

**ANXIETY AND GRIEF REFLECTED ON CARMEL  
SCHNEIDER CHARACTER IN LIANE MORIARTYS'  
NOVEL *NINE PERFECT STRANGERS***

**TERM PAPER**



**By:**

**KRISMON SIMBOLON**

**2016130123**

**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE DEPARTMENT  
FACULTY OF LANGUAGE AND CULTURE  
DARMA PERSADA UNIVERSITY  
2021**

**ANXIETY AND GRIEF REFLECTED ON CARMEL  
SCHNEIDER CHARACTER IN LIANE MORIARTYS'  
NOVEL *NINE PERFECT STRANGERS***

**TERM PAPER**

Submitted in part-fulfillment of the requirements for obtaining

*Sarjana Linguistik (S.Li) degree*



**By:**

**KRISMON SIMBOLON**

**2016130123**

**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE DEPARTMENT  
FACULTY OF LANGUAGE AND CULTURE  
DARMA PERSADA UNIVERSITY  
2021**

# INTELLECTUAL PROPERTY STATEMENT

## INTELLECTUAL PROPERTY STATEMENT PAGE

I hereby declare that the term paper is the result of my own work and not plagiarism of another work, the contents have become in my responsibility. All the sources quoted of references have been stated correctly.

Jakarta, 16 February 2021



Krismon Simbolon


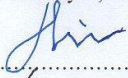
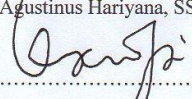
# TEST FEASIBILITY VALIDATION

## TEST FEASIBILITY VALIDATION

The term paper submitted by:

Name : Krismon Simbolon  
Reg. No. : 2016130123  
Study Program : Strata One (S-1) of English Language and Culture  
Title of the term paper : Anxiety and Grief Reflected on Carmel Schneider  
Character in Liane Moriarty's Novel *Nine Perfect Strangers*.

has been approved by Advisor, Reader, and Head Department of English Language and Culture to be tested in front of Board of Examiners on February 16, 2021 at English Language and Culture Department, Faculty of Language and Culture, University of DarmaPersada University, Jakarta.

Advisor :  .....  
Alia Afyati, S.S., M.Pd  
Reader :  .....  
Agustinus Hariyana, SS, M.Si  
Head Board of Examiners :  .....  
Dra. Kurnia Idawati, M.Si




# TERM PAPER VALIDATION

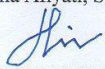
## TERM PAPER VALIDATION

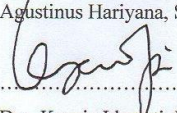
The Term Paper on February 16, 2021 has been academically tested and defended in front of

### THE BOARD OF EXAMINERS

Ones of whom sit as follow

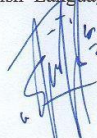
Advisor :   
.....  
Alia Afyati, S.S., M.Pd

Reader :   
.....  
Agustinus Hariyana, SS, M.Si

Head Board of Examiners :   
.....  
Dra. Kurnia Idawati, M.Si

Legally validated in Jakarta, March 15, 2021

Head Department of  
English Language and Culture



Dr. Yoga Pratama, M.Pd

Dean Faculty of  
Language and Culture



Dr. Eko Cahyono  
FAKULTAS BAHASA DAN BUDAYA

## ACKNOWLEDGEMENT

Praise to God for His mercy and blessing, I finally could complete this frustrating, perplexing, boring, and time consuming yet challenging research entitled Anxiety and Grief Reflected on Carmel Schneider Character in Liane Moriarty's Novel *Nine Perfect Strangers*.

This term-paper is submitted to the Strata One English Language and Culture of University of DarmaPersada as a partial fulfillment of the requirements for obtaining the Strata One (S-1) degree.

I would like to thank to all parties who have guided and supported me in finishing this term-paper. My appreciation is delivered to those who give contribution in the completion of this term-paper. Which I listed as follows:

1. Alia Afiyati, S.S.,M.Pd as the adviser in completing this term paper through the guidance and direction as well as the encouragement that are very useful and helpful for the preparation and writing of this term paper.
2. Agustinus Hariyana, SS, M.Si the reader who has given his valuable guidance, motivation, suggestion and help, during the writing process of this term paper.
3. Dr. Yoga Pratama, M.Pd as the Head of English Department.
4. Mr. Agustinus Hariyana, SS, M.Si as my P.A for 4 years. I am so much thankful for leading Class C to the glow until now.
5. Dr. Ir. Eko Cahyono as the Dean of Faculty of Language and Culture.
6. All lecturers in Faculty of English Language and Culture, English Language and Culture Darma Persada University. Thank you so much experiences and knowledges.
7. My beloved family who have given material assistance and moral support. Thank you very much to my lovely mother, my father, my brothers and My sister. Thank you all as always praying the best wishes for me. My

friends in English Department, class of 2016 until 2021, which always support and give many advices for me in every semester. You are the best for me.

