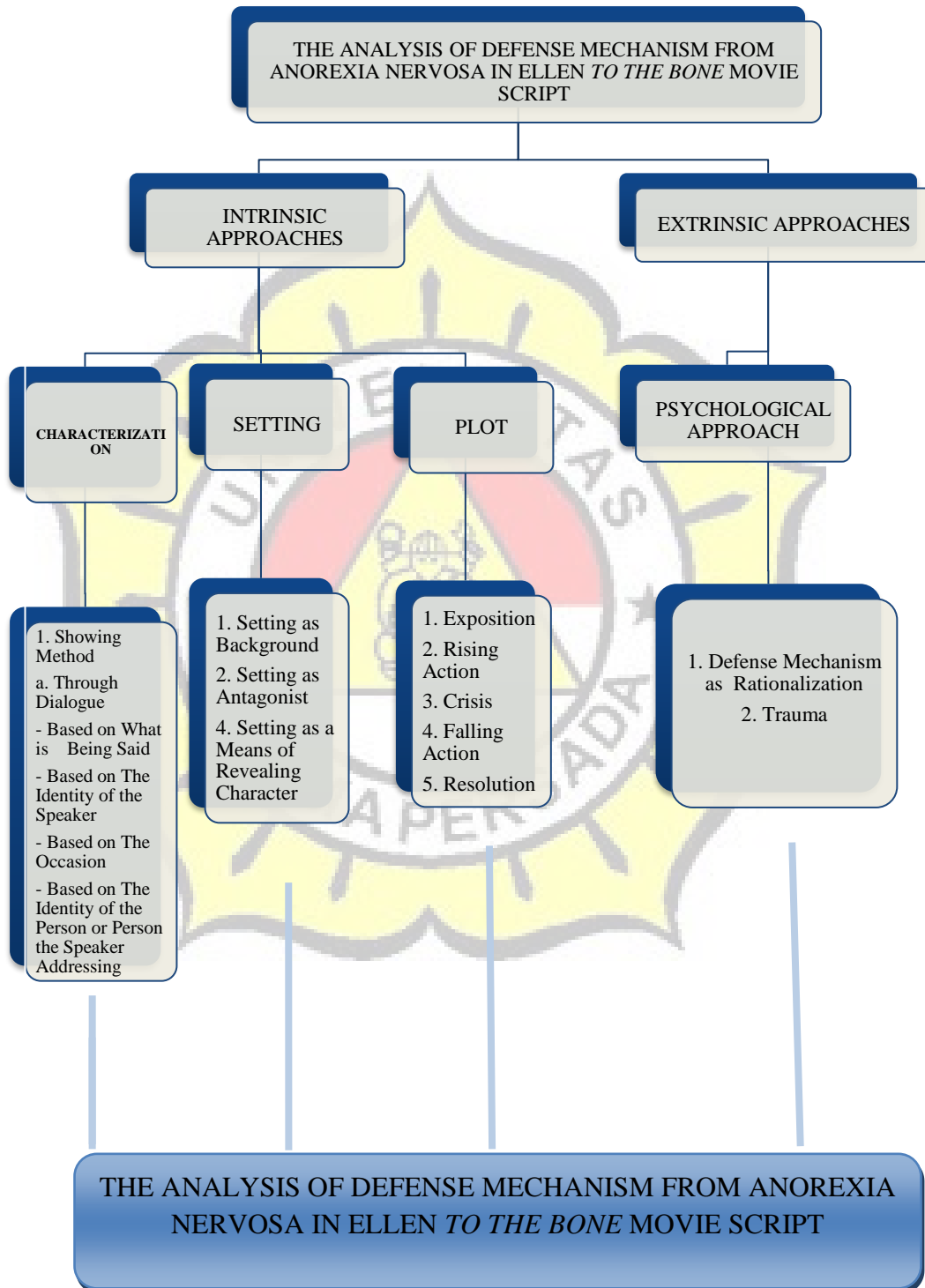



APPENDIX 1

SCHEME OF THE RESEARCH



APPENDIX 2



POSTER OF THE RESEARCH

	<p>THE ANALYSIS OF DEFENSE MECHANISM FROM ANOREXIA NERVOSA IN ELLEN <i>TO THE BONE</i> MOVIE SCRIPT</p>	
<p>Lulpa Miadiani 2017130071 Strata One (S-1) English Language and Culture Faculty of Humanities Darma Persada University</p>		
<p>BACKGROUND: There is no people in the world who have not problem in their life. During someone's life, she might experience that anorexia nervosaa becomes traumatic to him. The Anorexia Nervosa can create a trauma and depression because it might not happen as the way they expect to happen. And there is pressure from public opinion or views that make us think too much of the body so that it makes us depressed and always tries to have an ideal body. She will think about every calorie or every meal he will vomit later. The trauma of the ideal body is embedded in the psyche of both. This moves their body to refuse intake. The movie entitled To The Bone by Marti Noxon published in 2017 is one of a literary work that tells about Anorexia Nervosa. The story of this movie script portrayed Ellen as one of the main character who experiences Anorexia that leads to emergence of trauma and rationalization.</p>	<p>METHOD OF THE RESEARCH: In this research, I use qualitative research method, with colleting data as the technique, several things to do are watching, observe, indentifying and understand the film "To The Bone". The unit that is analyzed in this research is To The Bone Movie by Marti Noxon as the main source, and supported by several references, such as books and articles from internet that related to the study as a second source, associated with theory and concept. Then, I analyse the data that have been collected in accordance with the formulation of the problem.</p>	
