

**TRAUMA REFLECTED IN *COCO* MOVIE SCRIPT :  
A PSYCHOANALYSIS STUDY**

**TERM PAPER**



**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND  
CULTURE DEPARTMENT  
FACULTY OF LANGUAGE AND CULTURE  
DARMA PERSADA UNIVERSITY  
JAKARTA  
2022**

**TRAUMA REFLECTED IN *COCO* MOVIE SCRIPT :**  
**A PSYCHOANALYSIS STUDY**  
**TERM PAPER**

Submitted in part-fulfillment of the requirements for obtaining

*Sarjana Linguistik (S.Li)* degree



**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND  
CULTURE DEPARTMENT  
FACULTY OF LANGUAGE AND CULTURE  
DARMA PERSADA UNIVERSITY  
JAKARTA  
2022**

## INTELLECTUAL PROPERTY STATEMENT

I hereby declare that this term paper is the result of my own work and not plagiarism of another work, the contents have become my responsibility. All the sources of research and quoted or referenced have been stated correctly.

Jakarta, February 28, 2022



(Anggita Rosianti)



## LETTER OF APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of Department, the term-paper submitted by Anggita Rosianti entitled "Trauma Reflected In *Coco* Movie Script : A Psychoanalysis Study" has been approved and forwarded to the English Language and Culture Department, Darma Persada University for final evaluation before thesis defense for obtaining *Sarjana Linguistik* (S.Li) degree to the respective candidate.

**Supervisor**

**Signature**

**Date**



(Agustinus Hariyana, S.S., M.Si.)

.....

Jakarta, 26<sup>th</sup> January, 2022

**Head of English Language  
And Culture Departmen**

**Signature**

**Date**

(Dr. Yoga Pratama, M.Pd)

.....

Jakarta, 26<sup>th</sup> January, 2022

**Academic Advisor**

**Signature**

**Date**

(Dr. Yoga Pratama, M.Pd)

.....

Jakarta, 26<sup>th</sup> January, 2022

**Name**

**: Anggita Rosianti**

**Student Number**

**: 2017130072**

## TERM PAPER VALIDATION

On February, 2022, the term paper has been academically tested and defended in front of

THE BOARD OF EXAMINER

Ones of whom sit as follow

Advisor

:



Agustinus Hariyana, S.S., M.Si.,

Examiner

:



Drs. Rusydi Muhammad Yusuf, M.Si

Head Board of Examiners

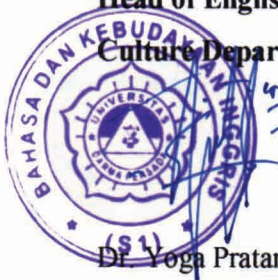
:



Prof. Dr. Hj. Albertine Minderop, M.A

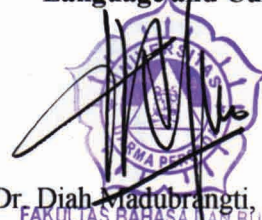
Legally validation in Jakarta on February ....., 2022

**Head of English Language and  
Culture Department,**



Dr. Yoga Pratama, M.Pd

**Dean of Faculty of  
Language and Culture,**



Dr. Diah Madubrangti, S.S., M.Si

## ACKNOWLEDGEMENT

A gratitude is given to Almighty Allah SWT for the love, grace, opportunity, and health for me to be able to finish this term paper something with the given deadline and the plan that has been built, which the title of this term paper 'Trauma Reflected In *Coco* Movie Script : A Psychoanalysis Study'. This term paper is submitted as a condition for obtaining a Strata One (S-1) degree in English Language and Culture, Darma Persada University.

In writing this paper, many parties have provided support, motivation, suggestions and constructive input and helped the author so that this paper can be completed properly. As a token of appreciation, I would like to express my gratitude and appreciation to the parties I have listed as follows:

1. Dr. Yoga Pratama SS. M. Pd as the Advisor and Head of English Language and Culture Department has always provided the best writing guidance, problem solving, reprimands and suggestions to help me complete this term paper.
2. Agustinus Hariyana, S.S., M.Sc., as an advisor who has guided and helped me patiently in the preparation of this paper.
3. Dr. Eko Cahyono, as the Dean of the Faculty of Language and Culture.
4. All lecturers of Darma Persada University, the greatest appreciation is not enough for the help and understanding that has been given during this long journey.
5. Rosidin and Rainah her extra ordinary parents who have given guidance, warmth, and unconditional love more than she could ask. They are the role model who have given prayers, advices and accompany affectionately through her ups and downs life.
6. Anggun Roeyyani, Adhrian Jorhdiansyah, Asyfa Reysmaliani more than amazing sisters and brother who have been there in helping, supporting and giving motivation to finish her study.

