

CHAPTER I

INTRODUCTION

A. Background of the research

The term of novel is a truncation of the Italian word *novella* (from the plural of Latin *novellus*, a late variant of *novus*, meaning “new”). The novel is a genre of fiction, and fiction may be defined as the art or craft of contriving, through the written word, representations of human life that instructor divert or both. In other words, novel itself has a meaning as an invented prose narrative of a considerable length and a certain complexity that deals imaginatively with human experience, usually through a connected sequence of events involving a group of persons in a specific setting. Within its broad framework, the genre of the novel has encompassed an extensive range of types and styles: picaresque, epistolary, Gothic, romantic, realist, historical—to name only some of the more important ones.

There are many literary works in this world that can describe the reflection of human life today. Literary works have purpose and meaning that the authors want to tell to the reader. One of them is Zoe Elizabeth Sugg who published her novel *Girl Online* in 2014

Zoe Elizabeth Sugg, well known as Zoella was born on 28th March 1990. She has written a novel called *Girl Online*, which was released in November 2014. Her first-week sales broke the record of Nielsen BookScan for highest first-week sales of a first-time novelist. On 25th November 2014, Zoe released her debut novel titled “*Girl Online*”. The book is the highest first-week sold book till date for the debut author.

The story tells about Penny Porter a.k.a Penny. She gets panic attack in the car because when she and her family driving back home and it is one of that rainy night when the water seems to be coming straight at her like a wave. Even when her dad had the windscreen wipers going at about a hundred miles per hour it does not seem to make any difference. It is like driving through a tsunami. They had got on to a dual carriageway when a car cut right in front of us. Penny not exactly sure what happened next she thinks her dad tried to brake and swerve but the road is so wet and slippery they skidded into the central reservation. And then their car actually flipped over. She feels burned, can not breathe and full of smoke because of just her in the car. After the accident, she gets panic attack. When she in the car feels afraid and she does not want go to by car but does

not the only car like plane she feels afraid. After getting panic attack she does not wants to go to by vehicles.

Even as a teenager she is narcissism. when the first time, Penny's father once told her that she should start writing a diary. she said that keeping a diary is a great way of expressing our innermost thought. she also said it will be great to look back on when she is old and that will really make her appreciate her teenager. Finally, the thought of writing stuff to herself in a diary seems a bit pointless. She wants to feel like someone, somewhere, will be able to read what she has got to say. She decides to give this blog to someone and she can say exactly what she want. After she knows narcissism she also writes anything about her life in the blog and all people can comment on her blog but she does not want her friends and her family about her blog. So, that is an anonymous blog. But until that day she is going to keep it real on this blog. And keep it unreal in 'real' life. Moreover, She also loves taking photos like a sunset, birthday parties, and all unique to around her. so she will be posting lost of those too. But there want to be any selfies, obviously, for anonymity reason. Sometimes she also takes a photo and writes about anything in her life that has a big problem with a panicked attack will occur.

The reason why the writer in a novel is the characters of this book are very representative of teen life today which a lot of cases that do narcissism in anything place like a take a picture, writes a caption on social media and get a bad effect, and happen panic attack. In a work of literature, there are few analyzes that can be used to examine a literary work. Moreover, this study is expected to be useful for those interested in getting deeper knowledge in analyzing a literary work. This study is expected to be useful because I want to analyze it through intrinsic and extrinsic approaches. Through intrinsic approaches, I use characterization, setting, plot, and theme. Through extrinsic approaches, I use psychological approaches are panic attack and narcissism.

B. Identification of the Problem

Based on the background of the problem above, I identify the problem: Penny gets panic attack because she always feels panic when she has a big problem. She often writes in the blog anything happened in her life. It gives a lot of bad effect to her life such as: stress, careless, sadness, and panic attack. It makes her panic and sometimes she thinks that she is abnormal because whatever she does, then she always remembers the accident in the car. I assume that the theme of

this novel is: Panic Attack and The Reflection of Narcissism on Character Penny in Zoe Elizabeth Sugg's "Girl Online" Novel.

