

**Resentment in Alicia Berenson Caused by Childhood
Trauma in *The Silent Patient* Novel by Alex Michaelides**

TERM PAPER

By:

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**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE
DEPARTMENT
FACULTY OF LANGUAGE AND CULTURE
DARMA PERSADA UNIVERSITY
JAKARTA**

2020

**Resentment in Alicia Berenson Caused by Childhood
Trauma in *The Silent Patient* Novel by Alex Michaelides**

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Submitted in part-fulfillment of the requirement for obtaining
Sarjana Linguistik (S.Li) degree



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2020

INTELLECTUAL PROPERTY STATEMENT

I hereby declare that the term-paper is the result of my own work and not plagiarism of another work, the contents have become my responsibility. All the sources of my research and quoted or referenced have been stated correctly.

Jakarta, February 9, 2021



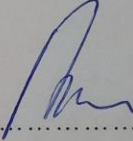
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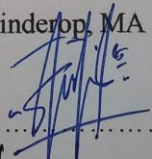
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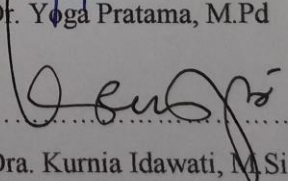
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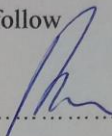
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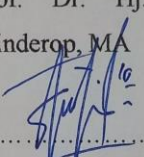
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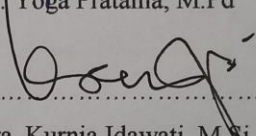
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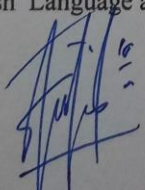
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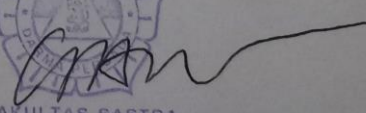
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ACKNOWLEDGEMENT

Alhamdulillahirobbilalamin, praise be to the Almighty God for His mercy and blessing, Allah Subhanahu Wa Ta'ala. I could finally complete this term-paper well, which entitled Resentment in Alicia Berenson Caused by Childhood Trauma in *The Silent Patient* Novel by Alex Michaelides. This term-paper is submitted to the Strata One English Language and Culture of University of Darma Persada as a partial fulfillment of the requirements for obtaining the Strata One (S-1) degree.

I would like to thank to all parties who have guided and supported me in finishing this term-paper. My appreciation is delivered to those who give contribution in the completion of this term-paper. Which I listed as follows:

1. Prof. Dr. Hj. Albertine S. Minderop, MA as the Advisor for her excellent guidance, advice, patience, caring, and time to help me finish this term-paper.
2. Dr. Yoga Pratama, M.Pd as the Head of English Department and the Reader who has checked and corrected my term-paper chapter by chapter also my Academic Adviser who has guided and helped me patiently in the preparation of my study every semester.
3. All lecturers of English Department who have given me so much knowledge and experiences.
4. My beloved family who always give me endless love and always remind me to pray and study.
5. All of my friends, especially the ones who always answered all my questions when I was stuck finishing this term paper.

Hereby, this term-paper would not be perfect work without the constructive suggestion and criticism from all readers.

Jakarta, December 30, 2020

Writer,
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ABSTRACT

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Title : Resentment in Alicia Berenson Caused by Childhood Trauma in *The Silent Patient* Novel by Alex Michaelides.

This research has a purpose which is to prove the resentment reflected in the main character, Alicia Berenson, is caused by her childhood trauma. Theories of psychology of literature used to help proving it are childhood trauma concept by Walker and resentment concept by Krech. Methods used in this research is literary study. Firstly, I read *The Silent Patient* novel as a primary source. Secondly, I research and pick several data related to the topic. I also read several references as additional data about related topic. Next, I apply psychoanalytic theory of childhood trauma and resentment. Finally, I conclude the result of the research. From the analysis, it can be concluded that childhood trauma is really affecting someone's character in adulthood. It can be seen in Alicia's life. From the childhood trauma she has been through, such as; her mother's attempt to suicide with Alicia in a same car and when Alicia hears that her father would rather have she dies rather than his wife. From these traumas she has a huge feeling of resentment when she is not being loved back while she gives everything for her loved one.

Keywords: *Resentment, Childhood Trauma, Psychology of Literature, Psychoanalytic,*

ABSTRAK

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Judul : Resentment in Alicia Berenson Caused by Childhood Trauma in *The Silent Patient* Novel by Alex Michaelides.

Penelitian ini memiliki tujuan yaitu untuk membuktikan kebencian yang ada pada tokoh utama, yaitu Alicia Berenson, berasal dari trauma masa kecil yang dialaminya. Adapun teori psikologi sastra yang digunakan untuk membantunya adalah konsep trauma masa kecil dari Walker dan konsep kebencian dari Krech. Metode yang digunakan dalam penelitian ini adalah kajian pustaka. Pertama, penulis membaca novel "The Silent Patient" sebagai sumber data primer. Kedua, penulis meneliti dan memilih beberapa data yang berhubungan dengan topik dari penelitian ini. Penulis juga membaca referensi-referensi lain untuk sebagai tambahan data tentang topik terkait. Selanjutnya, penulis mengaplikasikan teori psikoanalisis trauma masa kecil dan kebencian. Terakhir, penulis menyimpulkan hasil penelitiannya. Dari analisis tersebut dapat disimpulkan bahwa trauma masa kecil sangat berpengaruh pada karakter seseorang di saat dewasa. Ini tergambar dengan jelas di kehidupan Alicia. Dari penyebab trauma yang ia miliki seperti; ibunya yang mencoba melakukan percobaan bunuh diri dengannya di sebuah mobil dan pada saat ia mendengar ayahnya yang lebih memilih Alicia yang meninggal dalam kecelakaan tersebut daripada istrinya. Dari beberapa trauma tersebut ia memiliki rasa benci yang besar ketika ia merasa tidak dicintai padahal ia sudah memberikan segalanya terhadap orang yang ia cintai.

Keywords: *Kebencian, Trauma Masa Kecil, Psikologi Sastra, Psikoanalisis.*

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