<p>BENEFITS: This research is expected to be beneficial for students or researches whose are interested and explore more deeply about Marti Noxon's Movie script To The Bone. This study is expected to be useful for them who wants to analyze a literature by using Defense Mechanism as Rationalization and Trauma concept.</p>	<p>RESEARCH FINDING: This research can help us to know more about defense mechanism as rationalization and trauma concept. By understanding the characterization, plot, setting, and psychology that exist in this term paper. The reader can see the theme of this research easily. This research is useful to enrich psychological approach about defense mechanism as rationalization and trauma.</p>	<p>CONCLUSION: Through this research, the concept of defense mechanism as rationalization and trauma are reflected in Ellen's character. The concept of defense mechanism as rationalization and trauma are supported and related to the character, plot, and setting of the story. It means the movie script To The Bone reflects defense mechanism as rationalization and trauma.</p>

APPENDIX 3

CONTROL BOOK

Nama : Lulpa Miadiani
 Dosen Pembimbing : Dra. Karina Adinda, MA
 Judul Skripsi : The Analysis of Defense Mechanism from
 Anorexia Nervosa in Ellen *To The Bone*
 Movie Script
 Mulai Bimbingan : 15 Maret 2021
 Tahun Akademik : 2020/2021

No.	Hari & Tanggal	Catatan Pembimbing	Paraf
1.	15 Maret 2021	Pengumpulan Bab 1 via WhatsApp	
2.	16 Maret 2021	Bimbingan via WhatsApp membahas Bab 1	
3.	5 April 2021	Pengumpulan Bab 2 via WhatsApp	
4.	5 April 2021	Bimbingan via fc WhatsApp membahas Bab 1&2	

5.	21 April 2021	Bimbingan via fc WhatsApp	
6.	21 Juni 2021	Bimbingan via WhatsApp membahas Bab 3	
7.	4 Juli 2021	Pengumpulan Bab 3&4 via WhatsApp	
8.	5 Juli 2021	Pengumpulan Bab 5 via WhatsApp	
9.	6 Juli 2021	Bimbingan melalui fc WhatsApp membahas Bab 3,4&5	

Jakarta, 06 Juli 2021

Menyetujui :
Pembimbing I



(Dra. Karina Adinda, MA)

Mengetahui :

Pembimbing Akademik Studi

**Ketua Program Bahasa dan
Kebudayaan Inggris**



(Agustinus Hariyana, S. S, M. Si.)

