

**THE REFLECTION OF ANXIETY LEADS TO DEFENSE
MECHANISM OF MARLO'S CHARACTER IN DIABLO CODY'S
MOVIE SCRIPT *TULLY***

TERM PAPER



**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE
DEPARTMENT FACULTY OF LANGUAGE AND CULTURE
DARMA PERSADA UNIVERSITY**

2022

**THE REFLECTION OF ANXIETY LEADS TO DEFENSE
MECHANISM OF MARLO'S CHARACTER IN DIABLO CODY'S
MOVIE SCRIPT *TULLY***

TERM PAPER

Submitted in part-fulfillment of requirements for obtaining
Sarjana Linguistik (S. Li) degree



DINDA FATAYAKINAN
2017130044

**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE
DEPARTMENT FACULTY OF LANGUAGE AND CULTURE
DARMA PERSADA UNIVERSITY**

2022

INTELLECTUAL PROPERTY STATEMENT

I hereby declare that the term-paper is the result of my own work and not plagiarism of another work, the contents has become my responsibility. All the sources of my research and quoted or referenced have been stated correctly.

Jakarta, July 19, 2022



Dinda Fatayakinan



LETTER OF APPROVAL

On the recommendation of respective Supervisor, Academic Advisor, and Head of the Department, the term paper submitted by Dinda fatayakinan entitled “The Reflection of Anxiety Leads to Defense mechanism of Marlo’s Character in Diablo Cody’s Movie Script *Tully*” has been approved and forwarded to the English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defense for obtaining *Sarjana Linguistik* (S.Li.) degree to the respective candidate.

Supervisor

Signature

Date



(Eka Yuniar Ernawati, S. S. M.Si) Jakarta, 19 Juli 2022

**Head of English Language
and Culture Department**

Signature

Date



(Dr. Yoga Pratama, M.Pd) Jakarta, July 19, 2022

Academic Advisor



(Dr. Yoga Pratama, M.Pd) Jakarta, July 19, 2022

Name
Student Number

: Dinda fatayakinan
: 2017130044

TERM PAPER VALIDATION

On August 1, 2022, the term paper has been academically tested and defended in front of

THE BOARD EXAMINERS

Ones of whom sit as follow

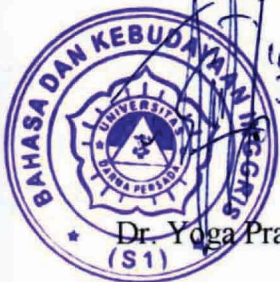
Advisor : Ms. Eka Yuniar Ernawati, S. S. M.Si

Examiner : Prof. Dr. Hj. Albertine Minderop, M.A

Head Board of Examiners : Dr. Yoga Pratama, M.Pd.

Legally validated in Jakarta on August 1, 2022

Head of English Language and Culture Department, Dean of faculty of Language and Culture



Dr. Yoga Pratama, M.Pd.



Dr. Diah Maduabragti, S.S, M.Si

ACKNOWLEDGMENT

Praise be to Allah Subhanahu wa ta'ala, The God Almighty for his abundance of love, guidance, mercy, and grace He gives to me so I can complete this term paper well, which is entitled *The Reflection of Anxiety Leads to Defense mechanism of Marlo's Character in Diablo Cody's Movie Script Tully*. This term paper is submitted to the Strata One English Department of Darma Persada University as a partial fulfillment of the requirements for obtaining the Strata One (S-1) degree.

I would like to express my gratitude to all those who have guided and supported me in completing this term paper. I would like to convey my sincere appreciation to all people who have supported me with any valuable contributions in making this term paper, and those people are:

1. Ms. Eka Yuniar Ernawati, S. S. M.Si as my term paper advisor who had given her willingness, time, patience, support, and guidance so I can finish my term paper.
2. Dr. Yoga Pratama, M.Pd. as the Head of the English Language and Culture Department and Academic Advisor who guided and taught me until this last semester
3. Dr. Diah Madubrangti, S.S, M.Si as the Dean of the Faculty of Humanities
4. To Board of Examiners (Examiner and Head of Board of Examiners) who give me some judges and advice about my term paper.
5. All the lecturers of the English Department who had given me so much knowledge and experience throughout my study
6. My beloved parents, my husband Eric, and my son Yazid encourage and give their love and prayers to me. Thank you so much for your affection, advice, direction, and care all my life. Your love is beyond any words. May Allah always bestow grace, health, and blessings in this world and the hereafter for all your kindness that has been given to me.

7. My special appreciation for my best friends Rani, Ayas, and Cika always gave me the strength and support to finish my term paper. My classmates Chintya, Zahra, Regeenal, Anggita, Adit, Alfie, and Kevin. Thank you for the laughs and support, I always hope you all the best in the future.

This term paper is far from perfect, but it is expected that the readers will find it useful for their needs. For this reason, ideas, suggestions, and constructive criticism are welcomed.