7. My Dear Reyka Putra Wardana who always gives attention, prayers and support for me in conducting this term paper.
8. All my friends at Darma Persada University, from the class of 2017 for all their memories. I hope our paths cross again. Once again, thank you.

The final word the author realized that in the writing of this thesis is still far from perfection. Therefore, the authors invoke suggestions and criticisms which is build for the sake of perfection and may be useful for all of us. Ameen



## ABSTRACT

Trauma is a psychological disorder caused by a traumatic event in the past, for example trauma caused by experiencing or witnessing a shocking event, which leads sufferers to accept long-term psychological and emotional reactions. This study aims to identify and analyse the trauma symptoms shown by Miguel's family in the *Coco* movie script and what trauma symptoms dominate that shown by Miguel's family in the *Coco* movie script. This research uses descriptive qualitative as the research method. The researcher uses the trauma symptoms proposed by the American Psychiatric Association (2013) which is divided into: re-experience, avoidance, and hyperarousal as the main theory in the study. The results of the study found that there were 8 data (45%) for re-experience, 7 data (35%) for avoidance and 5 data (20%) for hyperarousal. The researcher found that re-experience was the most common trauma symptom in the trauma shown by Miguel's family in the *Coco* movie script. It is recommended for further research to examine the symptoms of other psychological disorders contained in the film or use trauma and implement it into other types of literary works. It can be concluded that this research has contributed to psychoanalytic research, especially the trauma experienced by characters in literary works.

