

CHAPTER V

CONCLUSION

After I studied the novel “My Dark Vanessa” by using intrinsic and extrinsic elements, I has a conclusion, that is:

After I analyze the form of psychological trauma of the main character in this novel. I found the form of psychological trauma of Vanessa as the main character. Vanessa has anxiety and self-blame as a result of the trauma she’s experienced. Vanessa has concerns that her sexual abused will be exposed to the public. she didn’t want her name listed as one of the victims of sexual abused by Strane. She also always blamed herself when remembering what had happened to her in the past. Vanessa felt that the sexual abused she experienced was because she trusted Strane too much and she was too weak as a woman to speak the truth. The solution is that Vanessa often meets her psychiatric to do medicine and tells all the things she experienced, so that Vanessa can forget and forgive all the things she has experienced in the past.

After I analyze, the main character’s general response to the trauma experienced in this novel. I found the main character’s general response to the trauma experienced. Vanessa didn’t admit that she was a victim of sexual abused by Strane. When her friends and parents said that what Strane did to her was sexual abused but Vanessa said no. Even the psychiatric said that Vanessa was a victim of sexual abused by Strane, because at that time Vanessa was 15 years old where she was still a minor. But Vanessa still says no, because Vanessa thinks it is also her fault because she can't refuse and say no to Strane, she can only stay silent when Strane touches her body. From the plot, story and character of Vanessa, it is proven that Vanessa has a general response to the trauma, namely that she denies being called a victim of sexual abused. The solution Vanessa must continue to do therapy with her psychiatric to recover from her trauma.

After I analyze the moral message can we take from the novel are:

1. As a woman we must be brave to speak up. When we experience sexual abused by teachers or men, we must have the courage to speak up, even though when we experienced sexual abuse we were still minors, because when we don't speak it's tantamount to allowing other victims to exist.
2. Don't easily believe in people we just met. Because we never know what it will do to us. It could be that he or she has malicious intentions against us or wants to take advantage of us. So, we must be careful in choosing friends or people close to us, because if we choose the wrong friend it can be a boomerang for us
3. Don't judge people by cover, because we never know whether the person is good or bad.
4. We have to judge others. We also have to accept other people's advice with an open mind because it's not necessarily that other people's advice is bad for us.

According to this analyzes, further analysis have the potential to examine the novel "My Dark Vanessa" by using the method of telling and showing or it could be through other approaches or methods about Psychological trauma caused sexual abuse in literary works. This research can also be used as a comparison to write better studies.