Jakarta, 18th July 2022

The Writer

Dinda Fatayakinan



THE REFLECTION OF ANXIETY LEADS DEFENSE MECHANISM OF MARLO'S CHARACTER IN DIABLO CODY'S MOVIE SCRIPT *TULLY*

Dinda Fatayakinan

ABSTRACT

This study aims to analyze The Reflection of Anxiety leads to Defense mechanism of Marlo's Character in Diablo Cody's Movie Script *Tully*. *Tully* is a Film Directed by Jason Reitman and written by Diablo Cody. It is the Story of An unanticipated friendship between a struggling mother and the night nanny her brother hired to help with her newborn child. This research is analyzed using intrinsic and extrinsic approaches. Through the intrinsic approach, characterization, plot, and setting are used to analyze the data. Through the extrinsic approach, Psychoanalysis theory, anxiety, and Defense mechanism Theory by Sigmund Freud are used to analyze the data in extrinsic approach. The object of this research is Marlo's Anxiety in *Tully* Movie Script. This research is conducted by a qualitative method. The data of this research are collected from some books, journals, web pages, and electronic sources that related to the theme of discussion, Movie Script, and *Tully* Movie. The results of this research consist of the characterization, plots, and setting *Tully* Movie script, then Psychoanalysis theory such as id, ego, super-ego, and defense mechanism that related to the main problem of Marlo's Anxiety. Then I elaborate the intrinsic and extrinsic approaches to prove the theme of this research is the reflection of Marlo's Anxiety. From this research, I found out that anxiety must be treatable before it might be getting worse, it can lead to mental illness. *Tully* movie brings the value of failure that is a part of one's character development, especially in mothers in their postpartum period that has an anxiety problem

Keywords: Psychoanalysis, Anxiety, Characters, Repression, Defense Mechanism

REFLEKSI KECEMASAN MENGARAH PADA MEKANISME PERTAHANAN TERHADAP KARAKTER MARLO DALAM NASKAH FILM DIABLO CODY TULLY

Dinda fatayakinan

ABSTRAK

Penelitian ini bertujuan untuk menganalisis The Reflection of Anxiety mengarah pada mekanisme Pertahanan Karakter Marlo dalam Naskah Film Diablo Cody Tully. Tully adalah Film yang Disutradarai oleh Jason Reitman dan ditulis oleh Diablo Cody. Ini adalah Kisah Seorang Ibu dari tiga anak yang berjuang yang membentuk ikatan tak terduga dengan pengasuh malam yang disewa untuk membantu bayinya yang baru lahir. Penelitian ini dianalisis dengan menggunakan pendekatan intrinsik dan ekstrinsik. Melalui pendekatan intrinsik, penokohan, plot, dan setting digunakan untuk menganalisis data. Melalui pendekatan ekstrinsik digunakan teori Psikoanalisis, Kecemasan, dan Teori Mekanisme Pertahanan oleh Sigmund Freud untuk menganalisis data dalam pendekatan ekstrinsik. Objek penelitian ini adalah Marlo's Anxiety dalam Naskah Film Tully. Penelitian ini dilakukan dengan metode kualitatif. Data penelitian ini dikumpulkan dari beberapa buku, jurnal, halaman web, dan sumber elektronik yang berkaitan dengan tema pembahasan, Movie Script, dan Tully Movie. Hasil dari penelitian ini terdiri dari penokohan, plot, dan setting naskah Film Tully, kemudian teori Psikoanalisis seperti id, ego, super ego, dan mekanisme pertahanan yang terkait dengan masalah utama Marlo's Anxiety. Kemudian saya menguraikan pendekatan intrinsik dan ekstrinsik untuk membuktikan tema penelitian ini adalah refleksi dari Marlo's Anxiety. Dari penelitian ini, saya menemukan bahwa kecemasan harus dapat diobati sebelum menjadi lebih buruk, dapat menyebabkan penyakit mental. Film Tully membawa nilai kegagalan yang merupakan bagian dari pengembangan karakter seseorang, terutama pada ibu-ibu masa nifas yang memiliki masalah kecemasan

Kata kunci: Psikoanalisis, Kecemasan, Karakter, Represi, Mekanisme Pertahanan

TABLE OF CONTENT

INTELLECTUAL PROPERTY STATEMENT	ii
LETTER OF APPROVAL.....	iii
TERM PAPER VALIDATION	iv
ACKNOWLEDGMENT	v
ABSTRACT.....	vii
ABSTRAK	viii
TABLE OF CONTENT.....	1
CHAPTER 1	5
INTRODUCTION.....	5
1.1 Background of the Problem.....	5
1.2 Identification of the Problem.....	6
1.3 Limitation of the Problem	7
1.4 Formulation of the Problem	7
1.5 Objective of the Research.....	7
1.6 Benefit of the Research	8
1.7 Systematic Organization of the Problem.....	8
CHAPTER 2	10
THEORETICAL FRAMEWORK	10
2.1 Intrinsic Approaches.....	10
2.1.1 Characterization	10
2.1.1.1 Telling Method.....	11
2.1.1.1.1. Characterization Through the Use of Name.....	11
2.1.1.1.2. Characterization Through Appearance.....	11
2.1.1.1.3. Characterization by the Author	11
2.1.1.2 Showing Method	12
2.1.1.2.1. Characterization Through Dialogue	12
2.1.1.2.2. Characterization Through Action.....	13