C. Limitation of the Problem

Based on the identification of the problem above, I limit the problem of the research as follows:

Theory and concepts that I will apply as follow:

1. Through intrinsic approach: characterization – showing and telling methods, setting, plot, and theme.
2. Through extrinsic approaches which are the psychology of literature and the psychology of personality: panic attack and narcissism.

D. Statement of the Problem

Based on the limitation of the problem above, I state the problem: whether it is correct that the theme of this novel which is panic attack and the reflection of narcissism on character Penny in the novel "Girl Online" true? In order to answer this question, I formulate next problems.

1. What are the characterizations of this novel through showing and telling methods?
2. What are the setting and plot of this novel?
3. What are the panic attack and narcissism through the characterizations, setting, plot?
4. What does the theme of this novel reinforce through the result of analysis of the intrinsic and extrinsic approaches?

E. Objective of the Research

Based on the formulation of the problem above, I aim to show that the theme of this research is the reflection of panic attack and narcissism on character Penny. In order to reach this aim, I make several steps as follow:

1. To analyze characterization through showing and telling methods.
2. To analyze novel by using the concept of plot and setting.
3. To analyze this novel by elaborating the concepts of panic attack and narcissism. with characterization, setting, and plot.
4. To reinforce theme by using the result of analysis of the intrinsic and extrinsic approaches.

F. Methods of the Research

Based on the framework of the theories above, I use qualitative methods. Qualitative methods is a broad term that can be applied to a range of research approaches that have their theoretical origins in a range of disciplines, include anthropology, sociology, philosophy, social psychology and linguistics. Although considerable diversity exists in the type of studies that can be described as 'qualitative', it is possible to define a set of core characteristics. Those are study of literature, and interpretative character of research or analysis by collecting data which is the literature text of the novel entitled *Girl Online* by Zoe Elizabeth Sugg as the primary source and it is supported by other literature which relates to the concepts as the secondary source. Those are from several books such as the books entitled *Concise Companion to Literature* by James H. Pickering and Jeffrey D. Hoeper, also from some websites.

G. Benefits of the Research

Based on the methods of the research above, this study is expected to be beneficial for those who are interested in getting deeper knowledge of the novel entitled *Girl Online* by Zoe Elizabeth Sugg. This study is expected to be useful because it is done through a new perspective by applying the concepts of panic attack and narcissism that included in the field of psychology literature that is shown as something new and uncovered for the next study.

H. Systematic Organization of the Research

Based on the benefits of research above, systematic organization of this research is arranged as follows:

CHAPTER I: INTRODUCTION

It consists of: background of the problem, identification of the problem, limitation of the problem, statement of the problem, objective of the research, methods of the research, benefits of the research, and systematic organization of the research.

CHAPTER II: CONCEPTS AND THEORIES OF STRUCTURAL AND PSYCHOLOGICAL APPROACHES

It consists of: the explanation of the concepts and theories. It includes intrinsic and extrinsic approaches. Intrinsic approach are characterization – showing

and telling methods, setting, plot, and theme. Through extrinsic approach, I use theoretical framework – psychological approaches are panic attack and narcissism.

CHAPTER III: THE NOVEL GIRL ONLINE THROUGH INTRINSIC APPROACHES

It consists of: analysis of characterization through showing and telling methods, analysis of setting and plot through the concepts of setting and plot. The analyses above are shown in some sub-chapters.

CHAPTER IV: “PANIC ATTACK AND THE REFLECTION OF NARCISSISM ON CHARACTER PENNY IN ZOE ELIZABETH SUGG’S *GIRL ONLINE NOVEL*” THROUGH INTRINSIC AND EXTRINSIC ELEMENTS

It consists of: analysis of the novel which panic attack and reflects of narcissism. The analyses above are shown in some sub-chapters.

CHAPTER V: CONCLUSION

It consists of: the conclusion that prove that the theme of this novel is “Panic Attack and The Reflection of Narcissism on Character Penny in Zoe ★Elizabeth Sugg’s *Girl Online Novel*.” ★

Attachment: References and Scheme of the Research.