

CHAPTER 1

INTRODUCTION

1.1. Background of the Problem

Literature is written artistic works. According to *Oxford Advanced Learner's Dictionary*, literature is writings that are valued as works of art, especially fiction, drama, and poetry (in contrast with technical books and newspapers, magazines) (Hornby, 1995: 687). Literature is fictional and imaginative writings including philosophy, prose fiction, poem, history and even scientific works (Hornby, 1995: 931)

A film, otherwise called a "film" or a "movie," is a progression of moving pictures appeared on a screen, as a rule with sound that make up a story. A few group like to consider new to be at the venue when they're delivered. Film drive the audience to feel and hear what the exactly the character's speak. Plot and the setting also support on how a film can be understand by the audience.

A fascinating plot and the complexity through the character *The Girl On The Train* was a new breakthrough in psychological film. Completely dark and deep as well as the Emily Blunt very strong character traits. As the Ted Taylor bring the new scene for psychological cinema, *The Girl on The Train* was a unique story at that time.

This movie is about Rachel Watson as main Character, she is 32 years old woman who experiences a failed marriage with her ex-husband, Tom Watson. The inability of Rachel to be pregnant and also Tom's affair with Anna were the reason of their divorce. She became an alcoholic to cope with her stress and loneliness. Rachel still remember their marriage with Tom. It can be seen when she rides the train window. When the train stops at a signal at Winey, she sees a happy couple that she named Jason and Jess who live a few houses away from Tom's house. Jason and Jess are Tom's neighbor who moved there two years ago after Rachel left the house. She always

imagines Jason and Jess life such as their job, what they are doing at home, and their family. One day, Rachel sees Jess kissing another man in her house. Later, she read in the news that there is a woman missing from the news and turns out it is Jess that she sees every day. Rachel tries to help looking for Megan because she holds important information about Jess. Rachel's unsatisfied safety needs and love and belonging needs makes her trying to get involved in Megan's case.

This mystery drama film premiered in America on October 7, 2016 with a duration of 112 minutes. The film is so intense and it is mix of drama and thriller which brought with a slow story building. The Girl on The Train film is one of the successful film on 2016, and the film entered various nominations in the film arena in America, London, Spain and Russia.

In this research, I am interested in analyzing this movie script, because it contains psychological problems found in the background of the film. Through the film, we can find out the main characters Rachel Watson has the trauma experienced in The Girl On The Train film. Specifically, I am interested to know the answer whether Rachel has Anxiety and Repression as Defense Mechanism.

1.2. Identification of the Problem

In this film Rachel Watson is the main character of The Girl on the Train. She worked in a public relation firm. Rachel had a husband named Tom Watson, but their marriage did not last long. From their marriage, they did not have any child. They divorced because Rachel was unstable and Tom was having affair. Since they divorced, Rachel's life became messed. According to the background of the problem above, I identified the problem of the character of Rachel always feels Jealousy, obsessive, imaginative, anxious and feels guilty, because Rachel had problems in her character's marriage changed. In order to dominate and feel secure over these feelings, she becomes a drunken woman. Rachel is anxious and scared because she has a dark past

where she cannot produce children from her marriage to ex-husband Tom. Usually a drunk doesn't care about the circumstances around him, but in contrast to Rachel she still has social sensitivity, she wants to help someone to reveal a murder mystery in which a woman named Megan has been killed, so far Rachel has always been amazed and jealous to see the harmony of Megan's household.

My assumption is Repression and Anxiety Create A Defense Mechanism in Tate Taylor's Movie Script THE GIRL ON THE TRAIN

1.3. Limitation of the problems

Based on the identification of the problems above, I limit the research on my theme by applied concept are through intrinsic approach, such as showing and telling method, characterization, plot and setting, as well as an extrinsic approach which are psychology of literature, anxiety, repression. By apply the concepts and theories as follow

1. Through an intrinsic approach: characterizations, plot and setting
2. Through an extrinsic approach: which is psychology personality and the concept that are Anxiety and Repression as Defense Mechanism by Sigmund Freud and Hilgard

1.4. The Formulation of The Problem

Based on the limitation of the problem above, I formulate the problem as follows:

1. What are the methods to be used to analyze the characterization in The Girl On The Train film by Tate Taylor?
2. What are the plot and setting to be used to analyze the theme?
3. What are the concepts psychology personality through anxiety and repression to analyze the theme?