2.1.2 Plot	13
2.1.2.1 Exposition	14
2.1.2.2 Complication	14
2.1.2.3 Crisis	14
2.1.2.4 Falling Action	14
2.1.2.5 Resolution	14
2.1.3 Setting	15
2.1.3.1 Setting as Background for Action	15
2.1.3.2 Setting as Antagonist.....	15
2.1.3.3 Setting as a Means of Creating Appropriate Atmosphere.....	15
2.1.3.4 Setting as a Means of Revealing Character.....	15
2.1.4 Theme	16
2.2 Extrinsic Approach.....	16
2.2.1 Psychoanalysis theory.....	17
2.2.1.1 The Id	17
2.2.1.2 Ego	18
2.2.1.3 Superego.....	18
2.2.2 Anxiety.....	19
2.2.2.1. Realistic Anxiety.....	19
2.2.2.2 Neurotic Anxiety.....	20
2.2.2.3 Moral Anxiety	20
2.2.3 Defense mechanism.....	21
2.2.3.1 Repression.....	22
2.2.4 Literature review.....	22
CHAPTER 3	24
RESEARCH METHOD	24
3.1 Time and Location.....	24
3.2 Research Approach and Method	24
3.3 Research Object and data	25
3.4 Data Collection Technique.....	25
3.5 Data Analysis Technique.....	26
CHAPTER 4	27
THE REFLECTION OF ANXIETY LEADS TO DEFENSE MECHANISM OF MARLO'S CHARACTER IN DIABLO CODY'S MOVIE SCRIPT <i>TULLY</i>	27
4.1 Anxiety	27

4.1.1 The Reflection of Anxiety in Characterization.....	28
4.1.1.1 Marlo Moreau.....	28
4.1.1.1.1 Being Worried	29
4.1.1.1.2 Frustrated.....	31
4.1.1.1.3 Fear	40
4.1.2 The Reflection of Anxiety in Plot.....	43
4.1.2.1 Being Worried in Plot	43
4.1.2.1.1 Exposition.....	43
4.1.2.1.2 Complication	44
4.1.2.1.3 Crisis.....	45
4.1.2.1.4 Falling action	45
4.1.2.1.5 Resolution.....	46
4.1.2.2 Frustrated in Plot.....	47
4.1.2.2.1 Exposition.....	47
4.1.2.2.2 Complication	48
4.1.2.2.3 Crisis.....	49
4.1.2.2.4 Falling action.....	49
4.1.2.2.5 Resolution.....	50
4.1.2.3 Fear in Plot.....	51
4.1.2.3.1 Exposition.....	51
4.1.2.3.2 Complication	52
4.1.2.3.3 Crisis.....	53
4.1.2.3.4 Falling action.....	54
4.1.2.3.5 Resolution.....	54
4.1.3 The Reflection of Anxiety in Setting.....	55
4.1.3.1 Setting of the background of the action	55
4.1.3.2 Setting as an antagonist.....	57
4.1.3.3 Setting as a Means of Creating Appropriate Atmosphere.....	58
4.1.3.4 Setting as means of revealing character	60
4.2 Repression	61
4.2.1 The Reflection of Repression in Characterization.....	61
4.2.1.1 People Pleaser	62
4.2.1.2 Pessimistic.....	64
4.2.1.3 Easily Offended.....	66
4.2.2 The Reflection of Repression in Plot.....	69
4.2.2.1 People Pleaser in Plot.....	69
4.2.2.1.1 Exposition.....	69
4.2.2.1.2 Complication	70
4.2.2.1.3 Crisis.....	71
4.2.2.1.4 Falling Action.....	73
4.2.2.1.5 Resolution.....	74

4.2.2.2 Pessimistic in Plot	75
4.2.2.2.1 Exposition.....	75
4.2.2.2.2 Complication	76
4.2.2.2.3 Crisis.....	77
4.2.2.2.4 Falling Action.....	77
4.2.2.2.5 Resolution.....	78
4.2.2.3 Easily Offended in Plot	79
4.2.2.3.1 Exposition.....	79
4.2.2.3.2 Complication	80
4.2.2.3.3 Crisis.....	81
4.2.2.3.4 Falling Action.....	82
4.2.2.3.5 Resolution.....	83
4.2.3 The Reflection of Repression in Setting	84
4.2.3.1 Setting of the background of the action	84
4.2.3.2 Setting as an antagonist.....	86
4.2.3.3 Setting as a Means of Creating Appropriate Atmosphere.....	87
4.2.3.4 Setting as means of revealing character	88
CHAPTER 5	90
CONCLUSION.....	90
REFERENCES.....	92
APPENDIX 1.....	96
APPENDIX 2.....	97
APPENDIX 3.....	98
APPENDIX 4.....	105
APPENDIX 5.....	106
APPENDIX 6.....	109