(Dr. Yoga Pratama, M.Pd)

APPENDIX 4

PRESENTATION SLIDES




THE ANALYSIS OF DEFENSE MECHANISM FROM ANOREXIA NERVOSA IN
ELLEN TO THE BONE MOVIE SCRIPT



Lulpa Miadiani
2017130071

ENGLISH LANGUAGE AND CULTURE DEPARTMENT
DARMA PERSADA UNIVERSITY
JAKARTA 2021

Gratitude to :
Ucapan Terima Kasih
Kepada Pembimbing



Advisor
Dra. Karina Adinda, MA



Examiner
Syarif Hidayat, S.S, M.Hum



The Head of Board Examiner
Alia Afiyati, SS, M.Pd

BACKGROUND OF THE PROBLEM

Anorexia Nervosa which result in the disorder of psychology.



Due to the eating disorder makes a person to have psychological disorders that have a trauma and rationalization.

In the movie script To The Bone, the Anorexia Nervosa reflected in Eillen. She has concerned an ideal body , eating disorder appears due to the trauma experienced and rationalization.



Formulation of The Problem

1. What are the methods of characterization to be used in the movie To The Bone?
2. What are plot and background in the movie To The Bone?
3. Can the concept of Defense Mechanims be used to analyze the theme?
4. What is the theme of this research?

Objective of the Research

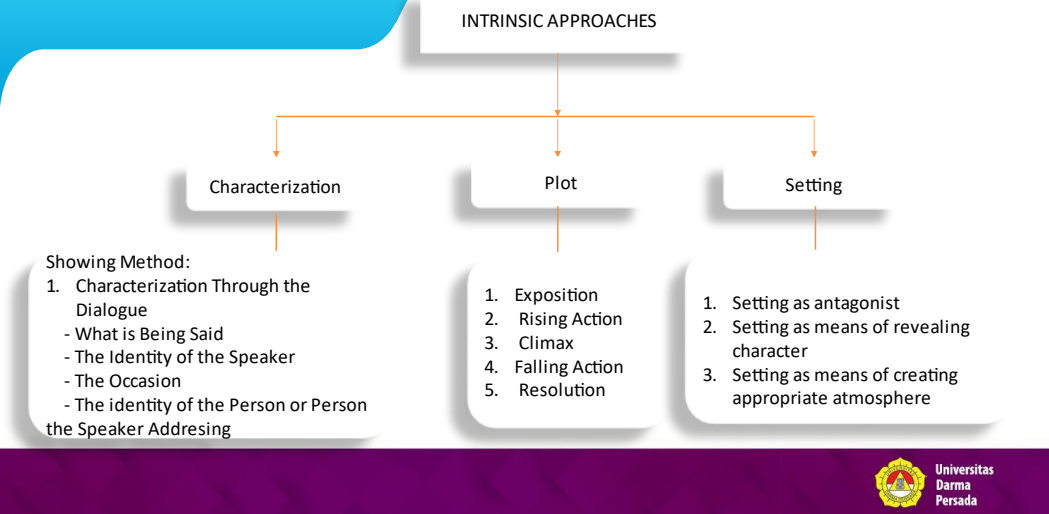
1. To analyze the characterization used showing can be used to study the character
2. To analyze the plot and background can support the theme.
3. To proving that defense mechanism impact can be used as a support in the psychology of literature
4. To proving that my assumption about this film is the use of defense mechanism on the main character.

