

CHAPTER 1

INTRODUCTION

1.1. Background of the Problem

Novel, an invented prose narrative of considerable length and a certain complexity that deals imaginatively with human experience, usually through a connected sequence of events involving a group of persons in a specific setting. Within its broad framework, the genre of the novel has encompassed an extensive range of types and styles; picaresque, epistolary, Gothic, romantic, realist, and historical to name only some of the more important ones.

A Novel is a kind of fiction, and fiction might be characterized as the workmanship or art of thinking up, through the composed word, portrayals of human existence that train or redirect or both. The different structures that fiction may take are best seen less as various separate classifications than as a continuum or, all the more precisely, a cline, with whatever short structure as the tale toward one side of the scale and the longest possible novel at the other. At the point when any piece of fiction is adequately long to establish an entire book, rather than a simple piece of a book, at that point it could be said to have accomplished a novel. However, this state concedes to its own quantitative classes, so a moderately concise novel might be named a novella, and an extremely long novel may flood the banks of a solitary volume and become a roman-fleuve, or stream novel. Length is a lot of one of the elements of the class.

Sorrow and hopeless as the All the Bright Places delivered a new sight of trauma effect which brought a whole new perspective of human psychological condition, as struggle with the emotional and physical scars of the past, Jennifer Niven drives the story to a twist and turns.

All the Bright Place's novel by Jennifer Niven, was released in January 2015 and has been named "the next The Fault in Our Stars" by Guardian. It was a New York Times bestseller and also won the Goodreads Choice 2015 award for YA Fiction. The novel has received tremendous praise, from the likes of Heat: "A

searingly honest and heartbreaking poignant tale about the power and beauty of love” and Kirkus: “Many teen novels touch on similar themes, but few do it so memorably”. Many big names also loved the novel, for example Zoe Sugg aka Zoella said “This book is amazing, I couldn’t put it down” and Jennifer E. Smith believes “It will break your heart and remind you what it means to be alive”.

The novel of the All the Bright Places creating a romantic atmosphere between two characters, Theodore Finch and Violet Markey as well as the physical war that happened in both of Theodore Finch and Violet Markey. They are a student in one of a high school in Indiana, Then there are time when their teacher gives the class an assignment before graduation to wander Indiana. They were travel together across Indiana and visiting new places and new people. Their meeting was very unexpected, when Violet Markey is losing her sister by a car accident and fell so lost to hope with her own life, but Theodore Finch pull her up after they were met in a awkward condition when Finch and Violet meet on the ledge of the bell tower at school. Beside that Theodore Finch with the past experiences that made a scars which often harassing his own psychological and causing him to feel anxious and caused him to change emotionally so drastically. Sometimes his emotional condition attack Violet Markey when Theodore Finch getting a pressure by society or environment. But Finch changing Violet and make her become a cheer full person again.

In this research, I analyze the background of the main character because I’m fascinating either by the story and the dark event which the main character had in the past of his life. The unexpected mind scars were created by the same mental illness issue. To understand the experience of a traumatic childhood and the new emotion which evolve after the event is the key to survive in the next generation, and to prevent the unwanted circumstances in the future.

1.2. Identification of the Problem

According to the background of the problem above, the main character Theodore Finch is a high school student from Indiana. He live with his sister. His Mother and his Father were divorced back then and Finch also explain that his dad having a mental illness and sometimes getting a “black mood” which attacked

Finch and sometimes nearly kills him. That's what makes Finch having a scar on his mind and sometimes he's gone wild. Then in a moment he met with a young girl Violet Markey whose also the student from the same high school as well. Finch always showing care to Violet because she just lost her sister in a car accident recently and the way Finch taking care Violet it makes her feel comfortable but its not the same with what Finch feel.

I assume that the theme in this novel is a *Anxiety and Bipolar Disorder caused by childhood trauma in the main character of Jennifer Niven's Novel All The Bright Places* which can be observed through literary elements and psychology of personality.

1.3. Limitation of the Problem

The limitation of the problem is according to the identification of the problem above, I limit the research by applying concept through intrinsic approach. Intrinsic approach such as showing and telling method, characterization, plot and setting, as well as an extrinsic approach which are psychology literature and the psychological theory involving anxiety and bipolar disorder.

