are collected and recorded in a sort document used as evidence.

The first step in analyzing the data of this research is trying to clarify the obtained data by selecting the necessary data and excluding the unnecessary ones. The second step is analyzing data based on Sigmund Freud's theory (Anxiety and Defence Mechanism).

1.7. Benefit of the Research

Based on the formulation of the problem above, this study is expected to be beneficial for those who are interested in getting deeper knowledge of the novel titled *I Was Born For This* by Alice Oseman. This study is expected to be useful for the readers to get best understanding about the concept of anxiety and defence mechanism and this study is expected to be useful for the readers to get deeper knowledge about mental health.

1.8. Systematic Organization of the Research

Related to the title of this research, the systematic presentation is written as follows:

CHAPTER I : Introduction

This chapter consists of Background of the Problem, Identification of the Problem, Limitation of the Problem, Formulation of the Problem, Objective(s) of the Research, Benefit of the Research, Method of the Research and/organizational Presentation.

CHAPTER II : Framework of the Theories

This chapter consists of the theories of Pickering and Hooper about (plot, character and characterization, and setting) and Sigmund Freud's theory (Anxiety and Defence Mechanism).

CHAPTER III : The Intrinsic Analysis Alice Oseman's Novel *I Was Born For This*

This chapter consists of the analysis of plot, character and characterization, and setting.

CHAPTER IV : The Reflection of Anxiety and Defence Mechanism on Jimmy Kaga Ricci Character in Alice Oseman's Novel *I Was Born For This*

This chapter consists of the analysis of anxiety and defence mechanism.

CHAPTER V : Conclusion

This chapter consists of conclusion which shows that the theme of this novel is *The Reflection of Anxiety and Defence Mechanism on Jimmy Kaga Ricci Character in Alice Oseman's Novel I Was Born For This* presented on overview of the research subjects in the previous chapters as well as implications from studies of other variables.