

**TRAUMA LEADS TO OBSESSIVE LOVE DISORDER ON
CONSTANCE IN CHARLOTTE LEVIN'S NOVEL *IF I CAN'T
HAVE YOU***

TERM PAPER

By

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**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND
CULTURE DEPARTMENT
FACULTY OF LANGUAGE AND CULTURE
DARMA PERSADA UNIVERSITY
JAKARTA
2021**

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CONSTANCE IN CHARLOTTE LEVIN'S NOVEL *IF I CAN'T
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Submitted in part-fulfillment of the requirements for obtaining

Sarjana Linguistik (S.Li) Degree



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2021**

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INTELLECTUAL PROPERTY STATEMENT

I hereby declare that the term-paper is the result of my own work and not plagiarism of another work, the contents have become my responsibility. All the sources of my research and quoted or referenced have been stated correctly.

Jakarta, July 09, 2021



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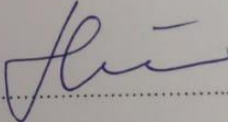
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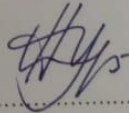
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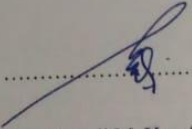
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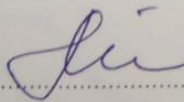
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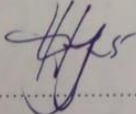
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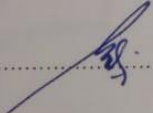
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This term paper is far from perfect but at least this term paper is useful for readers. Constructive thoughtful suggestion and criticism are welcomed for the improvement of this term paper.

Jakarta, July 09, 2021

Iqbal Sandy Setyawan

ABSTRACT

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Title : Trauma Leads to Obsessive Love Disorder on Constance in Charlotte Levin's Novel *If I Can't Have You*

This term of paper discusses psychological issue which is depicted by the main character named Constance in the novel If I Can't Have You. Constance's bad experience of being separated from her parents affects her romantic relationship in the novel. In addition, intrinsic and extrinsic approaches are also used to prove the theme in this novel. First, through an intrinsic approach, applying the concepts of Characterization, Plot, and Setting. Second, through an extrinsic approach, applying the concepts of Trauma and Obsessive Love Disorder. This research is qualitative research, type of library research, interpretive analysis using data collection methods in the form of text from the novel If I Can't Have You written by Charlotte Levin as the primary source and supported by several literature related to relevant theories, concept and definition as a secondary source. At the end of the research, it was concluded that in intrinsic analysis, Constance has personalities such as independent, helpful but also obsessive. In extrinsic analysis, Constance has a response to the trauma such as anxiety, fear, sadness and guilt. Constance also has symptoms of obsessive love disorder such as the thrill of new romance, revenge fantasies, rejection anxiety, denial, obsessive pursuit, obsessive jealousy, and savior complex. The trauma because of separation made Constance did not want to lose Dr. Samuel and made her obsessive towards Dr. Samuel. This intrinsic and extrinsic approach combine to make a theme in the novel If I Can't Have You.

Keywords: *Characterization, Plot, Setting, Trauma, Obsessive Love Disorder.*

ABSTRAK

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Judul : Trauma Leads to Obsessive Love Disorder on Constance in Charlotte Levin's Novel *If I Can't Have You*

Skripsi ini membahas masalah psikologis yang digambarkan oleh tokoh utama bernama Constance dalam novel If I Can't Have You. Pengalaman buruk Constance terpisah dari orang tuanya mempengaruhi hubungan romantisnya dalam novel. Selain itu, pendekatan intrinsik dan ekstrinsik juga digunakan untuk membuktikan tema dalam novel ini. Pertama, melalui pendekatan intrinsik, menerapkan konsep Penokohan, Alur, dan Latar. Kedua, melalui pendekatan ekstrinsik, menerapkan konsep Trauma dan Obsessive Love Disorder. Penelitian ini merupakan penelitian kualitatif, jenis penelitian kepustakaan, analisis interpretatif dengan menggunakan metode pengumpulan data berupa teks dari novel If I Can't Have You yang ditulis oleh Charlotte Levin sebagai sumber utama dan didukung oleh beberapa karya sastra yang berkaitan dengan teori, konsep dan definisi sebagai sumber sekunder. Di akhir penelitian, disimpulkan bahwa dalam analisis intrinsik, Constance memiliki kepribadian seperti mandiri, suka membantu tetapi juga obsesif. Dalam analisis ekstrinsik, Constance memiliki respon terhadap trauma seperti kecemasan, ketakutan, kesedihan dan rasa bersalah. Constance juga memiliki gejala gangguan cinta obsesif seperti sensasi romansa baru, fantasi balas dendam, kecemasan penolakan, penyangkalan, pengejaran obsesif, kecemburuan obsesif, dan keyakinan terhadap penyelamat. Trauma karena perpisahan membuat Constance tidak mau kehilangan Dr. Samuel dan membuatnya terobsesi dengan Dr. Samuel. Pendekatan intrinsik dan ekstrinsik ini berpadu menjadi tema dalam novel If I Can't Have You.

Kata kunci: Karakterisasi, Alur, Latar, Trauma, Obsessive Love Disorder.

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