

**THE ANALYSIS OF DEFENSE MECHANISM FROM  
ANOREXIA NERVOSA IN ELLEN *TO THE BONE* MOVIE**

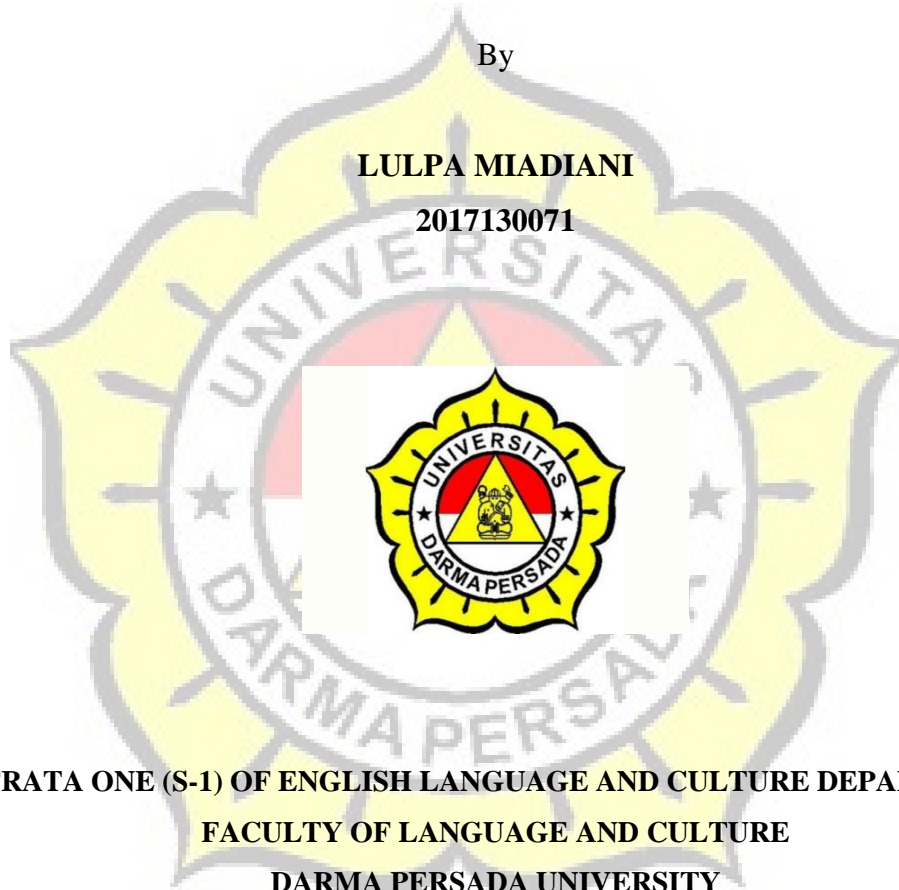
**SCRIPT**

**TERM PAPER**

By

**LULPA MIADIANI**

**2017130071**



**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE DEPARTMENT**

**FACULTY OF LANGUAGE AND CULTURE**

**DARMA PERSADA UNIVERSITY**

**JAKARTA**

**2021**

**THE ANALYSIS OF DEFENSE MECHANISM FROM  
ANOREXIA NERVOSA IN ELLEN TO THE BONE MOVIE  
SCRIPT**

**TERM PAPER**

Submitted in part-fulfillment of the requirements for obtaining  
*Sarjana Linguistik (S.Li)* degree



By

**LULPA MIADIANI**

**2017130071**

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**FACULTY OF LANGUAGE AND CULTURE**

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**2021**

## INTELLECTUAL PROPERTY STATEMENT

I hereby declare that this term paper is the result of my own academic research under the supervision of *Dra. Karina Adinda, MA.* not a plagiarism of someone else's in whole or in part. The contents have become my responsibility and all of the sources quoted from or referred to have been stated correctly based on the actual date and time.

Bekasi, 06 Juli 2021



**(Lulpa Miadiani)**

## TEST FEASIBILITY VALIDATION

The term paper submitted by:

Name : Lulpa Miadiani  
Reg. No : 2017130071  
Study Program : Strata One (S-1) of English Language and Culture  
Title of the term paper : The Analysis of Defense Mechanism from Anorexia Nervosa in Ellen *To The Bone* Movie Script

has been approved by Advisor, Examiner, and Head Department of English Language and Culture to be tested in front of Board of Examiners on July 30, 2021 at English Language and Culture Department, Faculty of Language and Culture, Darma Persada University, Jakarta.

Advisor



.....  
Dra. Karina Adinda, MA

Examiner



.....  
Syarif Hidayat, S.S, M.Hum

Head Board of Examiner



.....  
Alia Afiyati, SS, M.Pd

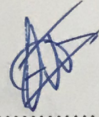
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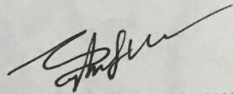
Ones of whom sit as follow