8. Hengki Febrian Sihombing, Anjani Maharani Puteri, Fahri Alim Al Fahad, Dwi Putri Dinda, Nur Ismaya, Kristin, Tendy and others that I cannot mentioned one by one, but it does not lessen my respect to all of you who always ask and accompanying me to finish my term-paper, support me and give me advices and best wishes to my study.
9. My friends in KEDAI PALUGADA, Duduls, Dower, Siduy, Cepy, Kadal, Kelvin, Batak and Gono, all of you are the best groups and also in my life. Thanks for all your support and advices in good times and bad times. You guys are the best for me and thank you for the laugh and happy memories.

Hereby, this term-paper would not be perfect work without the constructive suggestion and criticism from all readers.

Bekasi, 14 January 2021

Writer



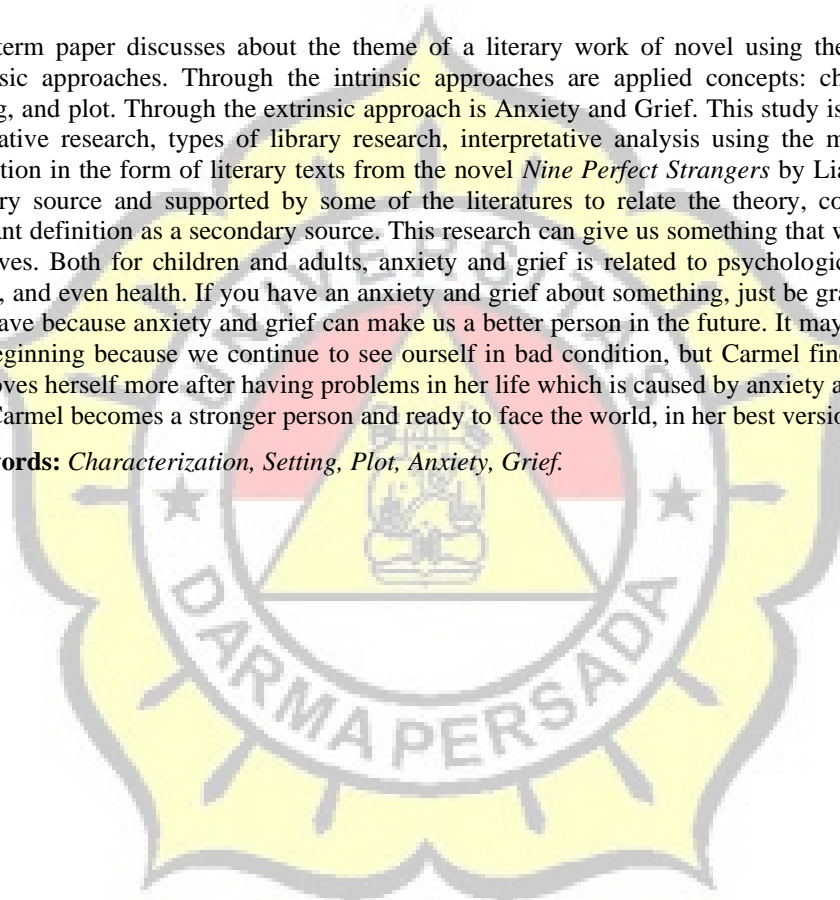
Krismon Simbolon

## ABSTRACT

Name : Krismon Simbolon  
Reg. No. 2016130123  
Study Program : English Language and Culture S-1  
Title : Anxiety and Grief Reflected on Carmel Schneider Character  
in Liane Moriarty's Novel *Nine Perfect Strangers*.

This term paper discusses about the theme of a literary work of novel using the intrinsic and extrinsic approaches. Through the intrinsic approaches are applied concepts: characterization, setting, and plot. Through the extrinsic approach is Anxiety and Grief. This study is the variety of qualitative research, types of library research, interpretative analysis using the method of data collection in the form of literary texts from the novel *Nine Perfect Strangers* by Liane Moriarty a primary source and supported by some of the literatures to relate the theory, concept and the relevant definition as a secondary source. This research can give us something that we can learn in our lives. Both for children and adults, anxiety and grief is related to psychological, emotional, social, and even health. If you have an anxiety and grief about something, just be grateful for what you have because anxiety and grief can make us a better person in the future. It may have a bad in the beginning because we continue to see ourself in bad condition, but Carmel finds her identity and loves herself more after having problems in her life which is caused by anxiety and grief in her life. Carmel becomes a stronger person and ready to face the world, in her best version of her.

**Keywords:** *Characterization, Setting, Plot, Anxiety, Grief.*





## ABSTRAK

Nama : Krismon Simbolon  
Reg. No. 2016130123  
Program Studi : S-1 Sastra Inggris  
Judul : Anxiety and Grief Reflected on Carmel Schneider Character  
in Liane Moriarty's Novel *Nine Perfect Strangers*.

