

CHAPTER 1

INTRODUCTION

1.1. Background of the Problem

Literary works are basically very close to our lives, so many literary works are used as learning or reflections about life. As well as literary works are used as learning about human behavior in society life. So that literary psychology plays a role in studying this matter. So, psychology mean the science of soul or the science that investigate and studies human behavior (Atkinson, 1996, p. 7). Psychology of literature is the study of literature that view works as a psychological activity. Which the author uses copyright, taste, and works in his work. Literary work that are seen as a psychological phenomenon will display psychological aspect through the characters if the inspiration for the text is in the form of drama or prose (Endaswara, 2011, p. 96). Therefore, literary psychology is often use as a study of the soul or human behavior in which the object of research uses literary works.

Because of many interests in literary works on movies which recently felt to have increased from previous times. Seeing from the many platforms that provide access to watch various movies easily nowadays. The movie is one of the forms of literary works that exist not only as a medium of entertainment but also as source of information, knowledge, and learning media. Therefore, movie has the ability to reach from many social segments. So, experts argue that movie has the potential to influence the audience (Sobur, 2006, p. 127). With this I interest to analyze the psychological aspects on literature using The Woman in The Window movie script. The movie is a 2021 mystery crime drama directed by Joe Wright and a screenplay written by Tracy Letts based on The Woman in The Window novel by A. J. Finn.

This movie tells the story of Anna Fox, a child psychologist who now suffer agoraphobia. She is also an alcoholic since suffer agoraphobia. Anna is a person who closes herself to the outside world because she has an anxiety disorder that makes her always pay attention to her surroundings by snooping through her window. Until one day there were neighbors across the house who had just moved in, the Russell's family. The next day she had a visitor, Ethan, son of Alistair

Russell. She felt Ethan has a problem because he told that his father was a strict guy. The next day she met woman that she thought Jane Russell, and Jane also said that Alistair is a control person. Because of that, Anna is always spying on Russell's house because she thought Alistair is not a good father so Anna always think negatively about him. Until she saw from her window the fight that caused Jane being murdered. Anna then called the police and tried to get out to help Jane but she had a panic attack and passed out. After the police and Russell's family arrive, they think Anna has misunderstood and Anna is hallucinating met Jane. Even she was shocked by the new fact that her family had died in the accident. When she decides to attempt suicide, she finds proof that she is not hallucinating about Jane. but the Jane she knew was named Katie. When she showed the proof to David, it was the man who rented the basement of her house. She sees David being stabbed by Ethan and Ethan trying to kill Anna. However, Anna tried to run and fought him. Finally, Ethan died from falling from the glass roof of Anna's house. While Anna is being treated for a serious injury and the end of it all, Anna decides to still alive and move on with her life.

The reason I interest to analyze The Woman in The Window movie script. Because the character of Anna Fox in this movie script describes the dynamics of personality that suffer anxiety and appearance death instinct in her. Where she did self-destructive and tried to suicide like many suicide cases in real life. This relates to mental health which is considered very important because it affects how people think, feel, and act. Therefore, this research expected to provide knowledge in analyzing a literary work through a psychological approach.

1.2. Identification of the Problem

Based on the background of the problem above, I want to identify the problem through the main character (Anna Fox) regarding the anxiety and that factor cause her to suffer agoraphobia and appearance of death instinct (Thanatos) in her. Which affects her psychological aspect. So, in this study I uses a literary psychology approach through personality dynamics about anxiety and death instinctin Sigmund Freud's theory.

1.3. Limitation of the Problem

Based on the identification of the problems above, this research problem is focused on analyzing research through intrinsic approach, namely characterization through showing method, plot, and setting in movie script *The Woman in The Window*. Through extrinsic approach to find out the anxiety and what happens to the main character (Anna Fox) so that it appearance her death instinct. So, to analyze I uses a literary psychology approach through personality dynamics, namely anxiety and death instinct by Sigmund Freud.

1.4. Formulation of the Problem

Based on the limitation of the problem above, the research problem is formulated in the form of research questions as follows:

1. How are the characters in *the woman in the window* movie script described through showing method characterization?
2. What aspects of anxiety are reflected on the main character, characteristics, plot, setting in *the woman in the window* movie script?
3. What aspects of death instinct are reflected on the main character, characteristics, plot, setting in *the woman in the window* movie script?

1.5. Objective of the Research

Based on the description of the problem, I carried out this research which aims to prove the assumption about the appearance of anxiety and the death instinct (Thanatos) through the character of Anna Fox in *The Woman in The Window* movie script. I will prove the statement of the problem as follows:

1. To analyze how are the characters in *the woman in the window* movie script described through showing method characterization.
2. To analyze aspects of anxiety are reflected on the main character, characteristics, plot, setting in *the woman in the window* movie script.
3. To analyze aspects of death instinct are reflected on the main character, characteristics, plot, setting in *the woman in the window* movie script.

1.6. Benefit of the Research

This study aims to develop knowledge for further researchers who interest in carried out literary research through a psychological approach. This research is also expected to increase knowledge in depth about the theory anxiety and human instincts, especially about death instinct in The Woman in The Window movie script. It is also hope that readers can get deep information about personality dynamics which are related to mental health that are useful in life.

1.7. Systematic Organization of the Research

In according to the title of the research above, the systematics of this research organization are written as follows:

CHAPTER 1 : INTRODUCTION

Introduction is the first chapter in research that contains The Background of the Problems, Identification of the Problems, The Limitation of the Problems, The Formulation of the Problems, The Objectives of the Research, The Framework of the Research, Benefit of the Research, and Systematic Organization of the Research.

CHAPTER : THEORITICAL FRAMEWORK

This chapter consists intrinsic approach includes characterization using showing method, plot, and setting. The extrinsic approach applied using the concept of Anxiety and death instinct uses psychology of literature approach by Sigmund Freud's theory.

CHAPTER 3 : RESEARCH METHOD

This chapter consists of research methods which include Time and Location, Research Approach and Method, Research Object and Data, Data Collection Technique, and Data Analysis Technique.

CHAPTER 4 : ANXIETY AND DEATH INSTINCT ANALYSIS ON ANNA FOX IN MOVIE SCRIPT *THE WOMAN IN THE WINDOW*

This chapter contains analyze of anxiety and death instinct by Sigmund Freud in movie script *The Woman in The Window* obtained from intrinsic approach characterization, plot, and setting.

CHAPTER 5 : CONCLUSION

This chapter contains conclusions from the results of research on literary works through a psychological approach using anxiety and death instinct theory by Sigmund Freud on *The Woman in The Window*.

