

CHAPTER V

CONCLUSION

The conclusions are presented in accordance with the result of the data analysis in the previous chapter. The intrinsic approach which consists of characterization, plot, and setting, elaborat with analysis through extrinsic approach by using psychology personality concept by Sigmund Freud, and Anxiety concept by Minderop.

Based on the result of the analysis in the previous chapter, I can conclude that Freud's psychology personality theory can be match with the novel *Starling Days*. The feeling of Mina is getting trouble because of her post-traumatic life. The effect of the trouble feelings is Anxiety that Mina has done toward her husband Oscar and her life, this theory supported by Minderop's theory. We can see that extrinsic elements are related with Mina characterizations that shows in plot, setting and relation with the result of the theory.

After analyzing *Starling Days* novel through the intrinsic approach, which consists of characterization by telling and showing, plot, setting, elaborated with the extrinsic analysis by using anxiety and depression concepts, it can be concluded Mina in *Starling Days* novel by rowan Hisayo reflects anxiety and depression. I use the concept of anxiety and depression to describe the personality of Mina. The result of the intrinsic approach that I elaborate with the extrinsic approach are proves that the theme of this novel is Anxiety Creates Depression in The Main Characters on Rowan Hisayo's Novel *Starling Days*.

After I analyze about anxiety and depression caused of traumatic in the past life main character, I find something new in this novel, maybe there is the existence of bisexuality that happens in the main character and becomes a problem in this novel. The main character, Mina, have a bad thought to vent her resentment with attracted with the same sex after she did not get the pleasure of happiness after married with the man. She thinks that having special relationship with woman is better than with the man. Maybe this is one of the reasons the main character Mina

arbitrarily shows her obsessiveness to get the happiness life with having unexpected relationship that makes her life always getting the failure.

The moral of the story in this novel is that no matter how good the feeling is, if it is not properly maintained, it is meaningless. Mutual respect in a relationship is very important. We cannot be obsessive with all the things in this world, even in love, money, and everything, because if we not able to get that things, we can get the pressure in our life that can be makes our conscious mind is getting trouble and it becomes a bigger disease for our mental health because of the obsessive mind.

According to this research, it is potential for the next research to analyze Starling Days novel by Rowan Hisayo through other approaches and concepts. This research also can introduce the student of English Language and Culture Department about anxiety and depression in literature work. This research also can be used as a comparison to write a better analysis.