1. Through an intrinsic approach; characterization, plot, setting
2. Through an extrinsic approach; the concept of psychology of literature that are Anxiety and Bipolar.

1.4. The Formulation of The Problem

Based on the limitation of the problem above, I formulate the problem as follows:

1. What are the plot and setting that support to analyze the theme in Jennifer Niven's novel *All The Bright Places*?
2. What are the concepts psychology personality through Anxiety and Bipolar?
3. How is the theme of Jennifer Niven novel entitled "*All The Bright Places*" be reinforced by using the intrinsic and extrinsic approaches?

1.5. The Objectives of The Research

Based on the formulation of the problem above, the purpose of this research is to prove the existence Bipolar Disorder and depression caused by childhood trauma in the main character of Jennifer Niven's novel *All The Bright Places*. In order to reach this aim, I do several research stages as follows:

1. To analyze the characters as to proving the assumption using showing and telling method.
2. To analyze the plot and setting in order to support the theme.
3. To analyze the theme by using the concepts of psychology of personality of Anxiety and Bipolar Disorder.
4. To reinforce the theme by using the intrinsic and extrinsic approach.

1.6. Method of the Research

Method of the research used in this paper is qualitative approach through descriptive writing. Qualitative method is research procedure which produce descriptive data through written words or somebody's utterance and observable behavior which leads on individual background.

Qualitative research is an exploratory approach emphasizing words rather than quantification in gathering and analyzing the data. It is a matter of the inductive, constructivist and interpretative exploratory approach with the following main stresses: to view the world with the eyes of the examinees, to describe and take into account the context, to emphasize the process and not only the final results, to be flexible and develop the concepts and theories as outcomes of the research process (Bryman, 2004).

First, I use collecting data as the technique, several things to do are read, observe, and understand the story of the *All The Bright Places*. The data collection in the form of literary text from *All The Bright Places* novel by Jennifer Niven as the primary resources.

Second, another supporting data are books as *Psikologi Sastra* by Prof. Albertine Minderop and journals from the internet about literary research and

psychoanalytic theory. I found three journals to support my research and to compare between my data and the journals

Third, I analyze that the data has been collected in accordance with the formulation of the problem and several references as a second source, associated with theory and concept.

1.7. Benefit of the Research

Based on method of the research above , this study aims for those who wish to deepen their insights in literature. This research may be useful for those interested in analyzing literary works using the concepts mentioned above. This research is useful because it is carried out through a new perspective or if the researcher is sure that he is doing something new and is not closed to further research.

1.8. Systematic Organization of the Research

In accordance to the title of the research above, the order of the presentation is written as follows :

CHAPTER I : INTRODUCTION

It consists of : background of the problems, literature review, identification of the problems, limitation of the problems, formulation of the problems, objectives of the research, method of the research, systematic organization of the research

CHAPTER II: FRAMEWORK OF THEORIES

It consists of Literature Review, intrinsic and extrinsic approaches. Intrinsic approach includes characterization (showing and telling methods), setting and plot. The applied psychological approach is Anxiety and Bipolar Disorder caused by childhood trauma in Theodore Finch as the main character of the All The Bright Places.

CHAPTER III : ALL THE BRIGHT PLACES THROUGH INTRINSIC APPROACH

It consists of point of view, characterization of the characters, plot, and settings of the novel. The concepts above appear in the number of sub-chapters.

CHAPTER IV : ANXIETY AND BIPOLAR DISORDER CAUSED BY CHILDHOOD TRAUMA IN THE MAIN CHARACTER OF JENNIFER NIVEN'S NOVEL ALL THE BRIGHT PLACES

It consists of a brief explanation of this chapter's content, analysis of the bipolar disorder which occurs in the main character that suffer from childhood trauma. It also occurs with the setting, and plot. The concepts above appear in the whole chapter within the movie script.

CHAPTER V : CONCLUSION

It consists of the evaluation from previous chapters and the implication from the evaluated result. The chapters above are followed by references, scheme of the research, research poster, curriculum vitae, and other required attachment.