

## CHAPTER V

### CONCLUSION

The conclusion are presents in accordance with the result of the data analysis in the previous chapter. The intrinsic approach which consists of characterization, plot, and setting, elaborate with analysis through extrinsic approach by using psychology of personality concept by Sigmund Freud, anxiety concept by Minderop and bipolar disorder concept by Michael Berk.

Based on the result of the analysis in the previous chapter, I can conclude that Freud's psychology of personality theory can be match with the novel *All the Bright Places*. Theodore Finch as the main character of this novel has got his development to reach the conclusion to his problem. Due to his anxious that occurring based on his childhood trauma which lead to bipolar disorder, Finch seems often to hide his own mental illness and if someone knew his situation his mood then changing drastically. On this theory supported by Minderop's theory. We can see the extrinsic elements are related with the main character on the novel, Theodore Finch who shown in the plot, setting and also the relation with the theory.

After analyzing the novel of *All the Bright Places* through the intrinsic approach, that consist of characterization by telling and showing, plot, setting, elaborated with the extrinsic analysis by using anxiety and bipolar disorder concept. It can be concluded Theodore Finch as the main character of *All the Bright Places* by Jennifer Niven reflects anxiety and bipolar disorder. I also use the concept of anxiety and bipolar disorder as to describe the personality of Theodore Finch. The result of intrinsic approach that I elaborate with the extrinsic approach are proves that the theme of this movie script is Anxiety and Bipolar Disorder caused by Childhood trauma in the main character of Jennifer Niven's novel *All the Bright Places*.

After I analyze about anxiety and bipolar disorder caused by childhood trauma and affect to the main character behavior, I find that the first occurring of

his anxious that when Theodore Finch meeting his father and witness some behavior that his father never done to him. The compassion of his father to his step brother is the main reason his anxious occur in the story therefore the feeling of anxious become the factor which leads to Finch's bipolar disorder. Finch's BPD also leads him to his obsessive character which is suicidal and then end his life in the last chapter of the story. What the main character had is a rough time with his childhood trauma that always there from the first time.

The moral of this novel is that Anything we do to a human can have an effect for a long period of time, in this case violence is very influential on the development of human nature. We also can't justify the nature of people and sometimes we have to make peace with ourselves to succumb to other human traits. Theodore Finch is a vivid example to reflect the failure of parents to provide love and attention. In this novel, Finch does not have enough time to be cared for by those around him, and many are not aware that Finch is not doing well. We can't directly point to people with this kind of disorder because anxiety can be a trigger for other mental conditions that we don't understand.

As people who do not have this type of disorder, we must be aware that this Finch character is present all around us and has not been seen by us. Theodore Finch needs to be heard and maybe if people out there get a good chance to live then we can fix them. But not all can be saved and Finch survived for a while. Violet Markey plays a very big role in improving Finch, and even though Violet fails, Finch has realized that he has that anxiety. A little message for people out there, to be open with people is not a disgrace but to save yourself from the darkness of life that may affect you. Never let other people suffer, hold on to them as hard as you can. As much as possible. Because we are here to survive together.

According to this research, it's potential for the next research to analyze the novel of *All the Bright Places* by Jennifer Niven through other approaches and concepts. This research can also introduce the student of English Language and Culture Department about the anxiety and bipolar disorder in literature work. This research also can be used as a comparison to write a better analysis.