

**THE EXPRESSION OF ANXIETY AND INNER CONFLICT IN  
THE NOVEL *I OWE YOU ONE* BY SOPHIE KINSELLA**

**TERM PAPER**



By:

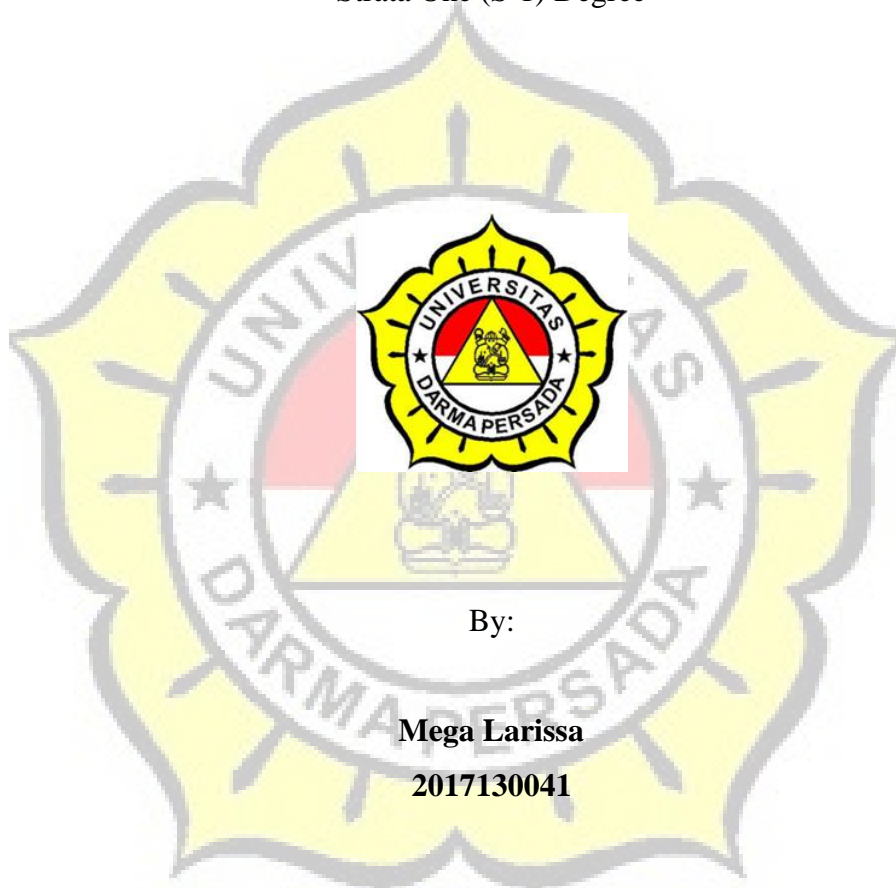
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**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE DEPARTMENT  
FACULTY OF LANGUAGE AND CULTURE  
DARMA PERSADA UNIVERSITY  
2021**

**THE EXPRESSION OF ANXIETY AND INNER CONFLICT IN  
THE NOVEL *I OWE YOU ONE* BY SOPHIE KINSELLA**

**TERM PAPER**

Submitted in Part Fulfilling for Obtaining  
Strata One (S-1) Degree



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**2021**

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**INTELLECTUAL PROPERTY STATEMENT PAGE**

I hereby declare that the term-paper is the result of my own work, not a half or total plagiarism of someone else, and all of the sources quoted or referred to have been stated correctly based on the actual date and time.

Jakarta, January 19<sup>th</sup>, 2021




(Mega Larissa)

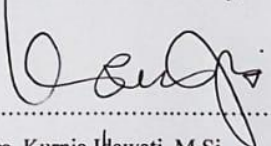
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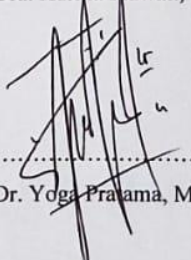
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**TERM PAPER VALIDATION**

The Term Paper on February 9<sup>th</sup>, 2021 has been fully tested and defended in front of

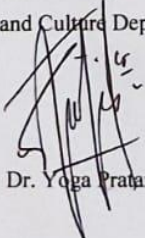
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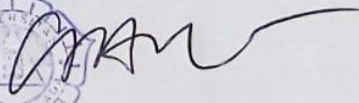

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FAKULTAS BAHASA

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This term-paper is far from perfection, hope this can be useful especially for the writer and the reader. Suggestions and constructive criticism are welcome.

Jakarta, January 19<sup>th</sup>, 2021

Writer

Mega Larissa





## ABSTRACT

Name : Mega Larissa  
Program of Study : English Language and Culture Department  
Title : **The Expression of Anxiety and Inner Conflict In  
The Novel *I Owe You One* by Sophie Kinsella**

This research discusses a novel by Sophie Kinsella which tells the story of a woman named Fixie Farr who prioritizes other people's affairs more than her own and always feels that it is her responsibility to solve all the problems faced by others. This study discusses the theme of literary works using two approaches, namely intrinsically and extrinsically. The concepts that I used to analyze through the intrinsic approach include characterization by using showing and telling methods, plot, and setting. In the extrinsic approach, I use the theory of anxiety and inner conflict. The results of this study indicate that the character of Fixie Farr experiences symptoms of anxiety such as fear, doubt, and feeling uncomfortable when facing a situation or problem which makes her think that she has to solve it. And Fixie Farr's character also experiences an inner conflict which is seen when she has to make decisions and no one supports and understands her. The novel *I Owe You One* is the primary source in this thesis and is supported by related theories, concepts, and definitions as secondary sources.

**Keywords:** Character, Plot, Setting, Anxiety, Inner Conflict, *I Owe You One* Novel

## ABSTRAK

*Nama* : Mega Larissa  
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*Judul* : **The Expression of Anxiety and Inner Conflict In  
The Novel *I Owe You One* by Sophie Kinsella**

*Penelitian ini membahas novel karya Sophie Kinsella yang mengisahkan tentang seorang perempuan bernama Fixie Farr yang lebih mengutamakan urusan orang lain daripada urusannya sendiri dan selalu merasa bahwa adalah tanggung jawabnya untuk menyelesaikan semua masalah yang dihadapi orang lain. Penelitian ini membahas tema karya sastra dengan dua pendekatan, yaitu secara intrinsik dan ekstrinsik. Konsep yang saya analisis melalui pendekatan intrinsik meliputi penokohan dengan menggunakan metode show and telling, plot, dan setting. Dalam pendekatan ekstrinsik, saya menggunakan teori kecemasan dan konflik batin. Hasil penelitian ini menunjukkan bahwa karakter Fixie Farr mengalami gejala kecemasan berupa ketakutan, keraguan, dan perasaan tidak nyaman saat menghadapi suatu situasi atau masalah yang membuatnya berpikir bahwa ia harus menyelesaikannya. Dan karakter Fixie Farr juga mengalami konflik batin yang terlihat ketika dia harus mengambil keputusan dan tidak ada yang mendukung dan memahaminya. Novel *I Owe You One* menjadi sumber utama dalam skripsi ini dan didukung oleh teori, konsep, dan definisi terkait sebagai sumber sekunder.*

**Kata Kunci** : Karakter, Alur, Latar, Kecemasan, Konflik Batin, Novel *I Owe You One*

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