Advisor



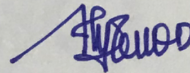
.....  
Dra. Karina Adinda, MA

Examiner



.....  
Syarif Hidayat, S.S, M.Hum

Head Board of Examiner



.....  
Alia Afyati, SS, M.Pd

Legally validated in Jakarta on August 18, 2021

Head Department of  
English Language and Culture



Dr. Yoga Pratama, M.Pd

Dean Faculty of  
Language and Culture



Dr. Ir. Eko Cahyono

Universitas Darma Persada | iii

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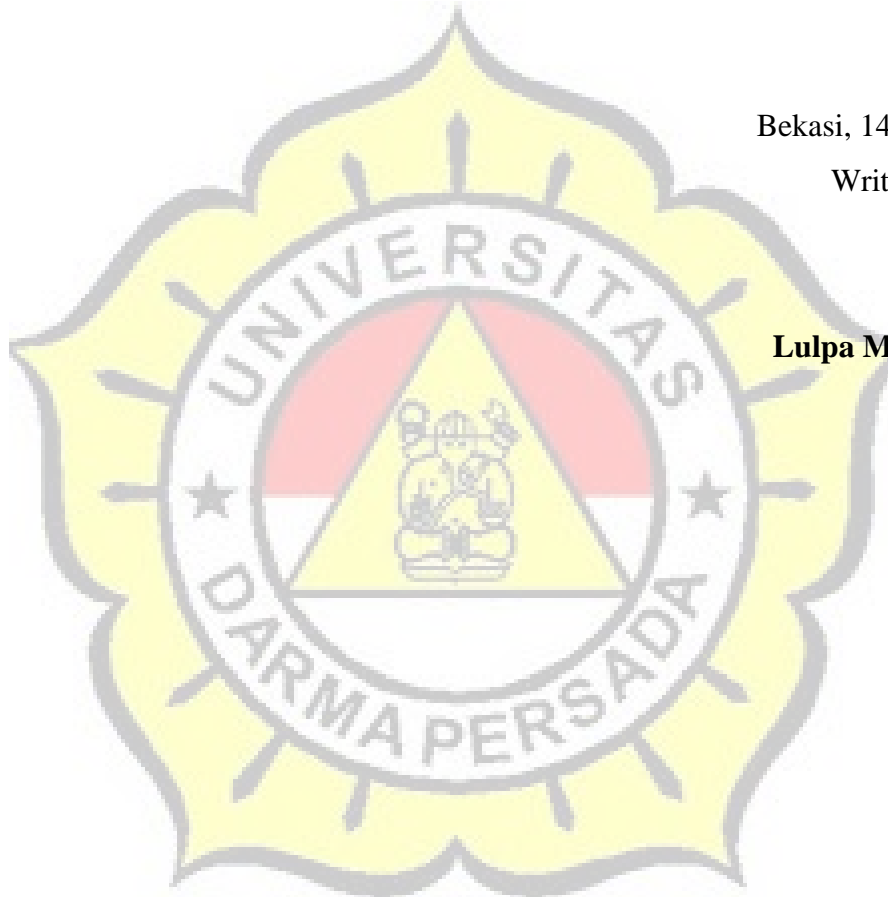
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This term paper is far from perfect, but it is expected that it will be useful for the readers. For this reason, constructive thoughtful suggestion and criticism are welcomed for the improvement of this thesis.

Bekasi, 14 July 2021

Writer

**Lulpa Miadiani**



## ABSTRACT

Name : Lulpa Miadiani  
Reg. No. : 2017130071  
Study Program : Strata One (S-1) of English Language and Culture  
Title : The Analysis of Defense Mechanism from Anorexia Nervosa in Ellen *To The Bone* Movie Script.

This term paper discusses about the theme of literary work of movie by using intrinsic and extrinsic approaches. Through the intrinsic approaches are applied concepts: characterization, plot and setting. Through extrinsic approaches are defense mechanism as rationalization and trauma concept. This study are the variety of qualitative research, types of library research, interpretative analysis using the method of data collection in the form of literary texts from the movie *To The Bone* by Marti Noxon as a primary source and supported by some of the literatures to relate the theory, concept and the relevant definition as a secondary source. The results of this study found that there was a defense mechanism action experienced by Ellen in the movie script *To The Bone*. The movie script is not only about Anorexia Nervosa, but also defense mechanism action as Rationalization and Denial by Ellen.

**Keywords:** *Characterization, plot, setting, defense mechanism, trauma.*



## ABSTRAK

Name : Lulpa Miadiani  
Reg. No. : 2017130071  
Study Program : Strata One (S-1) of English Language and Culture  
Title : The Analysis of Defense Mechanism from Anorexia Nervosa in Ellen *To The Bone* Movie Script.

*Skripsi ini membahas tema karya sastra film dengan menggunakan pendekatan intrinsik dan ekstrinsik. Melalui pendekatan intrinsik diterapkan konsep: karakterisasi, alur dan latar. Melalui pendekatan ekstrinsik adalah konsep Mekanisme Pertahanan sebagai Rasionalisasi dan Trauma. Jenis dari penelitian ini adalah dari berbagai penelitian kualitatif, jenis penelitian kepustakaan, interpretative / analisis dengan menggunakan metode pengumpulan data berupa teks sastra dari film *To The Bone* karya Marti Noxon sebagai sumber utama dan didukung oleh beberapa literatur untuk menghubungkan teori, konsep dan definisi yang relevan sebagai sumber sekunder. Hasil penelitian ini menemukan bahwa terdapat tindakan Pertahanan Diri yang dialami oleh Ellen dalam naskah film *To The Bone*. Naskah film ini tidak hanya tentang Anorexia Nervosa, tetapi juga ada tindakan pertahanan diri sebagai Rasionalisasi dan Penyangkalan oleh Ellen.*

**Kata kunci:** *Karakterisasi, Alur, Latar, Mekanisme Pertahanan, Trauma.*

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