

CHAPTER I

INTRODUCTION

1.1 Background of the Problem

Literature is an oral or written work that has various characteristic features such as originality, artistry, and beauty in content and expression (Sudjiman, 1986:68). According to Rexroth, K. (2020, October 30) Literature, Encyclopedia Britannica retrieved from <https://www.britannica.com/art/literature>; “literature is a body of written works. The name has traditionally been applied to those imaginative works of poetry and prose distinguished by the intentions of their authors and the perceived aesthetic excellence of their execution. Literature may be classified according to a variety of systems, including language, national origin, historical period, genre, and subject matter.”

A script is a written work for a movie, television show, or other moving media, that expresses the movement, actions and dialogue of characters. Scripts are the blueprints for the movie. A script is written in specific format to distinguish between characters, action lines, and dialogue.

Silver Linings Book is a movie about a married man, Patrizio ‘Pat’ Solitano Jr, who sent to mental institution after losing his job and wife. After spending 8 months in Baltimore Mental Institution, Pat lives up with his parents. He wants to rebuild his life and reunite with his wife, while he is tries to balancing his life, he meets Tiffany. Tiffany offers to help him reconnect with his wife and in exchange he will do something very important for her.

Silver Linings Book is a drama, romance, and comedy movie based on novel entitle *The Silver Linings Playbook* by Matthew Quick, this drama-romance movie premiered at the 2012 Toronto International Film Festival on 8th

September, 2012 and was released in the United States on 16th November, 2012. This movie also released in Netflix on 16th March, 2020.

In this research, I am going to analyze the script of this movie to showing psychological problems that found in the background of the script. Throughout the script, the main character is showing the influences of human defense mechanism over the pressures in their acts or conversations. Therefore, I am going to analyze if the main character is showing his anxiety and displacement.

1.2 Identification of the Problem

In this script, Patrizio 'Pat' Solitano Jr is the main character of Silver Linings Book. He was sent to mental institution after beating up the lover of his wife, Nikki, and diagnosed with Bipolar Disorder. After spending time in mental institution for 8 months, they releases Pat and moving back to his parent house in Philadelphia and have restraining order from Nikki to Pat. Pat is so obsessive to get back to his wife. In order to becomes balance and have more control over his stress to get back to his wife, Pat starts to meet Tiffany regularly who were introduced by Ronnie. According to the background above, I can identify the problem of Pat; he is often feeling regret, anxious, and obsessive. When Pat have a conversation with his friend or his family and things get out of his plan, he will shows his defense mechanism. After I identify its problem, I am going to limit the problem to analyze the anxiety and displacement in David O. Russell's movie script entitled Silver Linings Playbook.

1.3 Limitation of the Problem

Based on the identification of the problem above, I limit the problem of the research with theory and concepts as follows:

1. Through an intrinsic approach: characterization by showing method, setting, and plot.
2. Through an extrinsic approach, psychology of literature, and the concept of psychology literary approach that is anxiety and human defense mechanism of Psychoanalysis by Sigmund Freud.

1.4 Formulation of the Problem

Based on the limitation of the problem, the problem in this script can be formulated to prove the Anxiety and Displacement in Patrizio Solitano's Character in David O. Russell's Script Entitled "Silver Linings Playbook", later on become the assumption of this research. Therefore, the problems in this research are:

1. What are the methods that use to analyze the characterization in David O. Russell's movie script entitled "Silver Linings Playbook"?
2. What are the plots and setting that support to analyze the theme in David O. Russell's movie script entitled "Silver Linings Playbook"?
3. What are the concepts psychology personality through Anxiety and Displacement?
4. How is the theme of this David O. Russell's movie script entitled "Silver Linings Playbook" be reinforced by using the intrinsic and extrinsic approaches?

1.5 Objective of the Research

Based on the formulation of the problem above, the purpose of this research is to find out Anxiety and Defense Mechanism to Patrizio Solitano's Character in David O. Russell's Script Entitled "Silver Linings Playbook".

To achieve the goal, the writer did several research stages as follows:

1. To analyze the character as to proving the assumption using showing and telling method.
2. To analyze the plot and setting in order to support the theme.
3. To analyze the theme by using the concepts of psychology of personality of Anxiety and Displacement.
4. To reinforce the theme by using the intrinsic and extrinsic approach.

1.6 Method of the Research

In this research, I am using the qualitative method to collecting data from David O. Russell's script entitled "Silver Linings Playbook" as the main resource and using another references as the second resource to find out the correlation between the theory and the data.

Qualitative researching is exciting and important. It is a highly rewarding activity because it engages us with things that matter, in ways that matter. Through qualitative research we can explore a wide array of dimensions of the social world, including the texture and weave of everyday life, the understandings, experiences and imaginings of our research participants, the ways that social processes, institutions, discourses or relationships work, and the significance of the meanings they generate. We can do all of this qualitatively by using methodologies that celebrate richness, depth, nuance, context, multidimensionality and complexity rather than being embarrassed or inconvenienced by them. Instead of editing these elements out in search of the general picture or the average, qualitative research factors them directly into its analyses and explanations. This means that it has an unrivalled capacity to constitute compelling arguments about how things work in particular contexts. (Mason 2002: I)

First, I use collecting data as the technique, several things to do are read, observe, and understand the story of the *Silver Linings Playbook*. The data collection is come from script from *Silver Linings Playbook* by David O. Russell as the primary resources.

Second, another supporting data are book as *Psikologi Sastra* by Prof. Albertine Minderop and journals from the internet about literary research and psychoanalytic theory. I found three journals to support my research and to compare between my data and the journals.

Last, I analyze the data that has been collected in accordance with the formulation of the problem and several references as a second source, associated with theory and concept.

1.7 Benefit of the Research

Based on method of the research above, the benefit of this research is to tell the reader how anxiety and displacement works in script character and how anxiety and displacement can be used in fiction character. However, the main idea of this research is to educated people about what anxiety and displacement can do, in order to get attention or gain recognition toward some events in real life.

1.8 Systematic Organization of the Research

In accordance to the title of the research above, the order of the presentation is written as follows:

CHAPTER I : INTRODUCTION

It consist the Background of the Problems, Identification of the Problems, the Limitation of the Problems, the Objective of the Problems, the Methods of the Research, Benefit of the Research, and the Systematic of the Research.

CHAPTER II : FRAMEWORK OF THE THEORIES

It consists of Literature Review, intrinsic and extrinsic approach. Intrinsic approach includes characterization (showing and telling methods), setting, and plot. The applied psychological approach is anxiety and displacement which reflected in Patrizio Solitano Jr as the main character of Silver Linings Playbook.

CHAPTER III : SILVER LININGS PLAYBOOK THROUGH
INTRINSIC APPROACH

It consists of point of view, characterization of characters, plot, and settings of the script. The concepts above appear in the number of sub-chapters.

CHAPTER IV : ANXIETY AND DISPLACEMENT IN
PATRIZIO SOLITANO'S CHARACTER IN
DAVID O. RUSSELL'S SCRIPT ENTITLED
'SILVER LININGS PLAYBOOK'

It consist a brief explanation of this chapter's content, analysis of the displacement which occurs in the main character that suffer from anxiety. It also occurs with setting and plot. The concepts above appear in the whole chapter within the script.

CHAPTER V : CONCLUSION

It consists of the evaluation from previous chapters and the implication from the evaluated result. The chapters above are followed by references, scheme of the research, research poster, curriculum vitae, and other required attachment.