Method of The Research

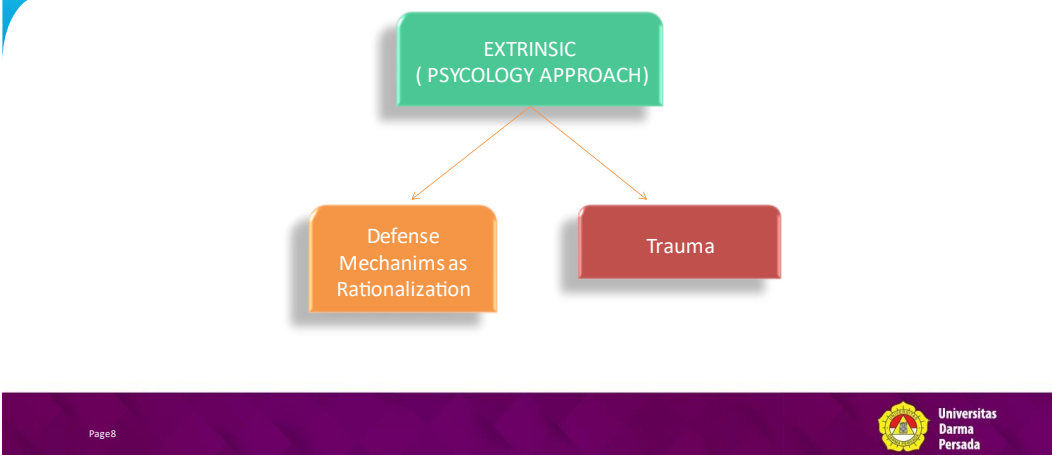
QUALITATIVE METHOD

Using file, book, journal, and also the movie script of To The Bone by Marti Noxon to analyze the data.

Framework of the Theories



Framework of the Theories

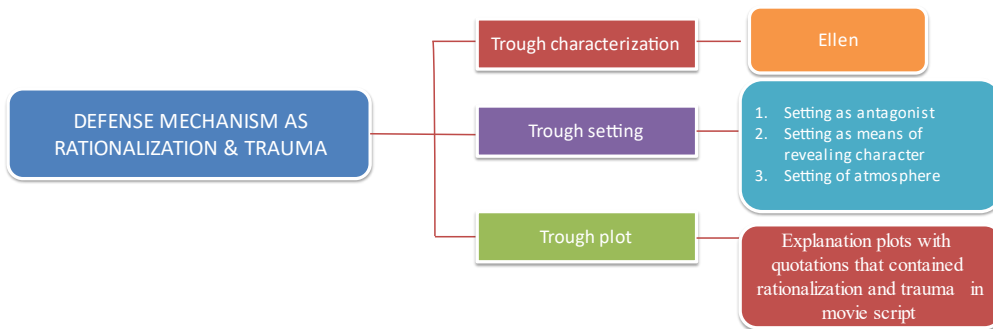




Research Finding and Analysis



The result of the analysis is I have found several dates that contained Rationalization and Trauma that reflected on Ellen as a main character of the movie script.



CONCLUSION



1

The intrinsic approach can be used to analyze To The Bone movie script. Such as characterization, settings, and plot.

2

The extrinsic approach can be used to analyze To The Bone movie script. Such as defense mechanism concept, it can be concluded rationalization is reflected in the To The Bone movie script by Marti Noxon. I use the concept of rationalization and trauma to describe the indications that exist in the movie script.

CONCLUSION



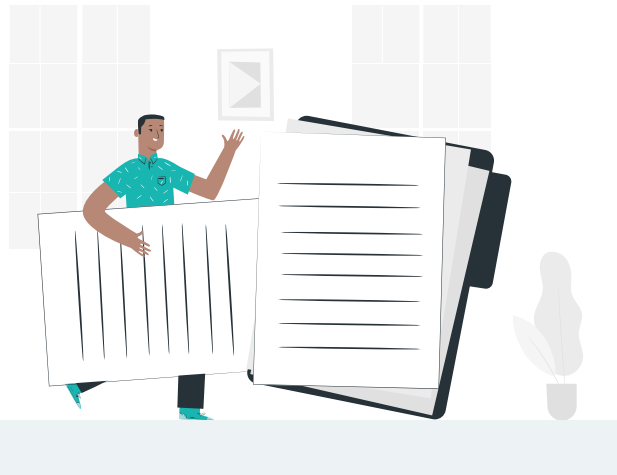
3

Psychology of literature concepts that are used in this research is rationalization and trauma. In accordance to the movie, Ellen has serious psychological problems in her life and her mind. I merge rationalization to the characterization, plot, and setting to reinforce the theme in this movie script. I then merge the trauma to the characterization, plot, and setting to reinforce the theme in this movie script.

