

CHAPTER V

CONCLUSION

After Examining the result analysis of *The Liar* Novel by Nora Roberts the subject of character of Shelby which is the reflection of stress and love concepts, can be concluded several things, as follows:

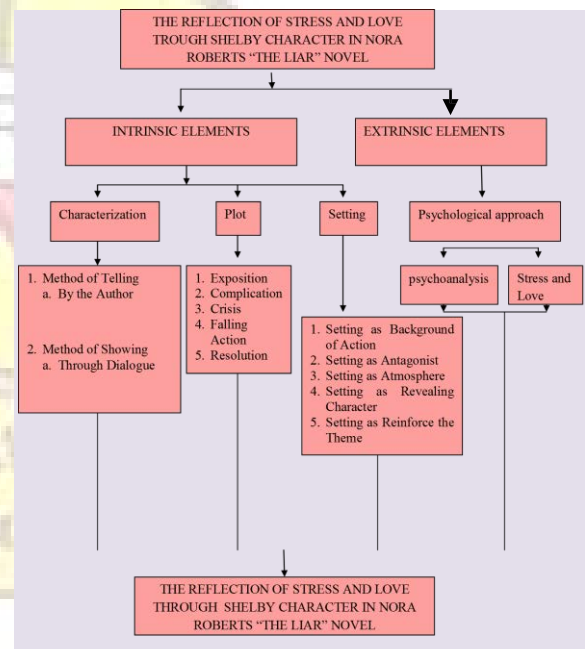
Shelby is often stressed. However, stressed that she feels is different from normal people. Besides being stress, she also feels love. And the most severe she does is drinking coffee. Stress and love give impact on Shelby's psychology especially on her life.

The lesson of this novel which often occurs in real life is everyone actually has stress and love. The differences are the level of stress and love itself. Stress and love are part of the psychology which greatly affect the feelings and thoughts in life. Therefore, I quote from Sigmund Freud's theory of psychoanalytic divide personality consists of three elements which are: id, ego and super ego. Id is the primitive and instinctive component of personality. Ego develops in order to mediate between the unrealistic id and the external real world. Superego incorporates the values and morals of society. The most influential as a filter in psychology is the superego. Therefore when the id and the ego wants something we think is not possible it is time to use the super-ego, because the super ego is the part that will determine the good and bad impulses originating from the id and ego. Besides that every problem in life is certainly has solution as the proverb says God will not test his servant if He knew his servant could not pass it.

In my opinion, this novel gives moral message. That is not easy to get true love and perfect family and also we can not trust anyone easily because we do not know who is he or she in the real and how their life in the past. We do not know what they want from us by coming to our life.

According to the research, it has a potential for the next research especially in social institution. There are only a few journals and researches that discuss and analyze the application of stress and love in literary work, in my opinion the result of this research can help to enrich to source. This research also

can introduce the students about kinds of stress and love in literary work. It is accompanied by the example of each stress and love in The Liar novel.





THE REFLECTION OF STRESS AND LOVE THROUGH SHELBY'S CHARACTER IN NORA ROBERTS' *THE LIAR* NOVEL

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BACKGROUND Shelby Anne Pomeroy is a woman who lost her husband then she lost her illusion. The men who took her from Tennessee to an exclusive Philadelphia suburb left her in crippling debt. He was an adulterer and a liar, and when Shelby takes down his self deposit box, she finds multiple IDs. The man she loved was not just dead. He never really existed. And Shelby found new love after.

METHOD OF THE RESEARCH

To analyze this research, I will use qualitative methods. The qualitative methods can be used to analyze the literature by using sociology, and psychological approaches. I use intrinsic such as characterization, plot and setting. Extrinsic is the concept of stress and love.

DISCUSSION

Love something that will hurt when all happiness is just a pseudo. Sick when the couple does not match what we imagine. But life goes through all sorrow and ill until finally finding the happiness that is expected.

RESULT OF RESEARCH

This research can give us something that we can learn in our lives. If we have problem, we must tell to the people around us to get a good advice and avoid to hear bad advice from unknown people. This novel is analyzed through new perspective, psychoanalysis or other concepts which in this study examined the potential for another concepts such as the concepts of self-punishing and guilty action. This research is useful to enrich personality psychology since there is only lack sources, which discuss about stress and love.

SUMMARY

As explained of all methods that I use, it proves the theme of this research which is the reflection of stress and love through Shelby's character in Nora Roberts' *The Liar* Novel.

SCHEME OF RESEARCH