4. What is the theme of Tate Taylor movie entitled “The Girl On The Train be reinforce by using and extrinsic approaches?

1.5. The Objectives of The Research

Based on the formulation of the problem above, the purpose of this research is to prove the existence Repression and Anxiety Create a Defense Mechanism in Tate Taylor’s Movie Script The Girl on The Train. In order to reach this aim, I do several research stages as follows:

1. To analyze the characters as the supporting and proving the assumption by using telling and showing method.
2. To analyze plot and setting as the supporting to determine the theme.
3. To analyze the theme by using the concepts of psychology of personality of anxiety and repression.
4. To reinforce the theme by using the intrinsic and extrinsic approach.

1.6. Method of the Research

Method of the research used in this paper is qualitative approach through descriptive writing. Qualitative method is research procedure which produce descriptive data through written words or somebody’s utterance and observable behavior which leads on individual background.

Qualitative research is multi-method in focus, involving an interpretive, naturalistic approach to its subject matter. This means that qualitative researchers study things in their natural settings, attempting to make sense of or interpret phenomena in terms of the meanings people bring to them. Qualitative research involves the studied use and collection of a variety of empirical materials case study, personal experience, introspective, life story interview, observational, historical, interactional, and visual

texts-that describe routine and problematic moments and meaning in individuals' lives. (Denzin & Lincoln, 2005: 2)

Qualitative researchers are concerned with the meaning people attach to things in their lives. Central to the phenomenological perspective and hence qualitative research is understanding people from their own frames of reference and experiencing reality as they experience it (Corbin & Strauss, 2008).

Qualitative research is a board umbrella term that covers a wide range of techniques and philosophies; thus it is not easy to define. In board term, qualitative research is an approach that allows you to examine people's experiences in detail by using a specific set of research methods such as in-depth interviews, focus group discussions, observation, content analysis, visual methods, and life histories or biographies. (Monique Hennink, Inge Hutter & Ajay Bailey, 2010: 10).

Based on three definitions of qualitative research above, I conclude that qualitative research is topics to understand the experiences and perspectives of others through descriptive data and observable behaviors.

First, I use collecting data as the technique, several things to do are read, observe, and understand the film *The Girl On The Train*. The nature of data collection in the form of literary text from *The Girl On The Train* movie script by Tate Taylor as the primary resources, another supporting data are books and articles from the internet about literary research and psychoanalytic theory. Second, I analyzes the data that have been collected in accordance with the formulation of the problem and several references as a second source, associated with theory and concept.

1.7. Benefit of the Research

Based on method of the research above, this study aims for those who wish to deepen their insights in literature. This research may be useful for those interested in analyzing literary works using the concepts mentioned above. This research is useful

because it is carried out through a new perspective or if the researcher is sure that he is doing something new and is not closed to further research.

1.8. Systematic Organization of the Research

In accordance to the title of the research above, the order of the presentation is written as

follows :

CHAPTER I : INTRODUCTION.

It consists of : background of the problems, literature review, identification of the problems, limitation of the problems, formulation of the problems, objectives of the research, method of the research, systematic organization of the research

CHAPTER II: FRAMEWORK OF THEORIES.

It consists of Literature Review, intrinsic and extrinsic approaches. Intrinsic approach includes characterization (showing and telling methods), setting and plot. The applied psychological approach is *Defense Mechanism* (Repression and Anxiety) which reflected in Rachel Watson as the main character of *The Girl On The Train*.

CHAPTER III : THE GIRL ON THE TRAIN THROUGH INTRINSIC APPROACH.

It consists of point of view, characterization of the characters, plot, and settings of the movie script. The concepts above appear in the number of sub-chapters.

CHAPTER IV : REPRESSION AND ANXIETY CREATE A DEFENSE MECHANISM IN TATE TAYLOR'S MOVIE *THE GIRL ON THE TRAIN*.

It consists of a brief explanation of this chapter's content, analysis of the defense mechanism which occurs in the main character that suffer from anxiety. It also

occurs with the setting, and plot. The concepts above appear in the whole chapter within the movie script.

CHAPTER V: CONCLUSION.

It consists of the evaluation from previous chapters and the implication from the evaluated result. The chapters above are followed by references, scheme of the research, research poster, curriculum vitae, and other required attachment.