Skripsi ini membahas tentang tema karya sastra novel dengan menggunakan pendekatan intrinsik dan ekstrinsik. Melalui pendekatan intrinsik diterapkan konsep: Karakterisasi, Latar, dan Alur. Melalui pendekatan ekstrinsik adalah *Anxietas* dan *Kesedihan*. Penelitian ini adalah berbagai penelitian kualitatif, jenis penelitian kepustakaan, interpretatif atau analisis dengan menggunakan metode pengumpulan data berupa teks sastra dari novel *Nine Perfect Strangers* karya Liane Moriarty sebagai sumber utama dan didukung oleh beberapa literatur untuk menghubungkan teori, konsep dan definisi yang relevan sebagai sumber sekunder. Penelitian ini dapat memberi kita sesuatu yang dapat kita pelajari dalam hidup kita. Baik untuk anak-anak maupun orang dewasa, kecemasan dan kesedihan berkaitan dengan psikologis, emosional, sosial, bahkan kesehatan. Jika Anda memiliki kecemasan dan kesedihan tentang sesuatu, syukuri saja apa yang anda miliki karena kecemasan dan kesedihan dapat membuat kita menjadi pribadi yang lebih baik di masa depan. Mungkin awalnya buruk karena kita terus melihat diri kita dalam kondisi buruk, tetapi Carmel menemukan jati dirinya dan lebih mencintai dirinya sendiri setelah mengalami masalah dalam hidupnya yang disebabkan oleh kecemasan dan kesedihan dalam hidupnya. Carmel menjadi orang yang lebih kuat dan siap menghadapi dunia, dalam versi terbaiknya.

**Kata kunci:** Karakterisasi, Latar, Alur, *Anxietas*, *Kesedihan*.

## TABLE OF CONTENTS

INTELLECTUAL PROPERTY STATEMENT.....	i
TEST FEASIBILITY VALIDATION.....	ii
TERM PAPER VALIDATION .....	iii
ACKNOWLEDGEMENT.....	iv
ABSTRACT .....	vi
<i>ABSTRAK</i> .....	vii
TABLE OF CONTENTS.....	viii
CHAPTER I: INTRODUCTION .....	1
1.1. Background of the Problem.....	1
1.2. Identification of the Problem.....	3
1.3. Limitation of the Problem .....	3
1.4. Formulation of the Problems.....	3
1.5. Objective of the Research .....	4
1.6. Method of the Research .....	4
1.7. Benefits of the Research.....	5
1.8. Systematic Organization of the Research.....	5
CHAPTER II: FRAMEWORK OF THEORIES .....	7
2.1. Intrinsic Approach .....	7
2.1.1. Characterization .....	7
2.1.2. Setting .....	9
2.1.3. Plot .....	11
2.1.4. Theme.....	13
2.2. Extrinsic Approach .....	13
2.2.1. Psychology .....	13
2.2.2. Psychology of Literature .....	14

2.2.3. Anxiety.....	14
2.2.4. Grief .....	16
<b>2.3. Literature Review .....</b>	<b>17</b>
 <b>CHAPTER III: ANALYSIS OF THE NOVEL <i>NINE PERFECT STRANGERS</i> THROUGH INTRINSIC APPROACHES .....</b>	
<b>3.1. Characterization .....</b>	<b>19</b>
3.1.1. Carmel Schneider .....	19
3.1.2. Maria Dmitrichenko .....	28
3.1.3. Joel .....	35
<b>3.2. Setting .....</b>	<b>39</b>
3.2.1. Setting as Background of Action .....	39
3.2.2. Setting as an Antagonist.....	40
3.2.3. Setting as a Means of Creating Appropriate Atmosphere.....	42
3.2.4. Settings as a Means of Revealing Characters.....	43
3.2.5. Setting as Reinforcing Theme .....	44
<b>3.3. Plot .....</b>	<b>45</b>
3.3.1. Exposition .....	45
3.3.2. Complication.....	47
3.3.3. Crisis .....	47
3.3.4. Falling Action.....	48
3.3.5. Resolution .....	49
 <b>CHAPTER IV: ANXIETY AND GRIEF REFLECTED ON CARMEL SCHNEIDER CHARACTER IN LIANE MORIARTYS' NOVEL <i>NINE PERFECT STRANGERS</i> .....</b>	
<b>4.1. Anxiety .....</b>	<b>52</b>
4.1.1. Neurotic Anxiety .....	52
4.1.2. Realistic Anxiety .....	53
4.1.3. The concept of Anxiety and Character.....	54
4.1.4. The Concept of Anxiety and Setting.....	55
4.1.5. The Concept of Anxiety and Plot.....	58

<b>4.2. Grief.....</b>	<b>62</b>
4.2.1. Shock and Numbness .....	63
4.2.2. Yearning and Searching .....	63
4.2.3. The Concept of Grief and Character .....	64
4.2.4. The Concept of Grief and Setting .....	65
4.2.5. The Concept of Grief and Plot .....	68
<b>CHAPTER V: CONCLUSION.....</b>	<b>72</b>
<b>REFERENCES.....</b>	<b>74</b>
<b>SCHEME OF THE RESEARCH.....</b>	<b>77</b>
<b>POSTER OF RESEARCH.....</b>	<b>78</b>
<b>PRESENTATION SLIDES.....</b>	<b>79</b>
<b>CURRICULUM VITAE.....</b>	<b>82</b>
<b>TOEIC RESULT.....</b>	<b>84</b>
<b>CONTROL BOOK .....</b>	<b>85</b>