Thank you





f  **in**




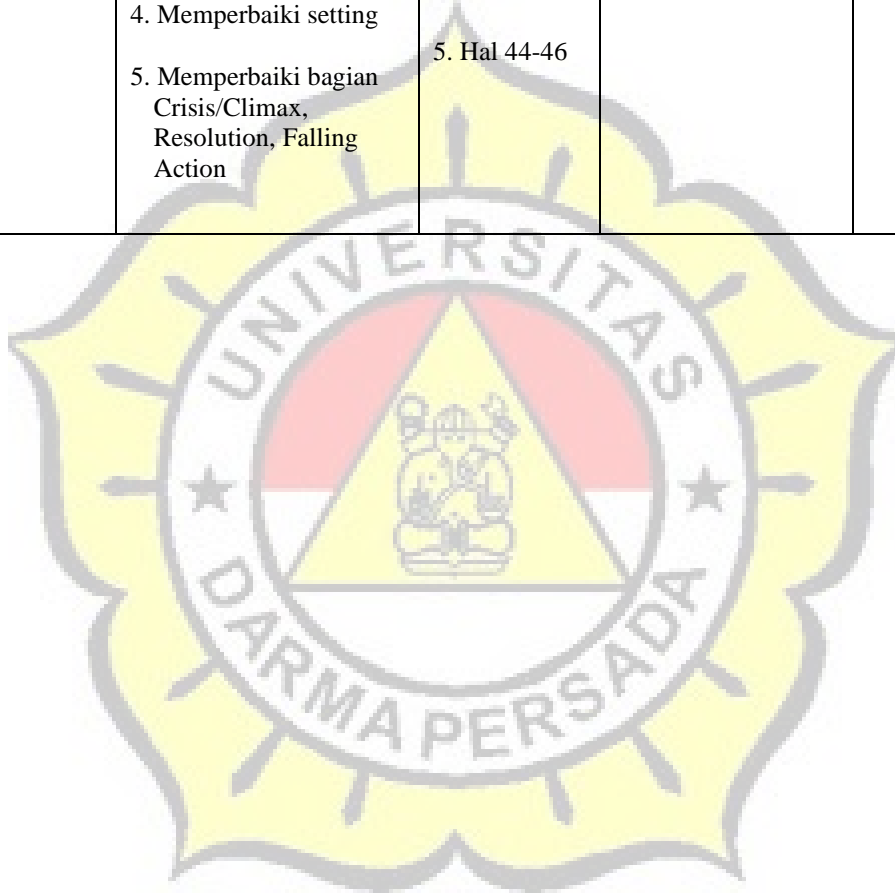
APPENDIX 5
REVISION AND LETTER OF APPROVAL

LEMBAR REVISI UJIAN SIDANG SKRIPSI PROGRAM
STUDI BAHASA DAN KEBUDAYAAN INGGRIS

Judul Skripsi	:	The Analysis of Defense Mechanism from Anorexia Nervosa in Ellen To The Bone Movie Script
Nama	:	Lulpa Miadiani
NIM	:	2017130071
Pembimbing	:	Dra. Karina Adinda, MA
Tanggal Ujian	:	30 Juli 2021


No	KETUA SIDANG /PEMBIMBING /PENGUJI	SARAN	HALAMAN REVISI	BUKTI SUDAH REVISI	TANDA TANGAN	TANGGAL
1.	Ketua sidang (Alia Afiyati, SS, M.Pd)	1. Memperbaiki Objective of The Research	1. Hal 4	Telah direvisi sesuai dengan saran pada halaman 4		6 Agustus 2021
2	Pembimbing (Dra. Karina Adinda, MA)	-	-	Telah direvisi sesuai dengan saran pada halaman.....		6 Agustus 2021


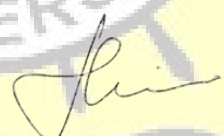
3	<p>Penguji (Syarif Hidayat, S.S, M.Hum)</p>	<ol style="list-style-type: none"> 1. Mengubah sublimation dan aggression menjadi Rationalization dan Denial 2. Menambahkan teori Denial dan memasukan web 3. Memperbaiki Abstrak, dan Formulation 4. Memperbaiki setting 5. Memperbaiki bagian Crisis/Climax, Resolution, Falling Action 	<ol style="list-style-type: none"> 1. Hal 16 2. Hal 16, 41 3. Hal vii, dan 3 4. Hal 36-38 47-54 5. Hal 44-46 	<p>Telah direvisi sesuai dengan saran pada halaman vii, 3, 16, 36-38 41, 44-46, 47-54</p>		<p>6 Agustus 2021</p>
---	---	--	---	---	---	---------------------------



LETTER OF APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of the Department, the term-paper submitted by Lulpa Miadiani entitled “**The Analysis of Defense Mechanism from Anorexia in Ellen To The Bone Movie Script**” has been approved and forwarded to the English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defence for obtaining *Sarjana Linguistik* (S.Li.) degree to the respective candidate.


