

CHAPTER V

CONCLUSION

After analysing *The Silent Patient* novel through the intrinsic approach, which consists of characterization by first-person point of view: inclusion storytelling technique and dramatic point of view method, plot, setting, elaborated with the extrinsic analysis by using childhood trauma and resentment concepts, it can be concluded Alicia Berenson in *The Silent Patient* novel by Alex Michaelides reflects the resentment that is caused by her childhood trauma. I use the concept of childhood trauma and resentment to describe the personality of Alicia. The result of the intrinsic approach that I elaborate with the extrinsic approach are proves that the theme of this novel is *Resentment in Alicia Berenson Caused by Childhood Trauma in The Silent Patient Novel by Alex Michaelides*.

Methods of characterization used in this analysis are first-person point of view with inclusion storytelling technique and dramatic point of view. First-person point of view with inclusion story telling technique is the technique related to the main character as the narrator of the story to deliver the story to the reader based on his or her own experiences. In this novel, Theo Faber acts as both the narrator and the character in the story.

Plot used in this analysis has five structures, they are exposition, rising action, climax, falling action and resolution. Each of those five has contributed to support the theme in this novel. Setting used in this analysis has four parts, they are setting as background for action, setting as antagonist, setting as a means of creating appropriate atmosphere and setting as a means of revealing character. Each of those four has contributed to support and prove the assumption of this research.

Concepts of psychology of literature used in this research are childhood trauma and resentment. Childhood trauma is related to parental issues that can make the children feeling the states of fear, shame, alienation, rage, grief, and depression. The parent is an agent of fear and te children has no safe port. In this novel, I connect childhood trauma to the characterization, plot and setting to reinforce the theme in this novel. Resentment is similar to angry, jealous, and

envious because they have been forced to accept something they do not like and the person who has this feeling will never feel satisfied before they see the object they do not like been destroyed. I connect resentment to the characterization, plot and setting to reinforce the theme.

The theme in this novel is reinforced by connecting the childhood trauma and resentment to the characterization, plot and setting so it will be Resentment in Alicia Berenson Caused by Childhood Trauma in *The Silent Patient* Novel by Alex Michaelides.

The moral of the story in this novel is that anything that too much is not always good. In this case, Alicia loves Gabriel very much. She would give up her life for him. She even loves him when he lets her down. But in the end Gabriel really lets her down by saying that he does not want to die for her when Theo breaking into their house and pointing a gun at them and asks if either of them should die to prove their love. Theo Faber also has the same experience. He loves Kathy so much. He says that Kathy is the woman he is trying to look for the whole time. But in the end Kathy is cheating on him. Even though Theo has already found out but Kathy does not know that. They live pretending at each other and that is awkward every time they have a conversation.

According to this research, it is potential for the next research to analyse *The Silent Patient* novel by Alex Michaelides through other approaches and concepts. This research also can introduce the student of English Language and Culture Department about childhood trauma and resentment in literature work. This research can also be used as a comparison to write a better analysis.