**Keywords:** *Trauma, Psychoanalysis, Coco movie script.*

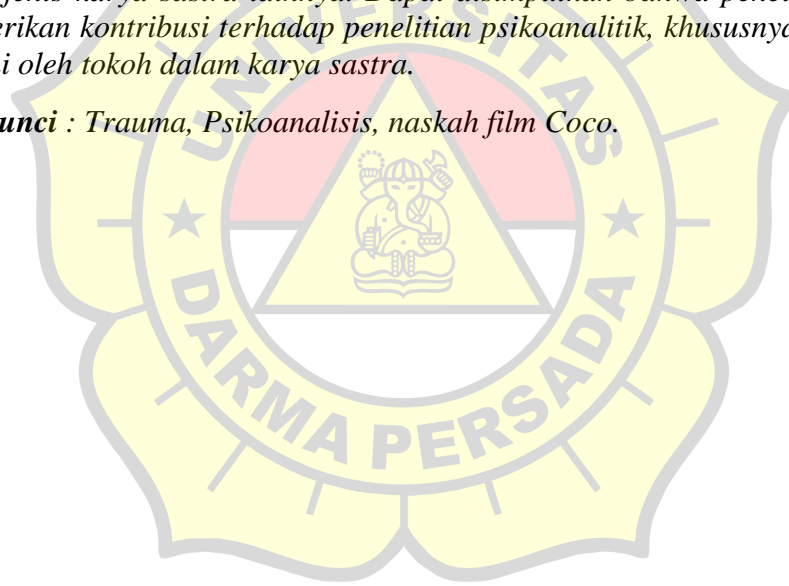




## ABSTRAK

*Trauma adalah gangguan psikologis yang disebabkan oleh peristiwa traumatis di masa lalu, misalnya trauma yang disebabkan karena mengalami atau menyaksikan peristiwa yang mengejutkan, yang menyebabkan penderitanya menerima reaksi psikologis dan emosional jangka panjang. Penelitian ini bertujuan untuk mengidentifikasi dan menganalisis gejala trauma yang ditunjukkan oleh keluarga Miguel dalam naskah film Coco dan gejala trauma apa yang mendominasi keluarga Miguel dalam naskah film Coco. Penelitian ini menggunakan metode penelitian deskriptif kualitatif. Peneliti menggunakan gejala trauma yang dikemukakan oleh American Psychiatric Association (2013) yang terbagi menjadi: re-experience, avoidance, dan hyperarousal sebagai teori utama dalam penelitian ini. Hasil penelitian ditemukan 8 data (45%) untuk re-experience, 7 data (35%) untuk avoidance dan 5 data (20%) untuk hyperarousal. Peneliti menemukan bahwa pengalaman ulang adalah gejala trauma yang paling umum dalam trauma yang ditunjukkan oleh keluarga Miguel dalam naskah film Coco. Disarankan untuk penelitian selanjutnya untuk mengkaji gejala-gejala gangguan psikologis lain yang terdapat dalam film atau menggunakan trauma dan mengimplementasikannya ke dalam jenis karya sastra lainnya. Dapat disimpulkan bahwa penelitian ini telah memberikan kontribusi terhadap penelitian psikoanalitik, khususnya trauma yang dialami oleh tokoh dalam karya sastra.*

**Kata kunci :** Trauma, Psikoanalisis, naskah film Coco.



# TABLE OF CONTENTS

## Contents

<b>INTELLECTUAL PROPERTY STATEMENT</b> .....	i
<b>LETTER OF APPROVAL</b> .....	ii
<b>TERM PAPER VALIDATION</b> .....	iii
<b>ACKNOWLEDGEMENT</b> .....	iv
<b>ABSTRACT</b> .....	vi
<b>ABSTRAK</b> .....	vii
<b>TABLE OF CONTENTS</b> .....	viii
<b>CHAPTER 1</b> .....	1
<b>INTRODUCTION</b> .....	1
<b>1.1. Background of the Problem</b> .....	1
<b>1.2. Identification of the Problem</b> .....	3
<b>1.3. Limitation of the Problem</b> .....	4
<b>1.4. Formulation of the Problem</b> .....	4
<b>1.5. Objective of the Research</b> .....	4
<b>1.6. Method of the Research</b> .....	5
<b>1.7. Benefit of the Research</b> .....	5
<b>1.8. Systematic Organization of the Research</b> .....	6
<b>CHAPTER 2</b> .....	8
<b>THEORITICAL FRAMEWORK</b> .....	8
<b>2.1 Intrinsic Elements</b> .....	8
<b>2.1.1 Characterization</b> .....	8
<b>2.1.2 Setting</b> .....	10
<b>2.1.3 Plot</b> .....	11
<b>2.2 Extrinsic Elements</b> .....	14
<b>2.2.1 Psychology of Literature</b> .....	14
<b>2.2.2 Trauma</b> .....	15
<b>2.2.3 Post-Traumatic Stress Disorder (PTSD)</b> .....	16
<b>2.2.3.1 Psychology of Post-traumatic stress disorder (PTSD)</b> .....	18
<b>2.2.3.3 The Causes of Post-traumatic stress disorder (PTSD)</b> .....	22
<b>2.2.4 Traumatic Symptoms</b> .....	25
<b>1. Re-experience</b> .....	25
<b>2. Avoidance</b> .....	26

3.    Hyperarousal.....	26
2.2.5    Synopsis of Coco movie .....	27
2.3    Literature Review .....	28
CHAPTER 3.....	32
RESEARCH METHOD.....	32
3.1    Time and Location.....	32
3.2    Research Approach and Method.....	32
3.3    Research Object and Data .....	32
3.4    Data Collection Technique.....	33
3.5    Data Analysis Technique.....	33
CHAPTER 4.....	34
THE ANALYSIS OF TRAUMA REFLECTED IN COCO MOVIE SCRIPT A PSYCHOANALYSIS STUDY.....	34
4.1    FINDINGS.....	34
4.1.1    Characterization of the Main Character.....	34
4.1.2    Trauma Experienced by the Main Character .....	36
4.1.3    Traumatic Experiences in <i>Coco</i> Movie Script.....	39
Table 1. Symptoms of Traumatic Experience in <i>Coco</i> Movie .....	39
CHAPTER 5.....	56
CONCLUSION .....	56
REFERENCES .....	57
APPENDIX 1.....	59
APPENDIX 2.....	60
APPENDIX 3.....	61
APPENDIX 4.....	65
APPENDIX 5.....	67
APPENDIX 6.....	69
APPENDIX 7.....	71