

CHAPTER I

INTRODUCTION

1.1 Background of The Problem.

Every person must have felt anxious at some time, and this is normal, especially if you are in trouble. Almost everyone knows feelings of anxiety, worry, nervousness, fear, or panic. Anxiety is a reaction to stress that has both psychological and physical characteristics. The feeling is thought to arise in the amygdala, the part of the brain that regulates many strong emotional responses. When neurotransmitters carry impulses to the sympathetic nervous system, heart and respiratory rates increase, muscles tense up, and blood flow is diverted from the abdominal organs to the brain. Anxiety disorders in the short term are useful in preparing a person for a crisis by making the body more alert. However, the physical effects can be counterproductive, causing dizziness, nausea, diarrhea, and frequent urination. When it continues, anxiety can affect mental and physical health.

In defining anxiety, Freud emphasized that it is a felt, affective, discomfort feeling, and unpleasant state which produced by the Ego. Anxiety functions as a signal to the individual towards existence some danger is imminent or imminent danger. Anxiety allows the ego to be alert to signs of threats and danger. The coming danger signals stimulate the individual to mobilize self-defense and reduce pain anxiety (Feist,2009:39). Anxiety and depression have a lot of overlapping symptoms, such as insomnia, but those with anxiety may be more likely to experience feelings of panic and constantly ruminating on things that make them anxious, while someone with depression may suffer from a continuous low mood, low self-esteem and poor energy. The two conditions can exist side by side. It's common for people with depression to feel anxious about certain things, as depression can make it difficult to keep stressful situations in perspective.

Noah Baumbach movie script's is about Marriage Story that tells about husband and wife who love each other at first. Marriage Story is a sharply observed and deeply compassionate movie script from the acclaimed writer-

director Noah Baumbach. Adam Driver and Scarlett Johansson deliver performances as Charlie, a charismatic New York theater director wedded to his work, and Nicole is an actor. Nicole was an obedient figure to Charlie. Nicole knows what to do as a wife, she always supports Charlie. Nicole was born and grew up in Los Angeles, she is very close to his mother and sister. Nicole knows the right thing to do when it comes to difficult family things. Nicole want to go back to her hometown in Los Angeles, to work and live in there, but Charlie doesn't want to.

In this research, I am intrested to analyze the main character because of the events that happened in the movie is similar in society. Through the movie script we can find the main character Charlie Barber. I choose analyzing the main character in order to find solutions in anxiety problems for current and future generations.

1.2 Identification of The Problem.

Based on the background of the problem I want to reveal the problem about the anxiety of the main character on marriage story movie script. I used the theoretical aspects, this research is supported with psychological theory dealing with anxiety by Sigmund Freud. This research also uses literary approach to analyze literary work from psychological prespective.

1.3 Limitation of The Problem.

Based on the identification of the problem above, I want to describe Charlie anxiety cause depression by Sigmund freud theory, this study only examine the main characer which is Charlie. I limit the study to Charlie anxiety by using psychological theory by Sigmund freud. Through intrinsic approach, I used a literary approach: Techniques of telling and showing, character, setting, plot, and through extrinsic approach, I used psychological approach the anxiety caused a depression.

1.4 Formulation of The Problem.

Based on the limitation of the problem above, I formulate the problem is as follows:

1. What are the characteristic of the main character reveal in “Marriage Story” movie script?
2. What are the concept of psychology personality of anxiety and depression be used to analyze the main character of “Marriage Story” movie script?
3. How anxiety lead to depression as revealed in “Marriage Story” movie script?

1.5 Objective of The Research.

Based on the formulation of the problem above, the purpose of this research is to prove the anxiety disorder caused a depression that shown on “Marriage Story” movie script by Noah Baumbach. To achieve the goal, I did several stages of research as follows:

1. To explore how the characteristics of the main character are reveal “Marriage Story” movie script.
2. To analyze the theme by using the concept psychology personality of anxiety and depression.
3. To explain how anxiety lead to depression of the main character are reveal in this movie script.

1.6 Benefit of The Research.

Based on the objective of the research above, I hope this research can be useful for those who wants to deepen the knowledge about anxiety caused a depression in “*Marriage Story*” movie script’s. which has several benefits, which is :

1. Theoritically this research is provide additional knowledge and deepen our understanding in literature and also to develop and deepen the

science of psychology, which is anxiety disorder, as well as to solve psychological problems.

2. Practically this research is useful to provide knowledge to readers on how to identify and anticipate anxiety for those who experience it.

This research also useful for those who want to analyzing literary works by using the concept as mentioned above.

1.7 Systematic Organization of The Research.

In accordance to the title of the research above, the order of the presentation is written as follow:

- CHAPTER 1:** **INTRODUCTION**, it consist of the Background of the Problems, Identification of the Problems, the Limitation of the Problems, the Objective of the Problems, Benefit of the Research, and the Systematic Organization of the Research.
- CHAPTER 2:** **FRAMEWORK OF THE THEORIES**, It consist of theoretical approach, intrinsic approach, extrinsic approach, and previous related studies.
- CHAPTER 3:** **RESEARCH METHOD**, it consist of time and location, research approach and method, research object and data, data collection technique, and data analysis technique.
- CHAPTER 4:** **ANXIETY LEADS TO DEPRESSION ON THE MAIN CHARACTER IN NOAH BAUMBACH MOVIE SCRIPT “MARRIAGE STORY”**, it consist of analysis using the concept of characterization, plot, setting and psychoanalysis approach by Sigmund Freud.
- CHAPTER 5:** **CONCLUSION**, it consist of the references, scheme of research, and curriculum vitae.