

**ANXIETY AND BIPOLAR DISORDER CAUSED BY CHILDHOOD  
TRAUMA IN THE MAIN CHARACTER OF JENNIFER NIVEN'S  
NOVEL *ALL THE BRIGHT PLACES***

**TERM PAPER**



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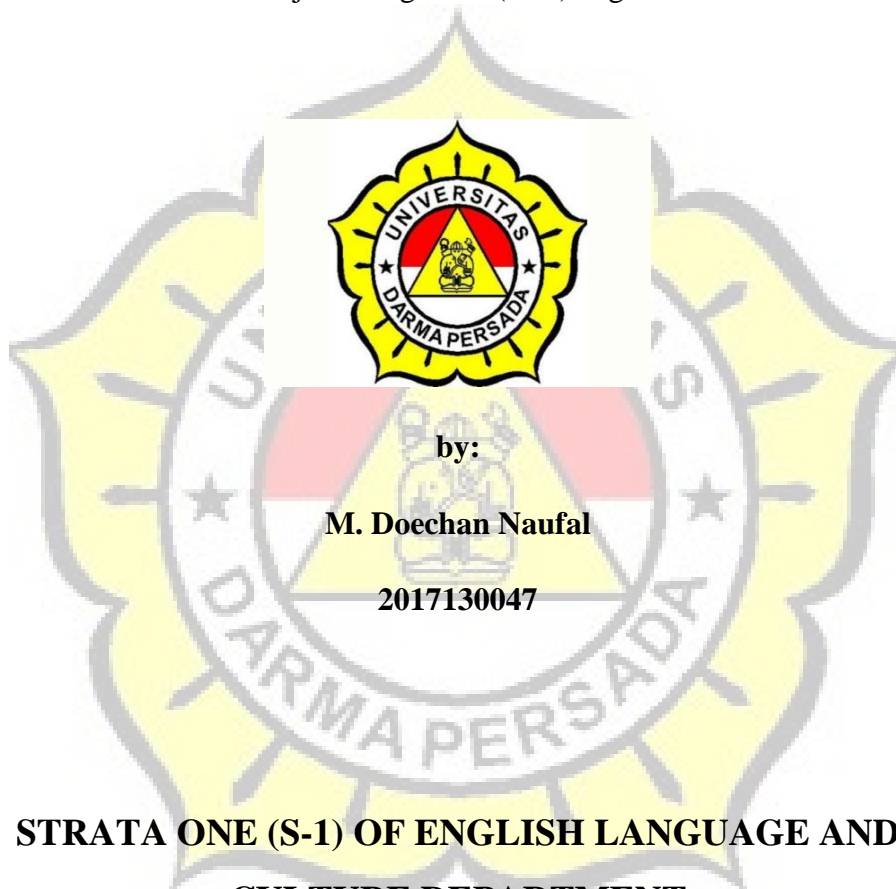
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**ANXIETY AND BIPOLAR DISORDER CAUSED BY CHILDHOOD  
TRAUMA IN THE MAIN CHARACTER OF JENNIFER NIVEN'S  
NOVEL *ALL THE BRIGHT PLACES***

**TERM PAPER**

Submitted in part-fulfillment of the requirements for obtaining

Sarjana Linguistik (S.Li) degree



by:

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Jakarta, July 12th 2021



(Mochammad Doechan Naufal)




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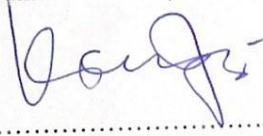
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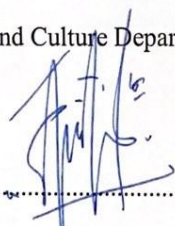
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This term paper far from perfect, but it is expected that it will be useful for the readers. For this reason, suggestions and constructive criticism are welcome.

Jakarta, July 12th 2021

The Writer



(Mochammad Doechan Naufal)

## ABSTRACT

Name : Mochammad Doechan Naufal

Reg. No. : 2017130047

Program of Study : English Language and Culture

Title : Anxiety and Bipolar Disorder Caused by Childhood Trauma in The Main Character of Jennifer Niven's Novel *All The Bright Places*

This study discusses a novel of *All the Bright Places* written by Jennifer Niven which tells about a young man named Theodore Finch. He feels anxious and afraid from the past scars because of physical abuse from his father. Theodore had Bipolar Disorder and getting a dark mood, as he try to divide his mind as the savior or to giving up his life. This term paper discusses about the theme of literary works of the novel by using intrinsic and extrinsic approach. Through the intrinsic approaches are applied concepts: characterizations, plot and setting. Through the extrinsic approaches are psychology of literature of anxiety and repression. This study are variety of qualitative research, types of library research, interpretative analysis using the method of data collection in the form of the literary texts from the novel of *All The Bright Places* as primary source and supported by some of the literatures to relate the theories, concepts and the relevant definitions as a secondary source.

**Keywords:** *Characterization, Plot, Settings, Anxiety, Bipolar*

## ABSTRAK

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Judul : Anxiety and Bipolar Disorder Caused by Childhood Trauma in The Main Character of Jennifer Niven's Novel *All The Bright Places*

*Penelitian ini membahas novel All The Bright Places karya Jennifer Niven yang menceritakan tentang seorang pemuda bernama Theodore Finch. Ia merasa cemas dan takut dari bekas luka masa lalu karena kekerasan fisik dari ayahnya. Theodore memiliki Kelainan Bipolar, dan suasana hati yang gelap, ketika ia mencoba untuk membagi pikirannya sebagai penyelamat atau untuk menyerahkan hidupnya. Makalah ini membahas tentang tema karya sastra novel dengan menggunakan pendekatan intrinsik dan ekstrinsik. Melalui pendekatan intrinsik diterapkan konsep: penokohan, plot dan setting. Melalui pendekatan ekstrinsik adalah psikologi sastra tentang kecemasan dan represi. Jenis penelitian ini adalah penelitian kualitatif, jenis penelitian kepustakaan, analisis interpretatif menggunakan metode pengumpulan data berupa teks-teks sastra dari novel All The Bright Places sebagai sumber utama dan didukung oleh beberapa literatur untuk menghubungkan teori-teori tersebut. , konsep dan definisi yang relevan sebagai sumber sekunder.*

**Keywords:** Karakterisasi, Alur, Latar, Ansietas, Bipolar

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