Supervisor	Signature	Date
(Dra. Karina Adinda , MA)		Jakarta, 6 Juli 2021

Head of English language And Culture Departement	Signature	Date
(Dr. Yoga Pratama, M.Pd)		Jakarta, 13 Juli 2021
(Agustinus Hariyana, S.S, M. Si) Academic Advisor		Jakarta, 8 Juli 2021

Name	: Lulpa Miadiani
Student Number	: 2017130071

APPENDIX 6
TOEIC RESULT

English makes you different!
www.golden-course.com

 **GOLDEN**
ENGLISH

TOEIC® PREDICTION SCORE

Nomor Pokok Sekolah Nasional (NPSN) : K5667734

Serial No. GE.EPT.02A.0204


This is to certify that

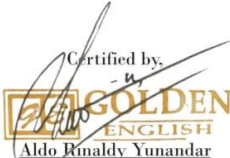
Lulpa Miadiani

has successfully completed the GE-EPT
(English Proficiency Test)

dated on 10 July 2021
conducted by Golden English

Listening	Reading
415	335
Overall Score 750	



Certified by

GOLDEN
ENGLISH
Aldo Rinaldy Yunandar
Managing Director

- The score above is used as prediction score for the TOEIC®
- The statement of achievement is valid for 6 (six) months as of the above date
- TOEIC® is registered trademark of Educational Testing Service. There is no relationship between Golden English and ETS.



APPENDIX 7

CURRICULUM VITAE

Personal Data

Name : Lulpa Miadiani
Nationality : Indonesian
Sex : Female
Place/Date of Birth : Jakarta, May 17, 1999
Address : Jl. Swadaya 2 RT 04/024 No. 16A
Kelurahan Kaliabang Tengah
Kecamatan Bekasi Utara
Kota Bekasi
Phone/Fax : 085780783116
E-mail : lulfadiani17@gmail.com



Formal Education

2005 – 2011 : SDN Perwira 8 Bekasi
2011 – 2014 : SMP Taman Harapan 2 Bekasi
2014 – 2017 : SMA Mutiara 17 Agustus Bekasi
2017 – 2021 : S1 Sastra Inggris Universitas Darma Persada

Organization Experiences

-

Research Experiences

2017

- Analisis Novel *Up At The Villa* karya W. Somerset Maugham (Introduction to Literature)
- Analisis Novel *Mourning Becomes Electra* karya Eugene O'Neill (Introduction to Literature)

2018

- Analisis Drama *Othello* karya William Shakespeare (Film & Drama Analysis)

- Analisis Drama *A Midsummer Night's Dream* karya William Shakespeare (Film & Drama Analysis)
- Analisis Film Pendek *Purnama di Terminal 3* (Film & Drama Analysis)
- Analisis Film *The Help* karya Tate Taylor (Sociology of Literature)
- Analisis Puisi *Fear No More* karya William Shakespeare (Poetry Analysis)
- Analisis Puisi *Sunday Morning* karya Wallace Stevens (Poetry Analysis)
- Analisis Film *My Name is Khan* karya Karen Johar (Sociology of Literature)
- Analisis Puisi *Love and a Question* karya Robert Frost (Poetry Analysis)

2019

- Analisis Film *King's Speech* karya Tom Hooper (Research Method)
- Analisis lagu *My Love* karya Weslife (Literary Criticism)
- Analisis film *King's Speech* karya Tom Hooper (Psychology of Literature)

2020

- Analisis Film *The Girl On The Train* karya Paula Hawkins (Seminar on Literature)

2021

- Analisis Film *To The Bone* script by Marti Noxon (Term Paper)

